

Disney  
**FROZEN II**

*Queen Anna's*  
**KNITTED  
SCARF**



40-PAGE BOOK  
*with*  
STEP-BY-STEP  
INSTRUCTIONS  
AND THE  
FROZEN 2 STORY

make it real™



Let's meet  
OUR  
FAVORITE *Characters*

It's fall in Arendelle. The leaves are changing colors, the air is brisk and our favorite characters are about to embark on a big journey.

More *adventures* to come...

An illustration of the characters Elsa, Anna, Kristoff, Sven, and Olaf from the movie Frozen. Elsa is in the center wearing her iconic blue ice dress. Anna is to her right in a purple cape. Kristoff and Sven are on the left, and Olaf is in the foreground. The background is a forest with autumn foliage.

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Let's get  
STARTED



ELSA  
HAS THE  
*magical*  
*power*  
OF  
*snow*  
AND  
*ice.*



# Elsa

Elsa, Queen of Arendelle, is known for her magical power of snow and ice. She's happy to be loved and accepted by her kingdom, but somewhere out there, a voice beckons her on a big adventure with Anna, Kristoff, Sven and Olaf.

This *adventure* will put her magical power to the test and perhaps reveal why she was born with it.

ANNA  
IS  
*bold, bright*  
AND FULL OF  
*positivity*



A decorative border surrounds the page, featuring autumn leaves in shades of red, orange, and purple, along with green stems and small white flowers. The border is set against a light blue and white background with a subtle floral pattern. The name 'Anna' is written in a blue, cursive font in the upper right quadrant of the page.

# Anna

This is Anna, Princess of Arendelle and Elsa's beloved sister. Anna is optimistic, funny and always looks out for her sister—even if it means going on a new adventure. Anna is happily in love with Kristoff and has found her forever family with him, Sven, Olaf and of course, Elsa.







# Olaf, Kristoff and Sven

Olaf is a loveable, huggable, happy snowman. His fascination with the world around him teaches others to appreciate everything about life. He learned to read and now loves telling everyone random facts!

This is Kristoff, a former ice harvester by trade, who has found love and a family with Anna, Elsa, Olaf and his reindeer pal, Sven.

Sven has been a companion to Kristoff since they were both young. Kristoff understands what Sven is trying to say through his expressions and movements and sometimes even voices Sven's thoughts.

Together, this incomparable trio will make the epic journey with Anna and Elsa to the Enchanted Forest.



*Let's take*  
A CLOSER  
LOOK AT *Iduna's Scarf*

When Elsa and Anna were little, their parents, King Agnarr and Queen Iduna, would tell them bedtime stories by candlelight. King Agnarr would recall his journeys through the Enchanted Forest and the spirits of nature that dwell within. Queen Iduna would sing lullabies about the mystical white river, Athohallan. All along, Iduna's scarf would be wrapped snugly around the princesses, comforting them and lulling them to sleep. The scarf comforts the girls even when they're all grown up.



FOLLOW  
THEIR  
*Journey*  
TO  
*Atthohallan*

AFTER CROSSING THE  
IMPENETRABLE MIST  
OF THE ENCHANTED FOREST.

*Elsa*

WILL MEET

*HoneyMaren*

A BRAVE  
NORTHULDRA  
FROM THE

*Enchanted  
Forest.*

HONEYMAREN EXPLAINS  
TO ELSA THE MEANING OF THE  
MYSTERIOUS FIFTH ELEMENT  
SYMBOL ON HER SCARF.



*water*



*wind*



*fire*



*earth*



*Iduna's*  
SCARF  
PATTERN

Each end of Iduna's scarf features symbols of the four elements.

THESE  
*four*  
*elements*  
ARE ALSO  
REPRESENTED BY  
*four*  
*spirits.*



Let's meet  
THE *Spirits*

During their journey in the Enchanted Forest, Anna, Elsa, Kristoff, Sven and Olaf will encounter four magical spirits of nature.

Let's learn more about these *spirits.*

## Fire Spirit

Bruni

THE PLAYFUL SALAMANDER.

This adorable puppy-like spirit ignites the forest, leaving a trail of fire with its every move. When it realizes Elsa's powers, it crawls into her palm to cool off.



## Wind Spirit



Gale IS THE WIND SPIRIT.

Gale is the first of the spirits to appear. This force taunts Elsa and the group by spinning them in its vortex.

# Water Spirit

Water Nokk IS A  
WARRIOR AND GUARDS THE SECRETS  
OF THE FOREST FIERCELY.

To get to Ahtohallan, Elsa must cross the Dark Sea. During her big journey, Elsa encounters the mythical horse-shaped Water Nokk, the Water Spirit. Elsa realizes that in order to get past the Dark Sea, she must prove she's worthy and earn its respect.



