

# LOBSTER GARDEN SALAD WITH KELP RANCH

## **INGREDIENTS**

### **Kelp Ranch Ingredients:**

- 3 Atlantic Sea Farms kelp cubes, completely thawed
- 3/4 cup buttermilk
- 1/2 cup mayonnaise
- 1 Tbsp. lemon juice
- 2 Tbsp. fresh chives, chopped
- 1/2 Tbsp. oregano
- 1/2 Tbsp. garlic powder
- 1 tsp. crushed black pepper
- 1 tsp. salt

#### **Lobster Garden Salad Ingredients:**

- 1lb lobster meat
- · Spring mix or lettuce of choice
- Tomatoes, diced
- · Cucumbers, sliced
- · Red onion, sliced
- · Carrots, diced

## **DIRECTIONS**

#### **Kelp Ranch Directions:**

 Whisk together buttermilk, mayonnaise, kelp cubes, chopped chives, lemon juice, garlic powder, oregano, salt and black pepper in a bowl until combined. Refrigerate until ready to serve.

#### **Lobster Garden Salad Directions:**

- 1. Add spring mix to a large bowl and add tomatoes, cucumbers, red onions carrots and any other vegetable of choice and toss to combine.
- 2. Top with lobster knuckle and claw meat and drizzle with kelp ranch!