



Aloe Vera



Aloe Ferox



Aloe Arborescens

All 3 species of Aloe are known for their exceptional immune support for all cells of the body, most notably the skin and the digestive tract. The key difference between these 3 species of Aloe is their content of Aloin or “bitters”, which is most concentrated in Aloe Ferox. Aloe Vera is the least bitter of the 3 plants. The bitter sap is concentrated in a layer between the inner leaf gel and the skin. Very small amounts of Aloe Ferox bitters, exhibit extraordinary bowel cleansing in most people within 24 hours.

In South Africa, for more than 500 years, the native Cape people have used Aloe Ferox to clear unfriendly organisms in the body. Combining the nutrients found in the skin and gel with the bitters, provides complete nutrition for the human cell. These nutrients include amino acids, fatty acids, chlorophyll, glycoproteins, glycosides, minerals, vitamins, mono and polysaccharides, soluble, insoluble fiber and more.

Of all the plants and herbs in the world, where cleansing and support of the bowel is concerned, Aloe Ferox is king. This wonder-plant produces elaborate phyto-chemicals which also support the liver, gallbladder, prostate, skin, muscles, sinus, joints and all components of the mucosal membrane. Its effect can be noticed in just a few days but long-term, consistent use is how to reap the greatest health benefits Aloe is famous for. Dosage is easy to adjust for personal needs. Some people prefer a more vigorous cleansing experience by adding an additional cup or two of Aloe tea per day.

The bitters in Aloe Ferox is very effective for clearing sinus, taken as a tea, especially long-term sinus congestion. All 3 species of Aloe provide un-matched skin health support. As a sun screen, fresh Aloe is unbeatable as it contains healing sugars and other nutrients that instantly penetrate the layers of the skin. Drinking Aloe provides soothing, anti-inflammatory support to the entire digestive tract.

Aloe Vera, Aloe Arborescens and Aloe Ferox all contain nutrients that support joint and ligament health. For those with joint discomfort, regular ingestion of Aloe (3 to 5 times daily) offers significant relief. In this case, Bitters is limited to 1 or 2 times daily. You will know you have used enough Bitters because the cleansing action of bowel will be significant. The average amount of Bitters used would be equivalent to the size of a sunflower seed or two. As you become used to the Bitters, you can increase the amount consumed to 2 or 3 times daily, depending on your cleansing needs. Aloe Ferox Bitter Powder can be mixed in warm Aloe Leaf tea, Rooibos tea, Green tea or even a cup of coffee. Most comprehensive, whole-body benefits come from using the Bitter powder with the Leaf powder.