

MESSAGE NOTES

"Ascending Lessons"
Text: Psalm 120

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Ascending Lessons from Psalm 120

1. God is _____.

Psalm 120:1a

Psalm 120:5

2. God always _____.

Psalm 120:1

3. God wants you _____.

CONNECT GROUP HOMEWORK

For the week of November 11.

GETTING STARTED _____

1. Have you taken any memorable road trips? What do you remember the most?

2. What are some of your favorite road trip songs and artists?

DIGGING DEEPER _____

1. In **Psalm 120**, the psalmist cries out to God in his distress. We've all gone through desperate situations. How do you usually respond when you're in a place of distress?

Why do some people feel like God is absent in trying times?

According to the following verses, what truth must we continually remind ourselves when we wonder if God is really there?

- **Psalm 23:4**
- **Isaiah 41:10**
- **Matthew 28:20**

2. How do most people pray in times of distress? What does Scripture say our attitude should be when we pray?

- **2 Chronicles 7:14**
- **Philippians 4:6**
- **1 Thessalonians 5:17**

What keeps people from being honest with God in their prayers? How does authenticity in our prayers help grow our relationship with God?

3. What do we miss out on if we give up when life gets hard?

What does Scripture promise us if we persevere?

- **1 Corinthians 9:24**
- **Galatians 6:9**
- **James 1:12**

PRACTICAL APPLICATION _____

1. What's our role when we see others hurting and in distress?

2. What opportunities do we have this time of year to help those who are hurting?

3. Is there a situation you're in currently where you need to persevere?