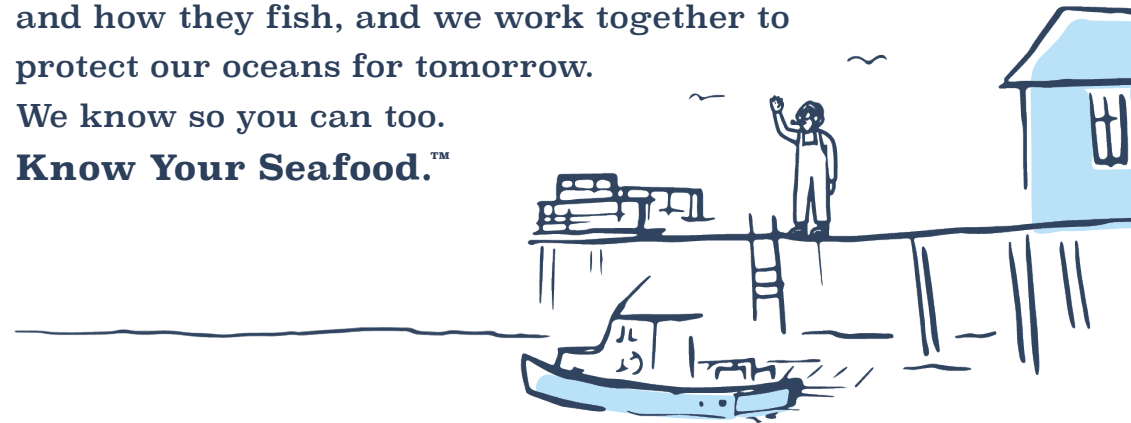




We serve the best tasting seafood, because we know how to care for it the Maine way, from the dock to you. We know our fishermen, we know where and how they fish, and we work together to protect our oceans for tomorrow. We know so you can too. **Know Your Seafood.™**



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B-Corporation

sustainable
seafood

best-in-class
quality lobster

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LOBSTER CAKE BITES*

With TENDER & SWEET LOBSTER MEAT

Nutrition Facts

8 servings per container
Serving size 4 cakes (85g)

Amount per serving		% Daily Value*	
Calories	200		
Total Fat 13g		17%	
Saturated Fat 1.5g		7%	
Trans Fat 0g			
Cholesterol 70mg		24%	
Sodium 240mg		10%	
Total Carbohydrate 12g		4%	
Dietary Fiber 1g		3%	
Total Sugars 1g			
Includes <1g Added Sugars		2%	
Protein 9g			
Vitamin D 0mcg		0%	
Calcium 50mg		4%	
Iron 0.4mg		2%	
Potassium 150mg		4%	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Lobster Leg Meat (lobster, water, salt), Lobster Mince Meat (lobster, water, salt), Mayonnaise (sunflower oil, certified humane free range egg yolks, water, organic lemon juice, distilled vinegar, salt, mustard flour, black pepper, citric acid), Panko Breadcrumbs (wheat flour, sugar, yeast, salt), Scallions, Granulated Garlic, Black Pepper, Dried Parsley, Dried Chives.
CONTAINS: Crustacean Shellfish (Lobster), Egg, Wheat.

UPC: 8 60005 25757 7
PACK SIZE: 12 x 1.5 LB

*ALSO AVAILABLE FOR FOODSERVICE



LOBSTER BISQUE

With KNUCKLE & CLAW MEAT

Nutrition Facts

1 serving per container
Serving size 1 package (340g)

Amount per serving		% Daily Value*	
Calories	470		
Total Fat 35g		45%	
Saturated Fat 22g		110%	
Trans Fat 0g			
Cholesterol 220mg		73%	
Sodium 1530mg		67%	
Total Carbohydrate 17g		6%	
Dietary Fiber 2g		7%	
Total Sugars 3g			
Includes <1g Added Sugars		2%	
Protein 12g			
Vitamin D 0mcg		0%	
Calcium 70mg		6%	
Iron 0.6mg		4%	
Potassium 370mg		8%	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Water, Heavy Cream 40%, Lobster Meat, Potatoes, Sweet Potato, Less Than 2% Of: Cooked Vegetables (carrot, onion, celery), Salt, Sugar, Corn Oil, Potato Flour, Natural Flavor, Maltodextrin, Carrot Powder, Modified Potato Starch, Red Onion, Baked Lobster Meat Including Juices, Salt, Tomato Paste, Potato Flour, Flavoring, Butter (cream, natural flavoring), Dry Whey & Paprika, Butter (cream, salt), Dry Sherry (contains sulfites), Salt, Spice, Paprika.
CONTAINS: Milk, Crustacean Shellfish (Lobster), Sulfites from Sherry.

