



healthy  options®

Christmas Traditions

2023 Gift Catalogue



Christmas Traditions

The melodies of carolers, the shimmer of parol lanterns, and the taste of our festive favorites. These are our time-honored Christmas traditions. With Healthy Options, embrace a season where tradition meets vitality, enriching your festive celebrations.

Table of Contents

Shopping Options / Gift Cards..... 5

Healthy Grocery Gift Sets..... 6

Natural Beauty Gift Sets..... 16

Create Your Own (C.Y.O.) Gift Sets..... 20

Gift Packaging Options..... 21



Shopping Options

Visit any of our stores and we will be happy to help you with your Christmas shopping

Metro Manila

- Alabang Town Center
- Ayala Malls Feliz
- Ayala Malls Manila Bay
- Ayala Vertis North
- Bonifacio High Street
- Eastwood City
- Festival Supermall
- Glorietta 2
- Greenbelt 5
- Power Plant Mall
- Robinsons Magnolia
- Rustan's Makati
- S Maison Conrad
- Shangri-La Plaza
- SM Aura
- SM City Grand Central
- SM City Manila
- SM City North EDSA
- SM Mall of Asia
- SM Megamall
- The Podium
- TriNoma
- U.P. Town Center
- Uptown Mall

Greater Luzon

- SM City Clark
- SM City Pampanga
- Solenad 3 Nuvali

Visayas and Mindanao

- Ayala Malls Capitol Central Bacolod
- Ayala Center Cebu
- SM City Cebu
- Abreeza Mall Davao
- SM City Davao
- Centrio Mall Cagayan De Oro

Scan this code to shop online or visit shop.healthyoptions.com.ph



Gift an Aguinaldo

Our Gift Cards are a delightful nod to the cherished practice of sharing 'aguinaldo', symbolizing both good wishes and the gift of choice.

Healthy Options Gift Cards are available in denominations of P500 and P1,000, and are redeemable at all stores nationwide.



Fiesta Hamper

P8,295

Celebrate with love, laughter, and good food. Nestled within the locally-woven wicker basket are healthful delights and gourmet treats that epitomize festive luxury. The ultimate indulgence for those truly special on your list.

BEVERAGES

- Healthy Options Green Apple Sparkling Grape Juice
- Healthy Options Organic Peaceful Blueberry Strawberry Smoothie
- Plenish Organic Unsweetened Hazelnut Milk
- Yogi Blueberry Sage Stress Relief Tea
- Aqua Libra Raspberry & Blackcurrant Sparkling Water

PANTRY FAVORITES

- Healthy Options Organic Strawberry with Chia Seeds Spread
- Healthy Options Organic Tomato and Ricotta Pasta Sauce
- Healthy Options Organic Apple Cider Vinegar
- Healthy Options Organic Multigrain Chia Overnight Oats
- Healthy Options Extra Virgin Olive Oil with White Truffle Slices
- Kitchen & Love Whole Grilled Marinated Artichokes
- La Favorita Fish Egg Tagliatelle
- La Favorita Fish Natural Sun-Dried Tomatoes
- SweetLeaf Stevia Sweetener
- Freee Supergrain Hoops

SNACKS

- Like Air Classic Puffcorn
- Mary's Gone Cheezee Cheddar Crackers
- Mom's Haus of Mushroom Korean Kimchi Mushroom Chips
- Nature's Garden Probiotic Immune Booster Nut Mix
- Pierre Biscuiterie Dark Chocolate & Sea Salt Butter Cookies
- Pop Art Pop Stars White Cheddar Potato Bites
- Salt Me! Sour Cream & Onion Potato Chips

NOTE: Product information and pricing in this catalogue are subject to change without prior notice. Some items may have limited stock availability. For pre-packaged gift boxes, Healthy Options reserves the right to replace an item of equal or greater value when necessary.



Healthy Options

Exclusives
Gift Box

P3,995

Indulge in these carefully sourced goods from around the world. From snacks to pantry essentials, our exclusives set will elevate your Christmas festivities into a sumptuous one!

