



How to Determine Your Ring Size: Measure, Determine and Check.

The String Test

- Cut a small piece of string, thread or ribbon from a spool.
- MEASURE: Wrap it snugly around your finger for an accurate measurement.
- DETERMINE: Compare your measurement with our sizing chart.
- Tip: Be careful not to wrap the string too tight. Aim for a comfortable, snug fit.
- Tip: For the most accuracy, have someone help you measure.
- CHECK: Double check for accuracy.

The Paper Test

- Print band carefully cut out our paper sizer below.
- Create a slit by making a small cut on the line labeled "Your Size"
- Slip the pointed end through the slit creating a circle.
- MEASURE: Place around your finger and pull the pointed end to create a snug fit.
- DETERMINE: The number line located at the "Your Size" slit, is the proper ring size.
- Tip: be careful not to wrap the paper too tight. Aim for a comfortable fit.
- Tip: For the most accuracy, have someone help you measure.
- CHECK: Double check for accuracy.



Method Using a Ring You Already Own and Our Printable Guide (See the Attached Guide)

- Print this guide with page scaling set to 100%
- Place a ring that you already own (or have borrowed, if this is a surprise engagement or a gift) over the circles to the right.
 - Match the **inside of the ring** to the circle nearest in size. The measurements shown refer to the **inside diameter** of the ring.
- If the ring falls between two sizes, order the larger size.

Please Note:

- Consider width. The wider the band, the tighter it may feel. You may need to go up by a half size.
- This printable guide serves as a reference, but for more accurate results, please order our free plastic sizer.

Method Using Our Plastic Ring Sizer

- Get your ring sizer at: (Link to website)
- Measure your finger in the evening so your ring will be comfortable after a typical 1 day of activity. Remove any of the pre-sized plastic rings from the grid. Each is marked with its corresponding size.
- Once you find a plastic ring that feels right, try it on at least 3-4 times. Then try a half size up and down just to be sure you have the best fit. Consider width. The wider the band, the tighter it may feel. You may need to go up by a half size.
- You'll know you've found the right size when the plastic ring is snug enough so it won't fall off (give your hand a good shake), but loose enough to slide easily over your knuckle.

Free Resizing

Ring sizing is free of charge for 30 days after purchase, within sizing tolerances for that particular ring. The purchaser is responsible for shipping both ways.

For more information contact us at www.carolinemiller.ca

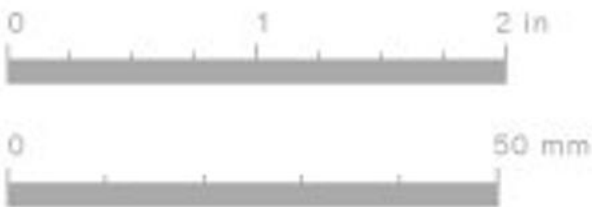
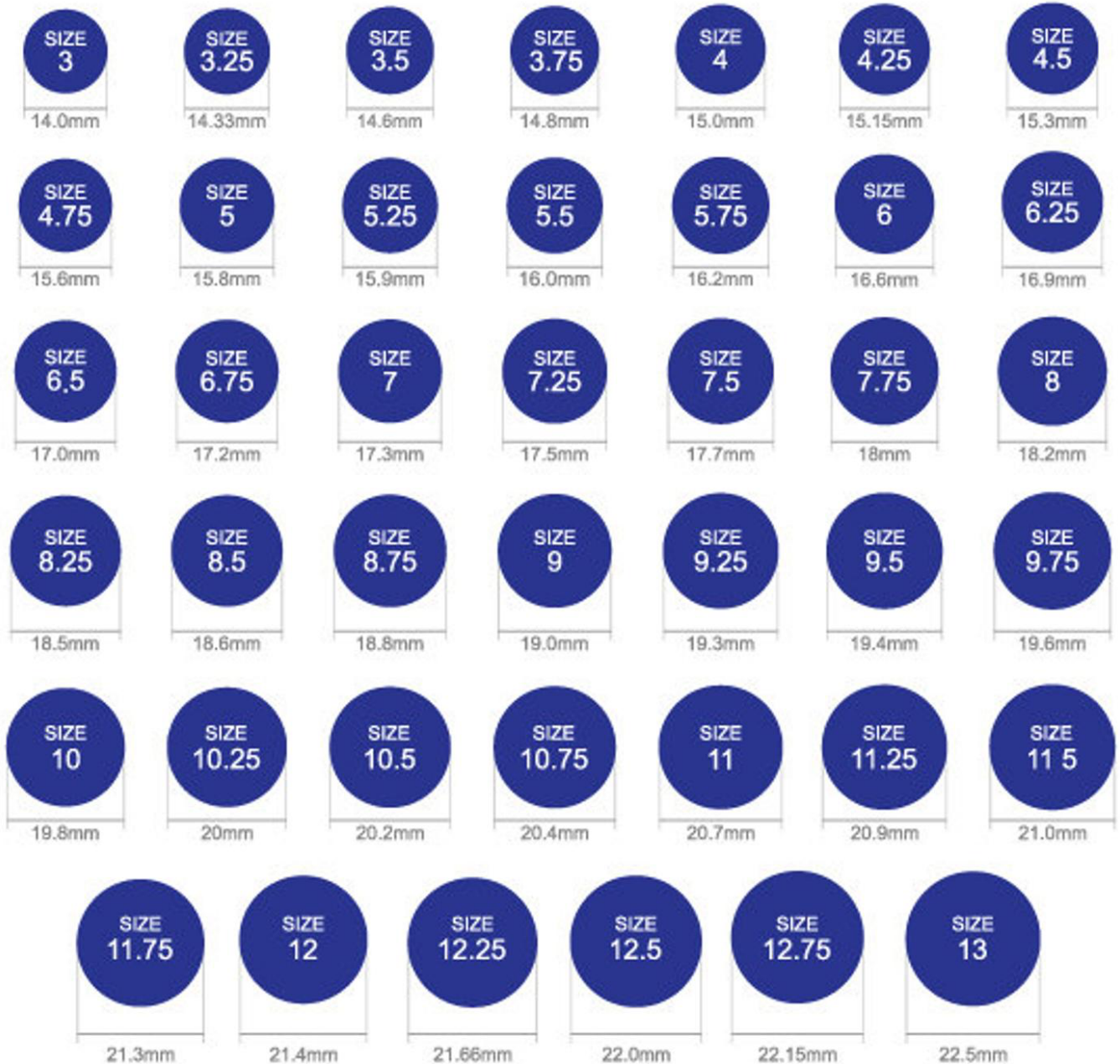