UPC: 8 60760 00049 4
PACK SIZE: 16 x 12 OZ



LOBSTER MEAT

With LUKE'S SECRET SEASONING

Nutrition Facts

2 servings per container
Serving size 4 oz. (112g)

Amount per serving		% Daily Value*	
Calories	110		
Total Fat 1g		1%	
Saturated Fat 0g		0%	
Trans Fat 0g			
Cholesterol 160mg		53%	
Sodium 890mg		39%	
Total Carbohydrate 2g		1%	
Dietary Fiber 1g		4%	
Total Sugars 0g			
Includes 0g Added Sugars		0%	
Protein 21g			
Vitamin D 0mcg		0%	
Calcium 150mg		10%	
Iron 2mg		10%	
Potassium 290mg		6%	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Lobster, Water, Seasoning Packet (spices, including celery seed powder, sea salt, garlic powder), Salt.
CONTAINS: Crustacean Shellfish (Lobster).

UPC: 8 60760 00046 3
PACK SIZE: 16 x 8 OZ

LUKE'S
is proud
to be a



LOBSTER TAILS

With LEMON GARLIC MARINADE

Nutrition Facts

1 serving per container
Serving size 2 tails (227g)

Amount per serving		% Daily Value*	
Calories	330		
Total Fat 21g		27%	
Saturated Fat 1.5g		9%	
Trans Fat 0g			
Cholesterol 235mg		79%	
Sodium 1090mg		47%	
Total Carbohydrate 1g		0%	
Dietary Fiber 0g		0%	
Total Sugars 0g			
Includes 0g Added Sugars		0%	
Protein 31g			
Vitamin D 0mcg		0%	
Calcium 160mg		15%	
Iron 0.5mg		2%	
Potassium 400mg		8%	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Lobster (lobster, water, salt), Marinade (canola oil, water, lemon juice concentrate, garlic, mustard, less than 2% of: salt, distilled vinegar, white wine, turmeric, lemon oil, spices, natural flavor, xanthan gum, citric acid, tartaric acid).
CONTAINS: Crustacean Shellfish (Lobster), Mustard.

UPC: 8 60760 00045 6
PACK SIZE: 16 x 8 OZ



LOBSTER MAC & CHEESE

With GARLIC HERB BREADCRUMBS

Nutrition Facts

2 servings per container
Serving size 1/2 tray (227g)

Calories	Per Serving		Per Container	
	380	% DV*	770	% DV*
Total Fat	33g	42%	65g	83%
Saturated Fat	19g	95%	39g	195%
Trans Fat	0g		0g	
Cholesterol	140mg	47%	275mg	92%
Sodium	770mg	33%	1540mg	67%
Total Carb.	10g	4%	21g	8%
Dietary Fiber	0g	0%	1g	4%
Total Sugars	2g		3g	
Incl. Added Sugars	0g	0%	0g	0%
Protein	10g		20g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	170mg	15%	350mg	25%
Iron	0mg	0%	1mg	6%
Potassium	90mg	2%	180mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SAUCE: Light Cream, Mascarpone Cheese (cream, skim milk, glucono delta lactone), Water, White Cheddar Cheese (milk, cheese culture, salt, enzymes), Lobster (lobster, water, salt), Onion, Butter (cream, salt), Flour (enriched wheat flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], malted barley flour), Corn Starch, Salt, Spice, Chives. PASTA: Water, Enriched Durum Semolina (durum semolina wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), Egg Whites. Lobster: Lobster, Water, Salt. BREADCRUMBS: Wheat Flour, Parmesan Cheese (pasteurized part skim milk, cheese culture, salt, enzymes), Olive Oil, Butter (cream, salt), Dehydrated Garlic, Salt, Sugar, Spice, Nonfat Milk, Yeast, Expeller Pressed Sunflower Oil, Dehydrated Lemon Peel, Dehydrated Parsley, Dehydrated Chives.
CONTAINS: Egg, Crustacean Shellfish (Lobster), Milk, Wheat.

UPC: 8 60002 03740 0
PACK SIZE: 16 x 16 OZ

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