BEVERAGES

- Healthy Options Green Apple Sparkling Grape Juice
- Healthy Options Organic Joyful Banana Strawberry Smoothie

PANTRY FAVORITES

- Healthy Options Organic Italian Extra Virgin Olive Oil with Basil
- Healthy Options Gluten Free Brown Flaxseed
- Healthy Options Organic Dark Chocolate Granola with Mulberries
- Healthy Options Organic Luxury Overnight Oats
- Healthy Options Organic Pitted Green Olives in Brine
- Healthy Options Organic Spinach Parsley Spread
- Healthy Options Organic Vegan Sun-Dried Tomato Pesto

SNACKS

- Healthy Options Organic Butter Biscuits
- Healthy Options Organic Double Chocolate Cookies
- Healthy Options Organic Cashew Coconut Clusters
- Healthy Options Organic Pitted Dates
- Healthy Options Organic Gula Melaka Nut Mix



Plant Powered

Gift Box

P3,295

Evoke the spirit of a joyous Christmas with our vegan treasures. This special box offers delightful plant-based bites perfect for savoring throughout the season.



BEVERAGES

- Healthy Options Green Apple Sparkling Grape Juice
- Healthy Options Organic Pure Pink Grapefruit Juice
- Plenish Organic Unsweetened Cashew Milk
- Aqua Libra Blood Orange & Mango Sparkling Water

PANTRY FAVORITES

- Healthy Options Organic Coconut Chocolate Overnight Oats
- Freee Cereal Flakes
- Cucina & Amore Vegan & Nut Free Basil Pesto

SNACKS

- Healthy Options Organic Hazelnut Sablés
- Healthy Options Organic Mixed Seeds Clusters
- Live Love Pop! Sea Salt Popcorn
- Mary's Gone Cheezee Cheese & Herb Crackers
- Nature's Garden Omega-3 Deluxe Nut Mix



Vitality

Gift Box

P3,295

Filled with deliciously energizing and protein-packed selections no one can resist, it's sure to keep you in high spirits throughout the season.

BEVERAGES

- Healthy Options Green Apple Sparkling Grape Juice
- Healthy Options Organic Wake-Up Mango Orange Smoothie
- Plenish Organic Unsweetened Soya Milk
- Aqua Libra Cucumber Mint & Lime Sparkling Water

PANTRY FAVORITES

- Healthy Options Organic Morning Crunch Muesli
- Healthy Options Organic Hummus Spread
- Freee Fibre Flakes

SNACKS

- Healthy Options Organic Pumpkin Seeds
- Cradoc's Golden Baked Wholemeal Wheat, Chia & Flax Seed Crackers
- Like Air Pancake Puffcorn
- Nature's Garden S'mores Cashews
- Pop Art Pop Stars Sea Salt Potato Bites

Heart Smart

Gift Box
P3,295

Cherish the hearts closest to you with our thoughtfully crafted selection. Bursting with treats low in sodium, it's a delicious testament to health meeting festivity.



BEVERAGES

- Healthy Options Green Apple Sparkling Grape Juice
- Healthy Options Organic Pure Apple Juice
- Plenish Organic Unsweetened Oat Milk
- Yogi Organic Green Tea Kombucha

PANTRY FAVORITES

- Freee Corn Flakes

SNACKS

- Healthy Options Organic Omega-3 Nut Mix
- Healthy Options Organic Sun-Dried Sultana Raisins
- Cradoc's Golden Baked Pear & Earl Grey Tea Cocktail Biscuits
- Live Love Pop! Truffle Salt Popcorn
- Mary's Gone Honey Kookies
- Pierre Biscuiterie Lemon & Almond Butter Cookies
- Salt Me! Barbecue Potato Chips

Festive Feel

Gift Box
P3,295

Keep holiday spirits high with a symphony of snacks and beverages for sharing and savoring memories with loved ones.



