

## MAKE IT!

### Jam & Yogurt Popsicles

- 1 cup Greek yogurt
- ½ cup powdered sugar
- ¼ cup whole milk
- ½ cup **American Spoon Triple Berry Conserve** or your favorite **Preserves** or **Fruit Perfect**
- 2 tablespoons water (if using preserves)

In a small bowl, whisk together the yogurt, powdered sugar, and milk. If using preserves, stir water into preserves. Spoon the mixtures into popsicle molds (or small paper cups), alternating between layers of yogurt and jam. Using a popsicle stick, swirl the jam and yogurt together in an up-and-down motion. Insert popsicle sticks and freeze until firm, at least four hours.



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