

## A Couple of Questions Answered:

Q: Do I need a passport to come back into the US?

A: Yes, every person participating needs to have a passport. Go to [travel.state.gov](http://travel.state.gov) for more info.

Q: Will I need spending money?

A: Yes, you will need money for three meals and a small amount of cash if you want to shop at the Mexican Market. We would suggest anywhere from \$50-\$80 for the trip. You can bring your own snacks if you'd like, but food and drinks will be provided throughout the trip.

Q: Do I need to bring bedding and toiletries?

A: Yes, you will need to bring a sleeping bag/twin size bedding, pillow, and toiletries.

Q: What time will we meet on Saturday and what time will we be back on Friday?

A: We will meet in the SportCenter on Saturday, March 9 at 7:00 am. We will arrive back to the SportCenter on Friday, March 16 around 9:00 pm.

## General Information:

### What to Bring:

- Bible
- Sleeping Bag / Bedding (It Does Get Cold @ Night)
- Pillow
- Toiletries
- Tooth Brush / Tooth Paste
- DEODORANT IS MANDATORY
- Shampoo / Soap
- Whatever Else you think you need
- Appropriate Clothing (Doulos Dress Code Applies)
- Work Clothes / Shoes for 4 days
- A couple of extra sets of clothes is recommended
- Sleeping Clothes for 6 days
- Normal Clothes / Shoes for 5 days
- Towels
- Clean Underwear and Socks for each day (and a couple extras)
- **Passport**
- Picture ID
- Insect Repellant
- A love for God, the heart of a servant and a love for people
- Work Gloves if you have any
- Sunscreen, sunglasses, head protection
- Spending Money (\$50-\$80)

### Some General Rules:

- Stay with the group. No one leaves the mission area for any reason.
- Drink lots of water. Do not put any water in your mouth that is not from a bottle.
- Always do what a VNM staff member tells you to do.
- Be exceedingly cheerful and encouraging to everyone you meet, especially the locals.
- Do all work in groups.
- Leave it better than you found it.
- NO LIQUOR, TOBACCO, FIREARMS, WEAPONS, or ILLEGAL DRUGS.
- All Doulos Rules Apply.
- Do not bring any of your toys with you. IPODs, PSPs etc. If you have a question about an item, see Matt Cameron.
- Dress modestly and dress for work. Jeans and work shirts are most appropriate. T-shirts must have sleeves. No tank tops, muscle shirts, midriff halters, short shorts or sleeveless shirts. Shirts are required at all times.

**This trip is for students who are serious about their faith in Jesus Christ. This is not a vacation! This trip is for youth who have a heart for serving. We are going to Mexico to share the love of Christ.**