BEVERAGES

- Healthy Options Green Apple Sparkling Grape Juice
- Healthy Options Organic Apple Blueberry Juice
- Plenish Organic Unsweetened Oat Milk
- Zevia Organic Black Tea Raspberry

PANTRY FAVORITES

- Healthy Options Organic Delight Muesli

SNACKS

- Healthy Options Organic Trail Mix with Berries
- Healthy Options Organic Figs
- Cradoc's Golden Baked Beetroot & Garlic Crackers
- Like Air White Cheddar Puffcorn
- Mary's Gone Chocolate Kookies
- Pierre Biscuiterie Mixed Berries Butter Cookies
- Pop Art Pop Stars Barbecue Potato Bites

Local Treasures

Gift Bag

P1,995

Rediscover homegrown wonders through this assortment of flavors made through responsible farming. Rich muscovado, fragrant coconut and other local delights await.

- Bios Dynamis Red Rice
- Get Real Organics Condiments Trio (Coco Balsamic Vinegar, Coco Vinegar, Coco Aminos)
- Get Real Organics Organic Coconut Jam with Sea Salt
- Raw Brown Sugar Organic Muscovado Powder
- Coco Coffee Crisps
- Coco Calamansi Crisps
- Moms Haus Of Mushroom Pilipino Adobo Garlic Mushroom Chips
- Hills & Berries Mulberry Fruit Juice



Sugar-free

Gift Bag

P1,995



Savor the season's splendor sans the sugar. This bag brims with treats that keep the festive spark alive, proving that holiday joy can indeed be guilt-free.

- Healthy Options Organic Walnuts
- Healthy Options Organic Hummus with Tomato & Smoked Salt Spread
- Cradoc's Golden Baked Oat Crackers
- Live Love Pop! Cheddar & Sour Cream Popcorn
- Plenish Organic Unsweetened Almond Milk
- Susan's Sugar Free Oats & Chocolate Cookies
- Swoon Half Iced Tea + Half Lemonade

Beauty Sleep Essentials

Nightly rituals meet festive pampering. With soothing aromas, skin-nurturing essentials, and collagen for inner radiance, this basket promises beauty that glows inside and out.

P3,995

- Humphreys Organic Soothe & Clarify with Rose Witch Hazel Toner
- Attitude Living Soothing & Calming Chamomile Body Lotion
- Aura Cacia Relaxing Lavender Oil Roll-On
- Attitude Living Soothing and Calming Chamomile Shower Gel
- Attitude Living Soothing and Volumizing Chamomile Shampoo
- Neocell Super Collagen Plus with Vitamin C & Hyaluronic Acid
- Bath Loofah



Glow & Go Travel

Gift Sets

Beauty-on-the-go

(Alcohol-free toners)

P895

- Humphreys Soothe with Rose Witch Hazel Toner Mist
- Humphreys Soothe with Rose Witch Hazel Toner
- 3 pieces Neocell Super Collagen Peptides Stick

Filled with travel-size beauty essentials, our kits ensure that a radiant glow and nourished skin accompany the elegant wanderluster to every destination.

Soft & Gentle Hand Care Duo

P1,075

- Attitude Living Moisturize and Revitalize Argan Hand Soap
- Attitude Living Moisturize and Revitalize Argan Hand Cream

Mad Hippie

Holiday Bag

P1,895

- Vitamin C Serum
- Vitamin A Serum
- Triple C Night Cream

Beauty-on-the-go

(USDA organic toners)

P895

- Humphreys Organic Soothe & Clarify with Rose Witch Hazel Toner Mist
- Humphreys Organic Soothe & Clarify with Rose Witch Hazel Toner
- 3 pieces Neocell Super Collagen Peptides Stick

Create Your Own

Elevate the art of gifting with your personal touch. Handpick and combine delightful treasures for bespoke gift sets that truly resonate. With our array of choices, you're poised to surprise and delight every name on your list.

Tradition of Gifting

Choose from these gift packaging options:

Small 8 in x 9.5 in
(P500 gift value)

Large 12.5 in x 16.75 in
(P1,500 gift value)

Single Wine Bag
(any wine or sparkling
grape juice bottle)

Medium 8.5 in x 14 in
(P1,000 gift value)

Gift Box 18 in x 13 in x
10.25 in
(P5,000 gift value)



Your Healthy Options Gourmet Pantry

Uplift festive family feasts with our carefully crafted culinary essentials. Elevate each dish and watch as your presents become part of cherished holiday recipes.



