

POWER PLATE®

MOVE™

MOVE Stability Bar & Power Shield

Introducing the brand-new Stability Bar/Power Shield accessory kit for the Power Plate® MOVE™. The stability bar provides stability and balance assistance when needed to enhance your Power Plate sessions, while the Power Shield limits residual vibrations.

The MOVE Stability Bar comes with a mobile device holder so you can watch and follow along to the hundreds of free exercise videos included on the Power Plate App.

The accessory kit also includes a Power Plate Power Shield; a low-profile, unobtrusive platform that reduces residual vibrations through the floor. Use your MOVE at the office or even in your apartment complex without needing to worry about disturbing your neighbors. The shield's padded feet allow you to use your MOVE on hardwood floors, eliminating potential scuffing of delicate surfaces.



*Tablet pictured above not included.

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Power Plate® MOVE™ Stability Bar

COMPONENTS

62MV-800-00

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|---|----------------------|
| 1 | Power Shield |
| 2 | Handle |
| 3 | Column |
| 4 | Mobile Device Holder |

Assembly takes just a few minutes. Once affixed, the Stability Bar will deliver enhanced stability to help you maximize your Power Plate experience.

The Power Plate MOVE Stability Bar is to be used exclusively with the Power Plate MOVE and is not compatible with any other model.



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For training tips, workouts and even more ways to get the most out of our products, download the Power Plate App.



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