



MEASUREMENTS - GUIDE ONLY

PLEASE NOTE: All size results are in cm's unless stated otherwise. The size guide is to assist you in getting the right fit, the first time. Please follow the **HOW TO MEASURE** guide below. For accuracy, take the actual body measurements rather than measuring over your clothes.

HOW TO MEASURE - Men

CHEST

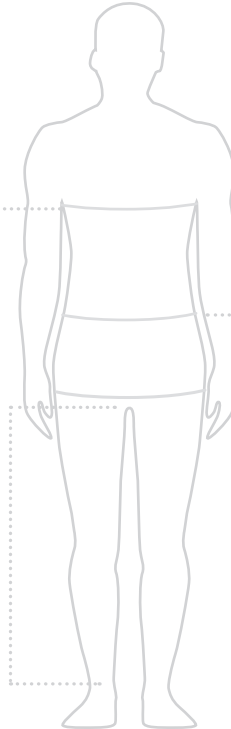
Take the measurement from the widest part of your chest

WAIST

Measure where you wear your shorts/pants

INNER LEG

Measure the inside of your leg from the crotch to the anklebone



MENS BODY MEASUREMENTS IN CENTIMETRES

| SIZE TO FIT | 28 | 30/S | 32/M | 34/L | 36/XL | 38/2XL | 40/3XL | 42/4XL |
|-------------|-------|-------|---------|---------|---------|---------|---------|---------|
| CHEST | | 96-99 | 100-104 | 105-109 | 110-114 | 115-119 | 120-124 | 125-129 |
| WAIST | 70-74 | 75-79 | 80-84 | 85-89 | 90-94 | 95-99 | 100-104 | 105-109 |

MENS GARMENT MEASUREMENTS IN CENTIMETRES

THIS IS A GUIDE ONLY - TO HELP YOU CHOOSE THE RIGHT SIZE

| SIZE TO FIT | S | M | L | XL | 2XL | 3XL | 4XL |
|----------------------|------|----|------|----|------|-----|------|
| SHIRT SLEEVE LENGTH | 65 | 66 | 67 | 68 | 69 | 70 | 71 |
| SHIRT BODY LENGTH | 75.5 | 77 | 78.5 | 80 | 81.5 | 83 | 84.5 |
| JACKET SLEEVE LENGTH | 66 | 67 | 68 | 69 | 70 | 71 | 72 |
| JACKET BODY LENGTH | 73.5 | 75 | 76.5 | 78 | 79.5 | 81 | 82.5 |