1. **Healthy Options Organic Oils** P445-P1,395
Variants: Italian Extra Virgin Olive Oil, Italian Extra Virgin Olive Oil with Basil, Avocado Oil, Sunflower Oil, Grapeseed Oil
2. **Healthy Options Organic Pesto** P225
Variants: Vegan Basil, Basil with Pecorino Cheese, Vegan Sun-Dried Tomato, Sun-Dried Tomato with Pecorino Cheese
3. **Healthy Options Premium Truffle Pantry Exclusives**
Extra Virgin Olive Oil with White Truffle Slices P1,195
Mayonnaise with White Truffle P795
Anchovy Fillets with Truffle in Olive Oil P1,095
Butter with White Truffle P1,295
Summer Truffle Puree 99% P1,095
4. **Healthy Options Organic Apple Cider Vinegar** P295
5. **Healthy Options Organic Tomato Ketchup** P220
6. **Healthy Options Premium Mānuka Honey**
MGO 515-525+ P2,995
MGO 830+ P4,595
7. **Healthy Options Organic Antipasti** P225-P295
Variants: Sun-Dried Tomatoes in Extra Virgin Olive Oil, Grilled Peppers in Extra Virgin Olive Oil, Pitted Black Olives in Brine, Pitted Black Olives in Brine
8. **Healthy Options Organic Pasta Sauces** P225
Variants: Tomato Basil, Ortolana, Tomato & Ricotta
9. **Healthy Options Organic Baking Essentials** P175-P845
Variants: Vanilla Extract, Almond Flour, Rye Flour, Wheat Flour, Wholegrain Wheat Flour

A Merry Healthy Options Munch

Treat your Manito-Manita with unforgettable gourmet treats. From luscious dried fruits to decadent chocolates and wholesome spreads, gift exchanges have never tasted this good.

- 1. Healthy Options Organic Dried Fruits** P259-P395
Variants: Pitted Dates, Figs, Apricots, Sultana Raisins
- 2. Healthy Options Organic Seeds, Trail Mixes, and Nut Clusters** P225-P475
Variants: Pumpkin Seeds, Mixed Seeds Clusters, Cashew Coconut Clusters, Trail Mix with Berries, Premium Nut Mix, Premium Nut & Fruit Mix, Omega-3 Nut Mix, Salted Roasted Nut Mix, Gula Melaka Nut Mix
- 3. Healthy Options Organic Chocolate** P159-P175
In Dark Chocolate: Almonds, Blueberries, Cashews, Cranberries
In Milk Chocolate: Hazelnuts
- 4. Healthy Options Organic Nuts** P495-P1,495
Variants: Cashews, Hazelnuts, Pistachios Whole-Shelled, Salted Pistachios Whole-Shelled, Walnuts, Pine Nuts
- 5. Healthy Options Organic Biscuits** P225-P295
Variants: Butter Biscuits, Coated Biscuits in Milk Chocolate, Butter Sticks in Milk Chocolate, Hazelnut Sablés
- 6. Healthy Options Organic Cookies** P275
Chocolate Chip Hazelnut, Double Chocolate
- 7. Healthy Options Organic Veggie Spreads** P195
Variants: Beetroot Horseradish, Spinach Parsley, Hummus, Hummus with Paprika, Hummus with Tomato & Smoked Salt
- 8. Healthy Options Organic Fruit Spreads with Chia Seeds** P275
Variants: Blueberry, Raspberry, Strawberry
- 9. Healthy Options Organic Almonds** P675
Variants: Roasted Almonds, Roasted Salted Almonds, Raw Whole Almonds, Whole Blanched Almonds, Sliced Blanched Almonds, Paprika Almonds with Sea Salt, Roasted Rosemary Almonds with Extra Virgin Olive Oil and Sea Salt



Toast to the New Year

Sparkling Grape Juices P395

Raise your glass to the dawn of new beginnings. With our assortment of non-alcoholic sparkling grape juices, from the exotic notes of Passion Fruit to the vibrant zest of Lemon Mint, make every toast a memorable melody of flavors.