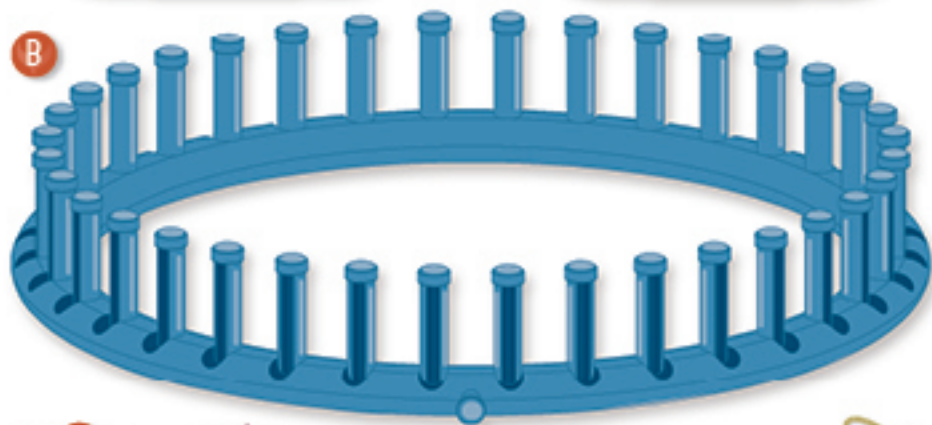
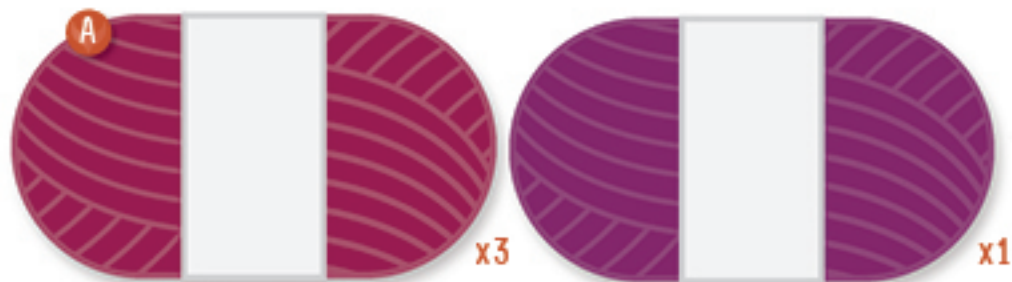


# Earth Spirit



## Earth GIANTS

When sleeping, these Earth Spirits look like a rocky mountain, but when woken, are quite grumpy. The group must tread lightly around these spirits to avoid the dangerous falling boulders and stomping of feet.



This kit includes everything you need to make the coolest Iduna's Scarf.

## What's INSIDE THE Kit

### CONTENTS

- A 4 SKEINS OF ACRYLIC YARN
- B ROUND LOOM
- C PLASTIC YARN NEEDLE
- D KNITTING CROCHET
- E 5 FABRIC PATCHES
- F 21 PLASTIC BEADS
- G NECKLACE

What YOU'LL NEED:

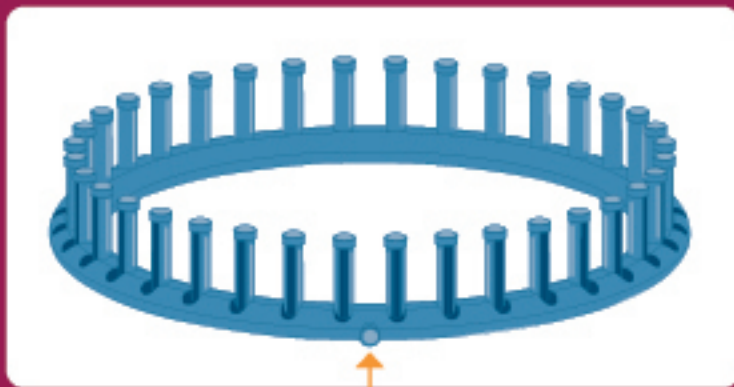
- SCISSORS
- RULER

Knit your own scarf inspired by Queen Iduna's! First, use the loom to knit your scarf. Then, sew the trim and finish with cute beaded tassels to create the fringe.

Follow along for simple step-by-step instructions.

## Before YOU Begin

- 1 Read all the instructions before you start your project.
- 2 Each time the loom is mentioned, we will explain the steps as if the loom is placed with the holding peg facing you.



HOLDING PEG

## LET'S Knit!

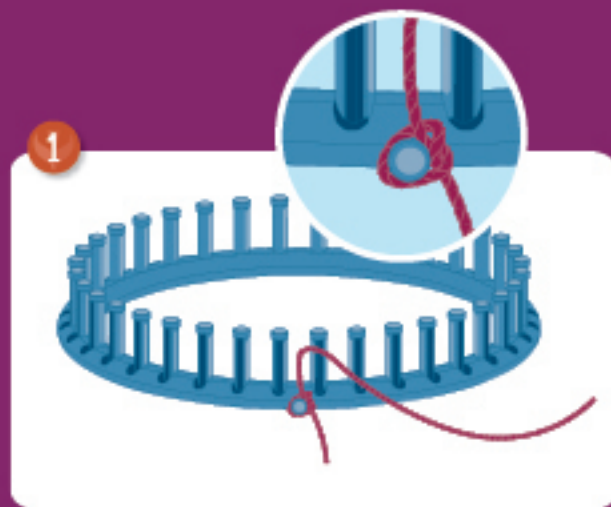
Learn how to knit the main rectangular part of your scarf using the steps below.

*Tip* USE THE WORKING SIDE OF THE YARN TO CREATE YOUR WEAVING.

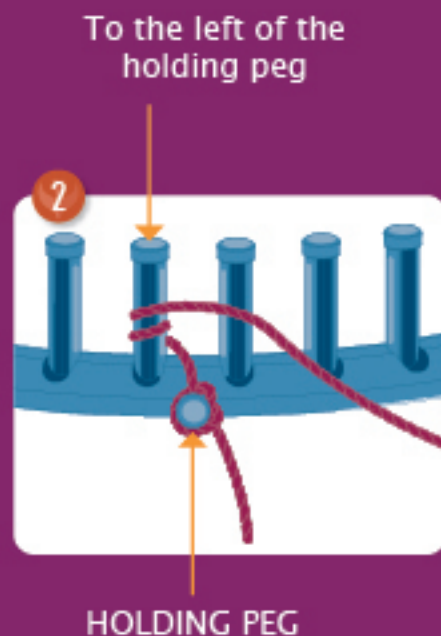
### CAST ON

1. Using the magenta yarn (the thickest one) make a simple knot on the holding peg leaving an 8-inches (20 cm) long tail.

2. Take the working side of the yarn and wrap it around the first peg to the left of the holding peg. Do this two times in a counter-clockwise motion while holding the yarn in place.

