QUARTZ JAPAN CHRONOGRAPH WITH DATE
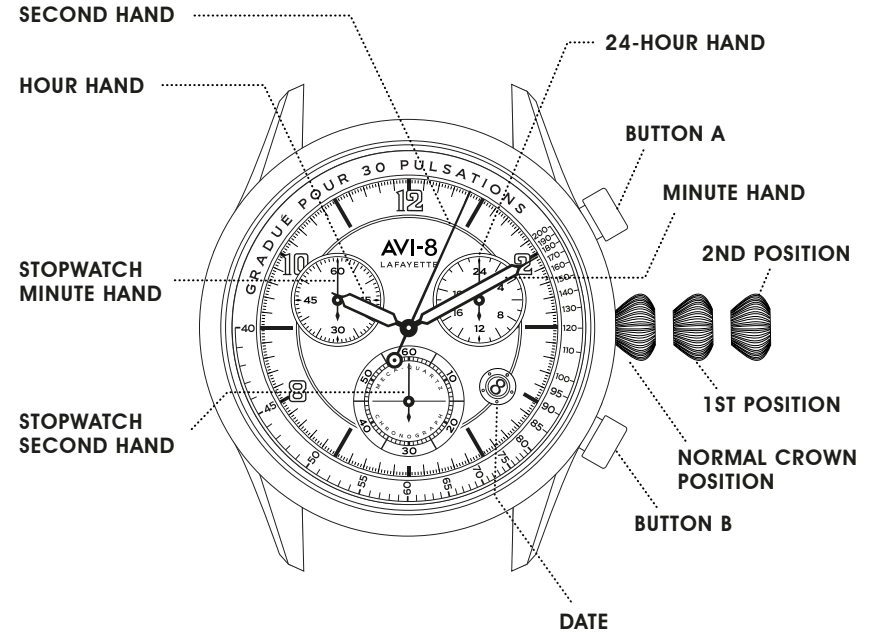
AVI-8

SETTING THE DATE & TIME

1. Pull the crown out to the 2nd position.
2. Turn the crown clockwise until the previous day's date appears.
3. Pull out the crown to 2nd position when the second hand is at the 12 o'clock position. It will stop on the spot.
4. Turn the crown to set the hour, minute and 24-hour hands to the desired time as the hour hand moves, the 24-hour hand also moves correspondingly.
* When the crown is at 2nd position. Do not press any button.
5. Otherwise, the chronograph hands will move. Push the crown back into the 1st position in accordance with a time signal.
* Do not set the date between 9:00PM and 1:00AM. Otherwise, the day may not change properly. If it is necessary to set the date during that time period, first change the time to any time outside it, set the date and then reset the correct time.

HOW TO USE STOP WATCH

The measured time is indicated by the stopwatch hands that move independently of the center hands. The stopwatch can measure up to 60 minutes in seconds.

I) Standard Measurement
1. Press Button A to start
2. Press Button A to stop
3. Press Button B to reset

SECOND HAND

24-HOUR HAND

HOUR HAND

BUTTON A

MINUTE HAND

STOPWATCH
MINUTE HAND

2ND POSITION

STOPWATCH
SECOND HAND

1ST POSITION

NORMAL CROWN
POSITION

BUTTON B

DATE

II) Accumulated elapsed time measurement 1. Press Button A to start

2. Press Button A to stop

3. Press Button B to restart

(Restarting and stopping can be repeated as many time as necessary by pressing Button A. For resetting, please press Button A to stop the stopwatch and then press Button B to reset.)

III) Split time measurement

1. Press Button A to start

2. Press Button B to split/split release

3. Press Button A to stop

4. Press Button B to reset

   (Measurement and release of the split time can be repeated as many times as necessary by pressing Button B)

ADJUSTING THE STOPWATCH HAND POSITION

Before setting the time, check if the Stopwatch 1/10 second, second and minute hands are at the "0" (12 o'clock) position. If the stopwatch is in use, press the button in the following order to reset it, and then, check if the hands return to "0" position. If either of the stopwatch hands are not at the "0" position, reset them in the following steps:

1. Pull out the crown to 2nd position.

2. Press Button A or B to reset the stopwatch second, second and minute hands to "0" position.

   A. By pressing Button A, the hands move anti-clockwise.

   B. By pressing Button B, the hands move clockwise.

3. Push the crown back to normal position.