Lemon Mint

Bright and light, the vibrant citrus and minty flavor make for an uplifting tandem of flavors.



Acai

Refreshingly smooth and rich, with pleasantly unique flavors of ripe black and red berries.



Green Apple

A perfect balance of delicate freshness and sweet apple flavor.



Summer Fruit

Sun-ripened blackcurrant fruit waft out of your glass with every aromatic pour.



Wildberry

Deep hues and vibrant taste of freshly picked blueberries, blackberries and raspberries.



Passion Fruit

Elevate your bubbly with the exotic complexity of sweet and sour tropical fruit.



Rise & Shine with Healthy Options

Delight in gifts that ensure mornings are filled with vibrant energy and unparalleled flavor! Take your pick from scrumptious granolas, refreshing organic fruit juices, hearty muesli, and more.



1. **Healthy Options Organic Granola** P425-P525
Variants: Dark Chocolate with Mulberries, Dark Chocolate Hazelnut, Classic Nut-Free, Almond & Berries
2. **Healthy Options Organic Fruit Juices 750ml** P295-P395
Variants: Apple, Red Grape, Orange, Pink Grapefruit, Pineapple, Apple Blackcurrant, Apple Blueberry, Apple Lychee, Apple Raspberry, Apple Mango, Apple Peach
3. **Healthy Options Organic Fruit Juices 250ml** P145 - P175
Variants: Apple, Apple Blueberry, Orange, Pink Grapefruit
4. **Healthy Options Organic Smoothies** P195
Variants: Active Kiwi Pear, Joyful Banana Strawberry, Peaceful Blueberry Strawberry, Wake-Up Mango Orange, Wild Coconut Banana
5. **Healthy Options Organic Overnight Oats** P325
Variants: Luxury, Coconut Chocolate, Almonds Cranberries, Multigrain Chia, Pandan Coconut
6. **Healthy Options Organic Nut Butters** P525
Variants: Almond Butter, Vegan Pandan Kaya, Blanched Almond Butter
7. **Healthy Options Organic Mueslis** P395
Variants: Morning Crunch, Berry Bliss, Delight

Christmas Cheers

Wines grace your festive tables, marking memorable moments with every pour. The robust Chateau Lion Noir, the crisp De Luze White, and our other curated selections promise to make every toast unforgettable.

Heritage De Luze Rosé 2022 P875

BLEND: 50% Merlot, 50% Cabernet Sauvignon

Full notes of strawberry, raspberry and apple with a hint of spice and herbs deliver medium acidity and finish.

Chateau La Tour De Chollet 2019 P995

BLEND: 60% Merlot, 25% Cabernet Sauvignon, 15% Cabernet Franc

Rich and complex flavors of ripe black berries, fragrant herbs and toasted oak sit in harmony with firm tannins and a long, juicy finish.

Heritage De Luze Red 2020 P875

BLEND: 60% Merlot, 40% Cabernet Sauvignon

Bordeaux's signature blend of Merlot and Cabernet Sauvignon. The classic style displays aromatics of fresh cherries, spice and hints of espresso.

Bio Heritage De Luze White 2021 P925

BLEND: 100% Sauvignon Blanc

Sauvignon Blanc shines in vibrant elegance in this Bordeaux white. Your glass will overflow with lime, guava, white flowers and savory minerality to a lingering finish.

Chateau Lion Noir 2020 P1,395

BLEND: 70% Merlot, 20% Malbec, 10% Cabernet Franc

An organic wine made especially for health-conscious wine lovers. Bordeaux's signature black grapes come together with abundant flavors of jammy cherries and plum. The fruity blend melds with sweet spices wrapped up in a silky texture and a mouth-watering finish.

Drink and be Merry

P525

Experience the joy of traditional toasts, reimagined for all to enjoy. These Dolce Vita Mocktails capture the essence of classic favorites, ensuring that every holiday toast is filled with flavor and tradition, but without the alcohol.

Dolce Vita Mocktails Strawberry Margarita Equivocado

Juicy complexities of wild strawberries meet the delicate aroma of tequila.