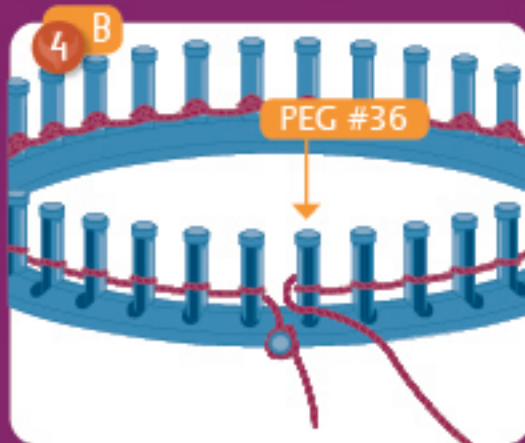
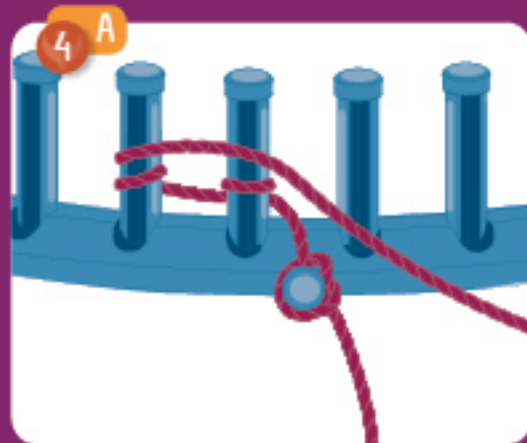
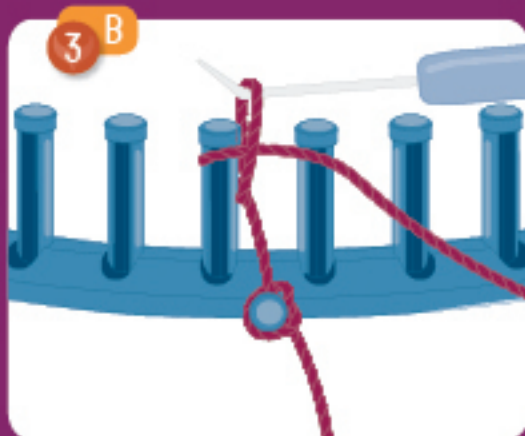
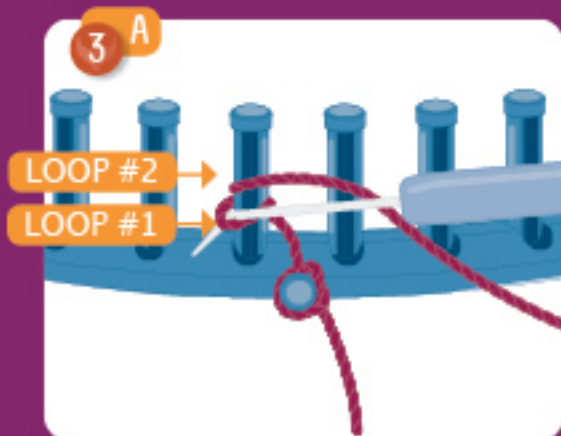


This knot has to be undone later, tie it loosely!



*Tip*

WRAP THE YARN LOOSELY, WITHOUT PULLING, AS YOU KNIT TO AVOID AN IRREGULAR SHAPE.



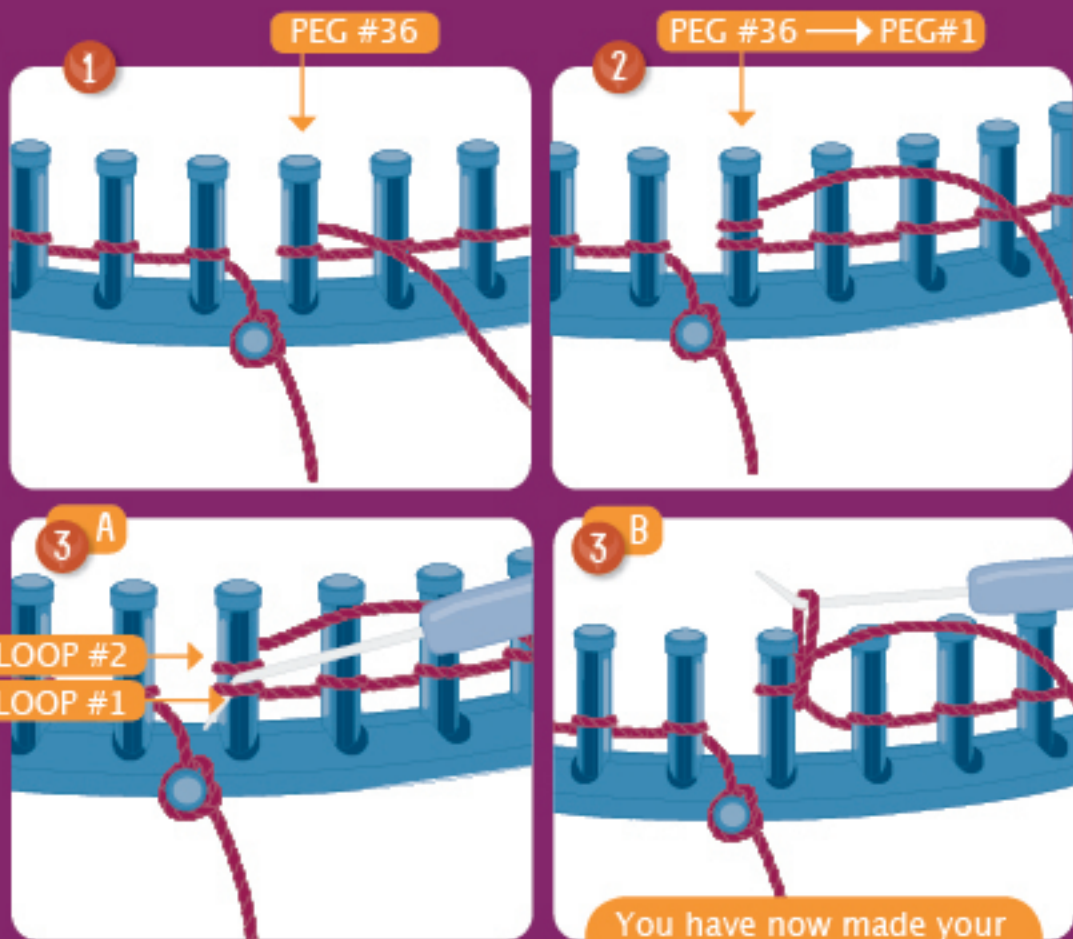
3. Using the knitting crochet, lift the first loop made on the peg (the bottom loop) and flip it over the top loop and peg. You've cast your first stitch!