CAROLINE MILLER
CONTEMPORARY JEWELLER

Find Your Ring Size – Printable Ring Size Guide

If you have a ring that perfectly fits the finger on which the ring will be worn, you can place it over the nearest sized circle of the Ring Size Chart.

The inner edge of the ring should align with the outer edge of the circle.



To get the best results, you will need to go to the 'printing option' before printing and ensure that the 'page scaling' option is set to 'none' in the print dialogue box.

The BlissJ Ring Size Chart must be printed on a full letter (8 1/2 x 11 inches) size page. To check that the Ring Size Chart has been printed properly, take a ruler and measure the sample below. It should measure exactly 2 inches / 50mm.

Diameter (mm)	United States & Canada	Europe	UK & Australia	Singapore & Japan	Hong Kong	Switzerland
14.1	3	44	F 1/2	4	6	4
14.3		45	G	5		5 1/4
14.5	3.5		G 1/2		7	
14.7		46	H	6		6 1/2
14.9	4	47	H 1/2	7	8	
15.1			I			7 3/4
15.3	4.5	48	I 1/2	8	9	
15.5			J		10	9
15.7	5	49	J 1/2	9		
15.9		50	K		11	10
16.1	5.5		K 1/2	10		
16.3		51	L		12	11 3/4
16.5	6	52	L 1/2	11	13	12 3/4
16.7			M	12		
16.9	6.5	53	M 1/2	13	14	14
17.1		N				
17.3	7	54	N 1/2	14	15	15 1/4
17.5		55	O		16	
17.7	7.5		O 1/2	15		16 1/2
17.9		56	P		17	
18.1	8	57	P 1/2	16		17 3/4
18.2		18				
18.3		Q				
18.5	8.5	58	Q 1/2	17		
18.8		59	R		19	19
19	9		R 1/2	18	20	
19.2		60	S			20 1/4
19.4	9.5	61	S 1/2	19	21	
19.6			T			21 1/2
19.8	10	62	T 1/2	20	22	
20			U	21		
20.2	10.5	63	U 1/2	22	23	22 3/4
20.4		64	V		24	
20.6	11		V 1/2	23		
20.8		65	W		25	25
21	11.5	66	W 1/2	24		
21.2			X		26	
21.4	12	67	X 1/2	25	27	27 1/2
21.6		Y				
21.8	12.5	68	Z	26		28 3/4
22		69	Z 1/2			
22.2	13	70		27		
22.4		Z+1				
22.6	13.5	Z+2				