Dolce Vita Mocktails Blackberry Daiquiri Equivocado

A medley of fresh berries with the pleasantly lasting aroma of rum.

Dolce Vita Mocktails Mojito Equivocado

An explosion of mint leaves and lime perfectly complement the distinct notes of rum.



Cheerful Noche Buena

Celebrate Christmas Eve, where every dish tells a story and midnight feasts become legendary. Ensure memorable moments will be savored for years to come with sustainable selections from Honest Farms by Healthy Options.



Festive Bostock Organic Skin-On Chicken Breast
P425



Savory Bostock Organic Butterflied Chicken
P985



Fall-off-the-Bone Coren Organic Baby Back Pork Ribs
P825-P1350



"King of the Sea" King Turbot
P1,230



La Favorita Fish Egg Pasta P375- P395
Variants: Tajarin, Tagliatelle, Pappardelle, Pennette, Riccioli

Get Real Organics Coconut Condiments P189-P735
Variants: Coconut Nectar, Coconut Sugar, Coconut Condiments Trio, Virgin Coconut Oil, Coconut Aminos, Coconut Vinegar, Coconut Balsamic Vinegar



Create Your Own

Warm Nights & Cozy Delights

Whisk Santa off his feet with an assortment of our finest cookies, and let the night's conversations flow over steaming cups of our premium teas. It's the warmth of tradition paired with the sweetness of reunions.

- 1. Pierre Biscuiterie Butter Cookies P245**
Variants: Mixed Berries, Lemon & Almond, Sea Salt Caramel, Dark Chocolate & Sea Salt
- 2. Eleni's Crisp Cookies P395**
Variants: Chocolate Chip, Oatmeal Chocolate Chip, Butterscotch, Ginger Snappy, Lemon Sea Salt, Birthday Cake
- 3. Eleni's Santa Claus Chocolate Chip Tin Can P795**

- 4. Teeccino Teas P465-P475**
Variants: Chaga Ashwagandha, Reishi Eleuthero, Prebiotic Dark Chocolate, Prebiotic Macadamia Nut
- 5. The Republic of Tea All-Natural White Teas P1,095**
Variants: Asian Jasmine, Emperor's, Ginger Peach

- 6. The Republic of Tea All-Natural Matcha Teas P1,325-P1,425**
Variants: Natural U-matcha, U-Matcha Single Sips

- 7. The Republic of Tea All-Natural Oolong Teas P745-P1,395**
Variants: Dragon, Peach Blossom, Ti Kuan Yin, Wuyi
- 8. The Republic of Tea All-Natural Beauty Teas P895**
Variants: Beauty Brain Lemon Balm Kiwi, Clean Beauty Berry Aloe, Daily Beauty Blueberry Lavender, Beauty Sleep Chamomile Rose
- 9. Hills & Berries Mulberry Products P295-P325**
Pure Mulberry Juice, Mulberry Tea



Blissful Centerpiece

The joy of the holidays is best complemented with a slice in hand. From age-old classics to gluten-free masterpieces, our all-natural cakes stand as the centerpiece of every holiday spread.

Holiday Pumpkin Pie
P1,200



Gluten-free Black Forest Cake
P1,500



Classic Fruit Cake
P350



Matcha Fruit Cake
Made with Republic of Tea's UMatcha Powder
P400



Gluten-free Lemon Cheesecake
P1,950



Gluten-free Chocolate Cake
P2,250



Sun-Dried Tomato & Kale Quiche
P1,950



Sweet & Salty Medley

As stories and laughter fill the air, let our selection of treats accompany every shared moment. Set the tone for joyful gatherings with our diverse range of snacks, from delectable chocolate wafers to savory mixed nuts.