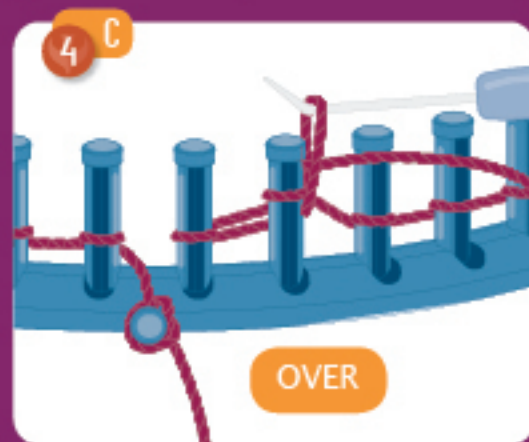
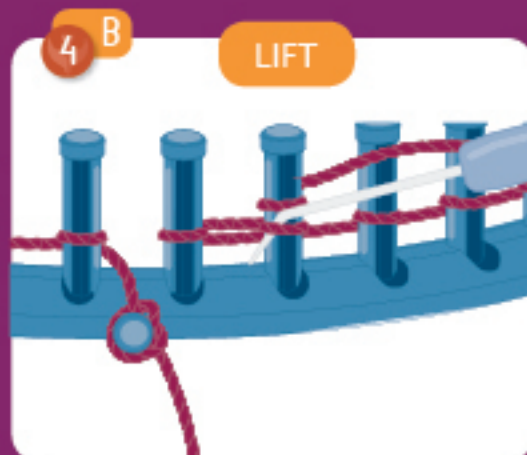
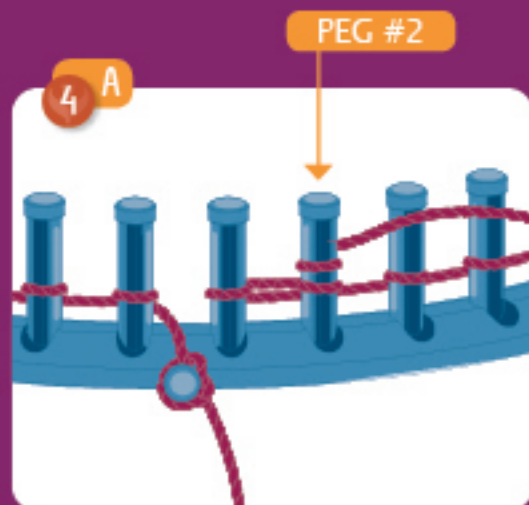
4. Continue casting by repeating steps 2 and 3 on every peg until you reach the very last peg. Once you get there, you're ready to knit!

# KNIT *stitch*

1. To create a rectangle using a round loom, be sure to create flat stitches. This means that when you reach the end of a row, the second row should begin in the opposite direction. The holding peg will help you locate the beginnings and ends of rows.

2. The 36<sup>th</sup> peg you just casted on will now be the first peg. This time working clockwise, wrap the yarn around one time on the first peg of the row.



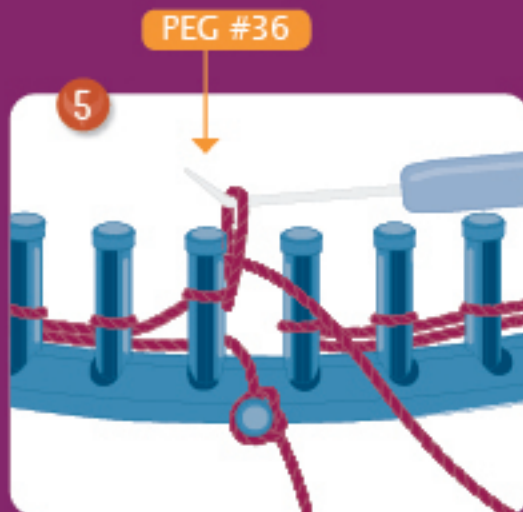


3. With the knitting crochet, lift the first loop (bottom loop) over the second loop and over the knob of the peg. You have now made your first knit stitch!