- Cucina & Amore Wafer Rolls** P359
Variants: Vanilla, Hazelnut, Chocolate, Lemon
- Coscao Vegan Chocolates** P269-P279
Variants: 43% Coconut Milk, 43% Coconut Milk with Puffed Rice, 43% Coconut Milk with Himalayan Salted Pili Nuts, 70% Dark, 70% Dark with Chili, 70% Dark with Himalayan Salted Pili Nuts
- Mr. Filbert's Mixed Nuts** P395
Variants: Woodland Truffle & Wild Garlic, Roasted Nuts & Plump Fruits
- Nature's Garden Pretzels** P295
Variants: Dark Chocolate, Milk Chocolate, Key Lime, Yogurt
- Nature's Garden Artisanal Nuts** P395
Variants: Baja Taco Cashews, Apple Cinnamon Cashews, S'mores Cashews, Spicy Dill Cashews, Mediterranean Almonds
- Nature's Garden Trail Mixes** P395-P495
Variants: Omega-3 Deluxe Mix, Omega Power Mix, Keto Choconut Mix, Keto Deluxe Mix, Probiotic Immune Booster Mix, Choco Nut Mix, Omega-3 Nut Mix, Protein Crunch Mix, V-Good Trail Mix



Gather & Graze

Let every bite be a shared moment of joy during your holiday gatherings. These scrumptious snacks ensure that merriment fill every table.



1. Zenko Ancient Grain Sorghum Clusters P175
Variants: Peanut Butter, Apple, Caramel, Honey
2. Hills & Berries Mulberry Jam P285
3. Get Real Organics Coconut Condiments P319-P329
Variants: Coconut Goodness Pack (Nectar, Oil, Jam), Coconut Jam, Coconut Jam with Sea Salt
4. Mom's Haus of Mushroom Chips P135
Variants: Pilipino Adobo Garlic, Thai Sriracha with Lime, Korean Kimchi, Singaporean Salted Egg, Chinese Spring Onions, Persian Smoked Kebab, Japanese Takoyaki
5. Coco Crisps P69-P75
Variants: Original, Coco Calamansi, Coco Chilimansi, Coco Cacao, Coco Coffee, Coco Banana with Cacao Nibs, Coco Cacao Banana
6. Cradoc's Golden Baked Crackers P275
Variants: Sea Salt; Beetroot & Garlic; Chilli, Ginger & Garlic; Spinach & Celery Seed; Pear & Earl Grey Tea; Leek & Caerphilly Cheese; Szechuan Peppercorn, Fennel & Red Onion; Lemongrass Coconut & Chilli; Wholemeal Wheat, Chia & Flax Seed; Oat Crackers; Oat Crackers with Cheddar Cheese
7. Kitchen & Love Fruit Preserve Spreads P375
Variants: Apricot & Honey, Fig & Honey, Strawberry & Honey
8. Lundberg Organic Rice Cake Minis P325
Variants: White Cheddar, Ginger Seaweed, Sea Salt, Apple Pie, Buffalo Ranch
9. Zenko Water Lily Pops P175
Variants: Original, Cheddar Cheese, Himalayan Pink Salt, Spicy, BBQ

Munch with Merriment

Gather your barkada and let the laughter ring! Dive into a delightful mix of crisps, drinks, and munchies, seasoning every get-together with fun and flavor.



1. **Live Love Pop! Popcorn** P285
Variants: Cheddar & Sour Cream, Sea Salt, Truffle Salt
2. **Summerhouse Drinks Artisan Lemonade & Craft Soda** P145
Variants: Misty Lemonade, Raspberry Lemonade, Hint o' Mint Lemonade, Lavender Lemonade, St. Clement's Orange & Lemon, Ginger Beer
3. **Swoon Sugar-Free Lemonade and Tea** P199
Lemonade: Classic, Half Iced Tea + Half Lemonade, Ginger, Pink Lemonade
Liquid Tea: Peach Iced Tea, Raspberry Tea, Lemon Tea, Sweet Tea
4. **Taylor's Snacks Potato Crisps** P245
Classic cut: Pickled Onion, Sea Salt, Sea Salt & Vinegar, Mature Cheddar & Onion, Flame Grilled Aberdeen Angus, Chilli Kick
Ridge cut: Lightly Sea Salted, Sea Salt & Cider Vinegar, Cheddar & Onion, Jalapeño & Mature Cheddar, Hot Buffalo Wings, Thai Sweet Chilli
5. **Aqua Libra Sparkling Water** P69
Variants: Raspberry & Blackcurrant, Blood Orange & Mango, Cucumber Mint & Lime
6. **Lundberg Rice Chips** P295
Variants: Sea Salt, Sesame Seaweed, Santa Fe Style Barbecue
7. **Outstanding Puffs** P275
Variants: Chill Ranch, Hella Hot, Pizza Party, White Cheddar
8. **Pop Art Pop Stars Potato Bites** P295
Variants: Sea Salt, Barbecue, White Cheddar
9. **Salt Me! Potato Chips** P295
Variants: Original, Barbecue, Sour Cream & Onion
10. **Outstanding Pig Out Crunchies** P295
Variants: Nacho Cheese, Original
11. **Outstanding Cheese Balls** P275
Variants: Cheddar, Jalapeño Cheddar, Bacon Cheddar, Garlic Parmesan