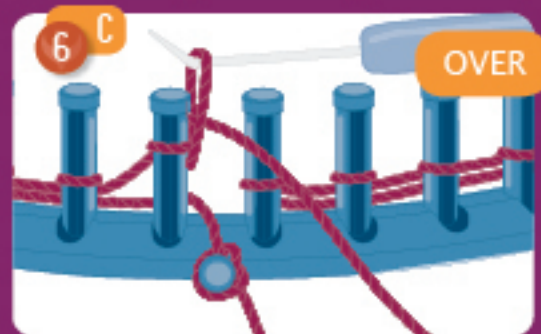
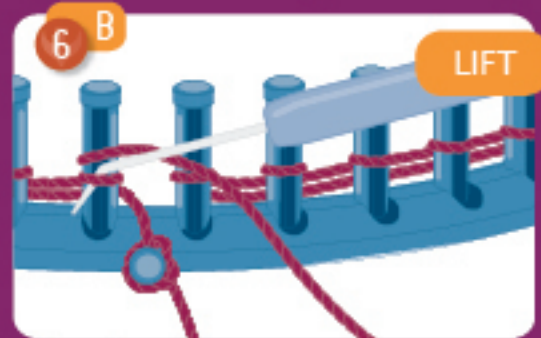
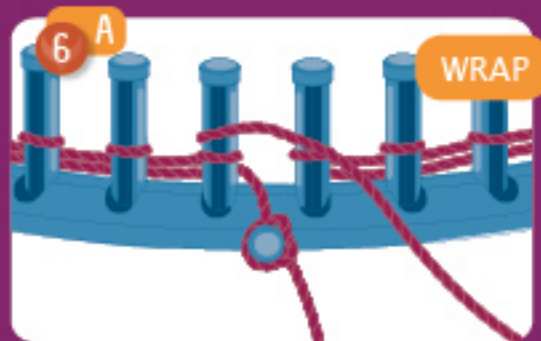
4. Move to the second peg (to the right) and knit the second peg: wrap the yarn around one time, clockwise, and lift the first loop over the second loop and the knob of the peg.

5. Repeat steps 2 to 4 until you reach the last peg of the row.

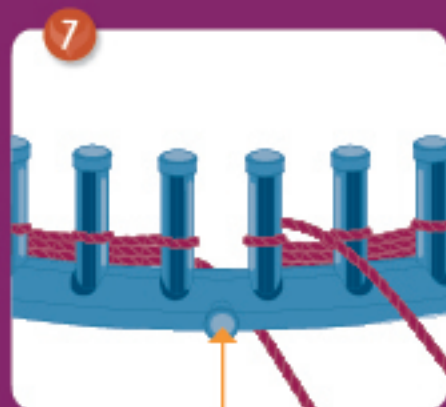
6. To knit the second row, wrap the yarn one time around the first peg counter clockwise. Lift the first loop over the second loop and the knob of the peg. Repeat on the second peg, to the left, then continue knitting until you reach the last peg.



You have now knit your FIRST ROW!



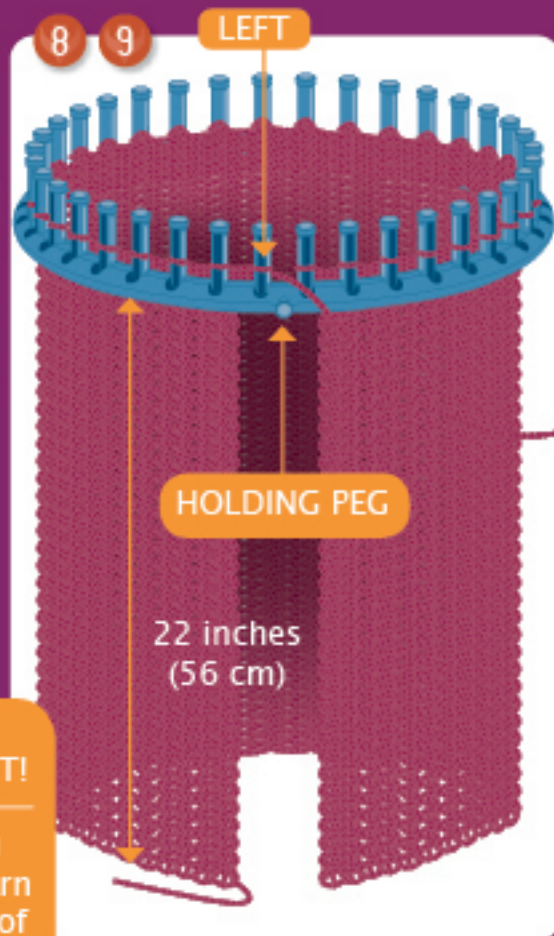




HOLDING PEG

**VERY  
IMPORTANT!**

Finishing  
working yarn  
to the left of  
holding peg.



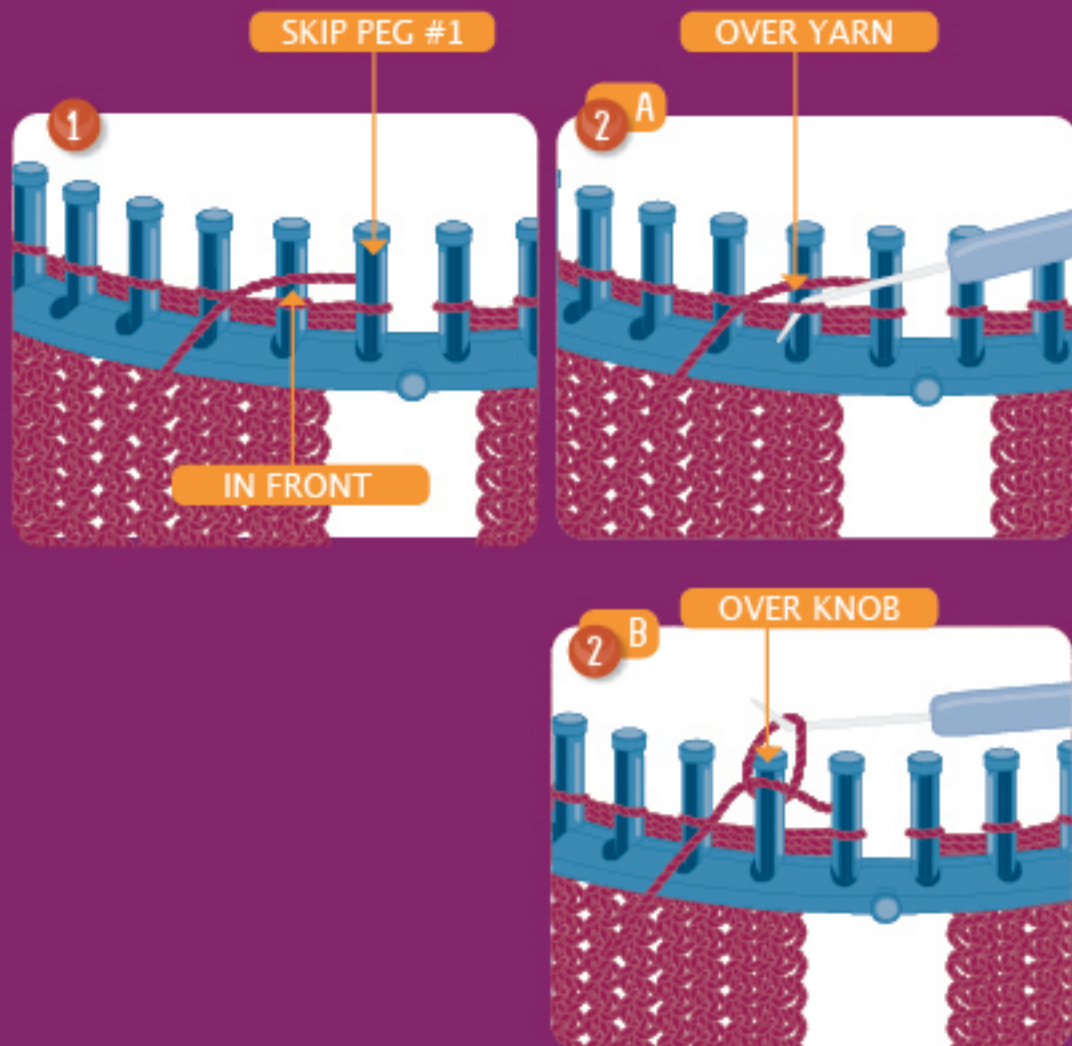
**7.** You have knit your second row! You can now untie the knot on the holding peg and leave the tail hanging inside the loom.

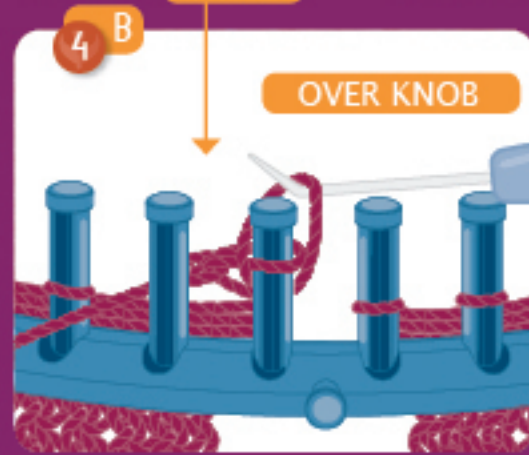
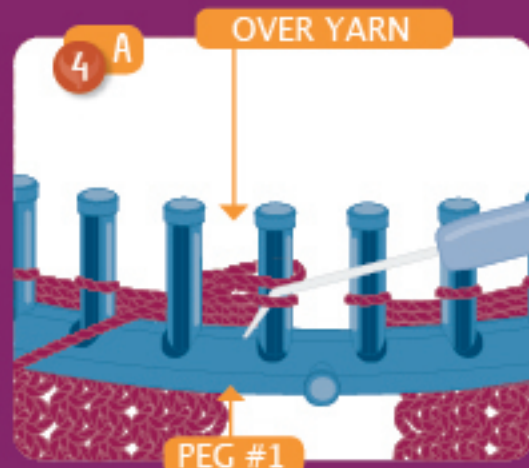
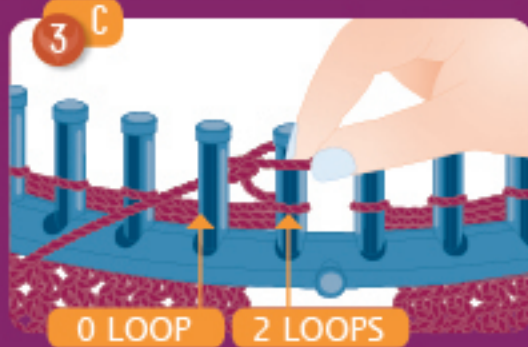
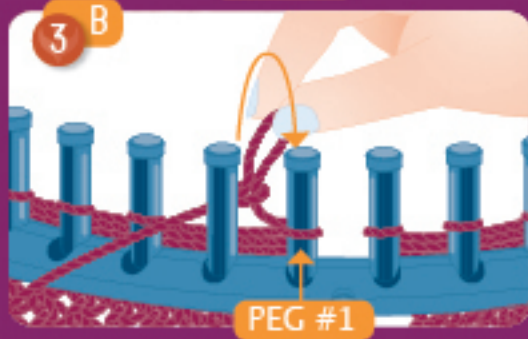
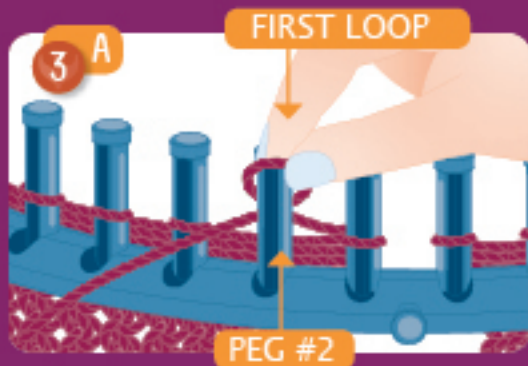
**8.** Repeat steps 2 to 6 until the rectangle is 22-inches (56 cm) long.

**9.** If you get to the end with the working yarn to the right of the holding peg, knit one last row until the working yarn is placed at the left of the holding peg. This step is important to move on to the cast-off steps.

## CAST *off*

1. To cast off your weaving, take the working yarn, skip the first peg and pass the yarn to the front of the second peg.
2. With the knitting needle, pass the first loop over the yarn and over the knob of the peg.