Refresh, Relax & Rejoice

Amidst the holiday cheer, ensure it's also a season of nurturing self-care. It's the gift that refreshes, relaxes, and reinvigorates, making every moment a touch more special.

1. Attitude Living Super Leaves
 - Shower Gel: Soothing White Tea, Regenerating Lemon P645
 - Shampoo: Clarifying Lemon, Volume and Shine Cranberry P675
 - Body Lotion Lemon P875
2. Ala Maison
 - Liquid Soap: Citrus Blossom, Rosemary Mint P495
 - Hand & Body Lotion: Honeysuckle, Cherry Blossom P495
3. Scentuals Diffuser Harvest P2,895
4. Aura Cacia Essential Oils Uplifting Kit P1,375 (Lemon, Sweet Orange, Lime, Grapefruit)
5. Attitude Living Leaves Bar
 - Shampoo Bar: Sea Salt, Orange, Sandalwood, Herbal Musk P895
 - Hand Soap: Herbal Musk, Sandalwood, Orange P415
 - Body Scrub Sandalwood P415



Merry & Bright on-the-go

Embark on holiday adventures with radiant skin and a rejuvenated spirit. Gift these petite luxuries to the wanderlust in your life, or indulge in a little treat for your own on-the-go care.

1. Upcircle Face Moisturizer with Vitamin E P1,045
2. Upcircle Face Toner with Hyaluronic Acid P865
3. All Good Sunscreen Butter SPF 50 P395
4. Andalou Naturals Travel Age Defying Shampoo P185
5. Andalou Naturals Travel Age Defying Conditioner P185
6. Upcircle Eye Cream P1,645

7. Upcircle Travel Hand & Body Wash with Lemongrass and Kiwi Water P645
8. Attitude Living Sunscreen Face and Body SPF 30 P995
9. Upcircle Travel Hand & Body Lotion with Bergamot Water P645
10. Upcircle Face Serum with Coffee and Rosehip Oil P795
11. Upcircle Pamper Kit P895
12. All Good Sunscreen Stick SPF 30 Unscented P345

Create Your Own

Everyday Radiance

Stay luminous, confident, and picture-perfect throughout the season. Whether you're attending a festive family reunion or Simbang Gabi, let these beauty essentials enhance your natural glow.

1. Attitude Living Plastic-Free Lip Balm P325
Watermelon, Coconut, Mint, Unscented
2. Humphreys Toners P545
• USDA Organic: Lavender, Pure Witch Hazel
• Alcohol-Free: Cucumber, Grapefruit, Aloe
3. Upcircle Face Care
• Face Scrub Citrus Blend P725
• Cleansing Face Balm P1,045

4. Mineral Fusion Cosmetics
Mascara P945
5. Lipstick P825
6. Liquid Eye Liner P875
7. Eye Pencil P675
8. Lipstick Butter P850
9. Eye Shadow Trio P1,195
10. Pressed Powder Foundation P1,325
11. Bronzer Blush Duo P1,325
12. 3-in-1 Color Stick P995



NOTE: Product information and pricing in this catalogue are subject to change without prior notice. Some items may have limited stock availability. For pre-packaged gift boxes, Healthy Options reserves the right to replace an item of equal or greater value when necessary.