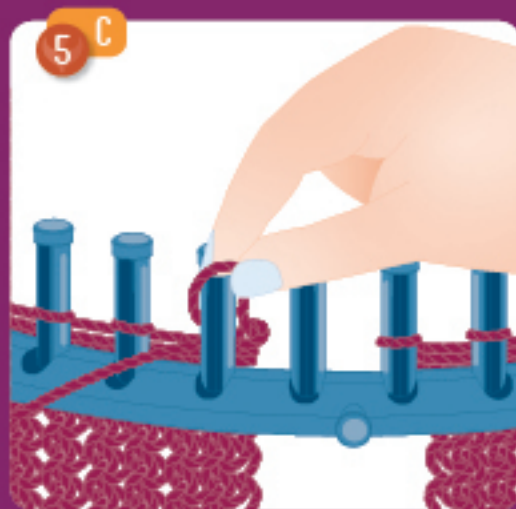
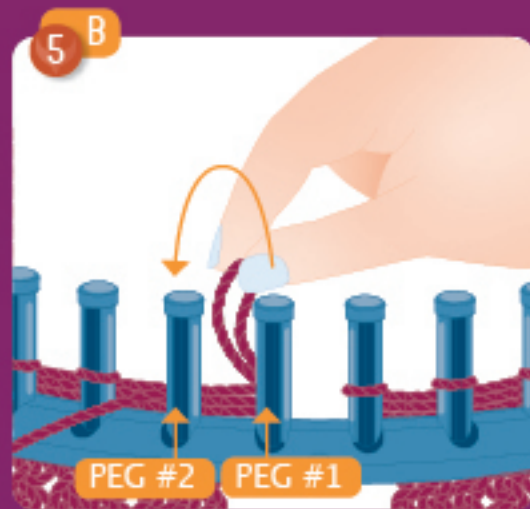
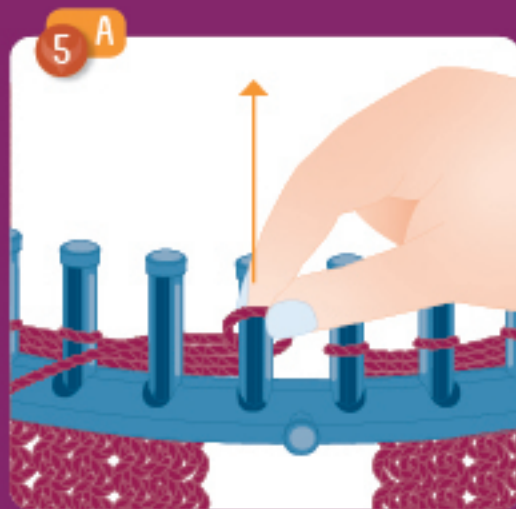




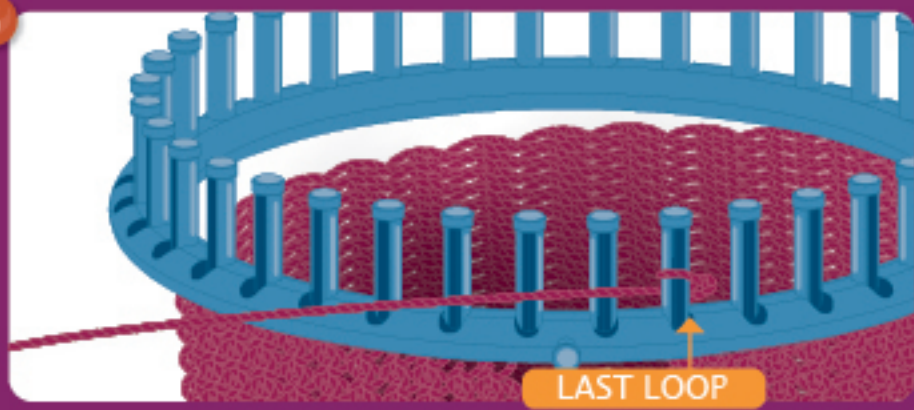
3. Take the loop on the second peg and move it to the first using your fingers. You should have 2 loops on the first peg and none on the second.

4. On the first peg, using the knitting needle, lift the first loop over the second loop then over the peg knob.

5. Take the remaining loop from the first peg and transfer it to the second. You've just cast off your first stitch!

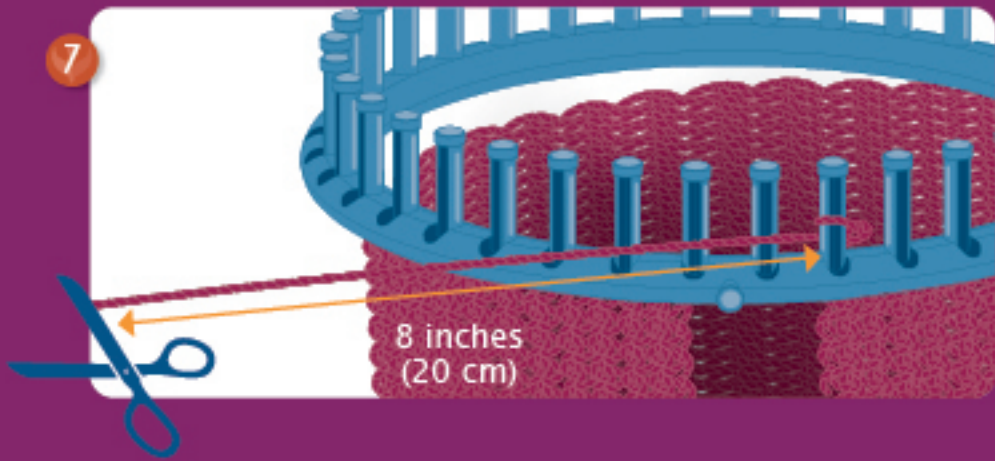


6



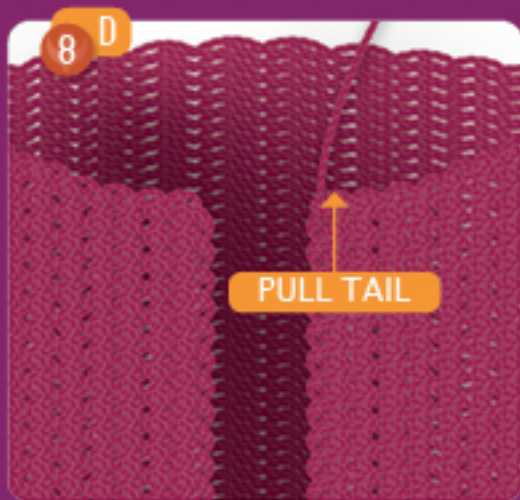
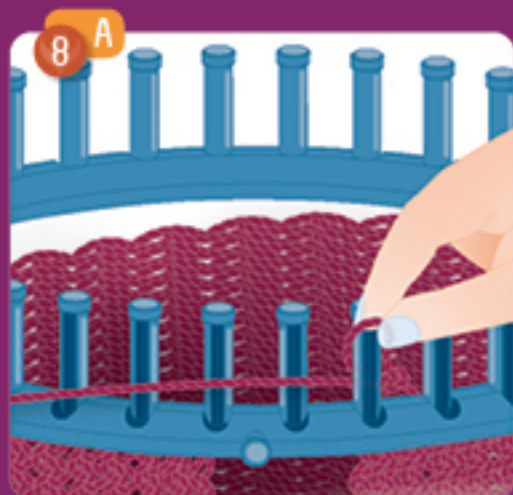
6. Repeat steps 1 to 5 with the second peg, as though it's the first peg. Continue until there's only 1 loop left on the loom.

7



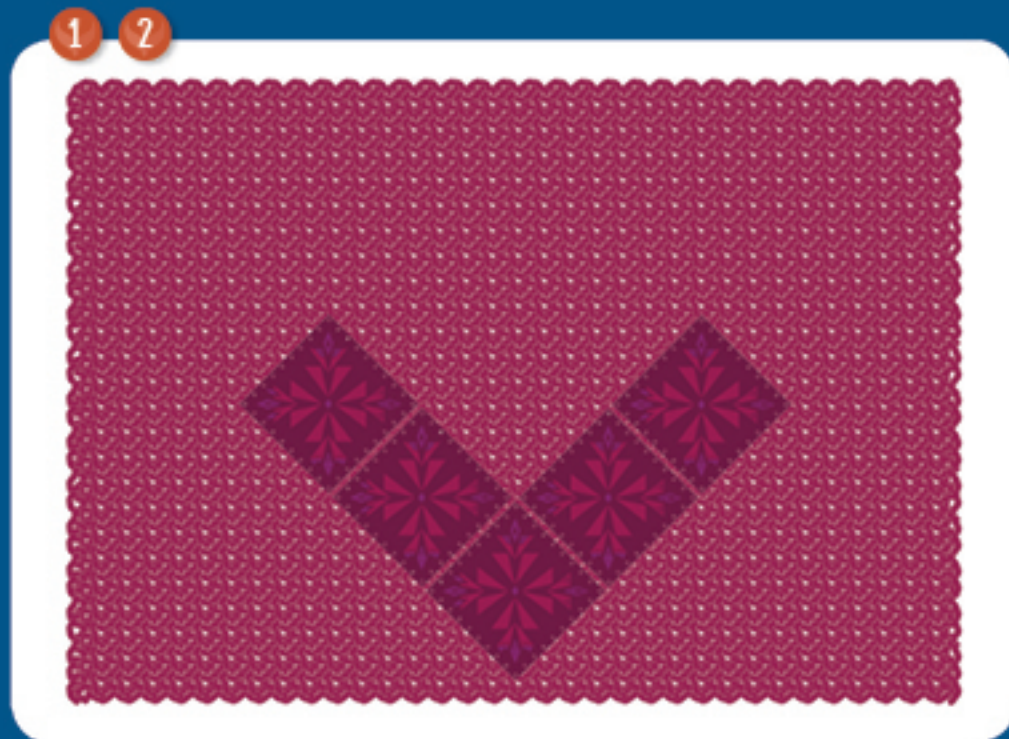
7. Cut your working yarn, leaving an 8-inches (20 cm) long tail.

8. Remove the last loop, pass the tail through it and pull the tail to secure the last stitch. Do not cut the tails off, you will need these to create arm holes later.



## NEXT, *the Trim*

These next steps will show you how to sew on the trim.



### TRIM *patches*

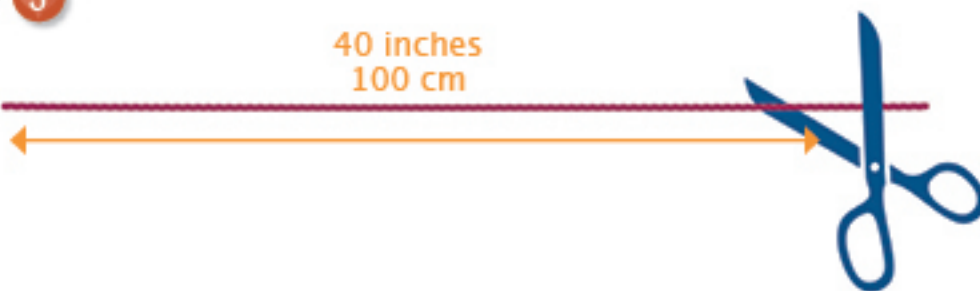
1. Place the knitted rectangle on a flat surface with the longer edge facing you.
2. Place the patches on the knitted rectangle as shown.

3. Measure and cut 40 inches (100 cm) of the magenta yarn.

4. Pass the yarn through the eye of the knitting needle and create a double knot to keep it from falling through.

3

40 inches  
100 cm

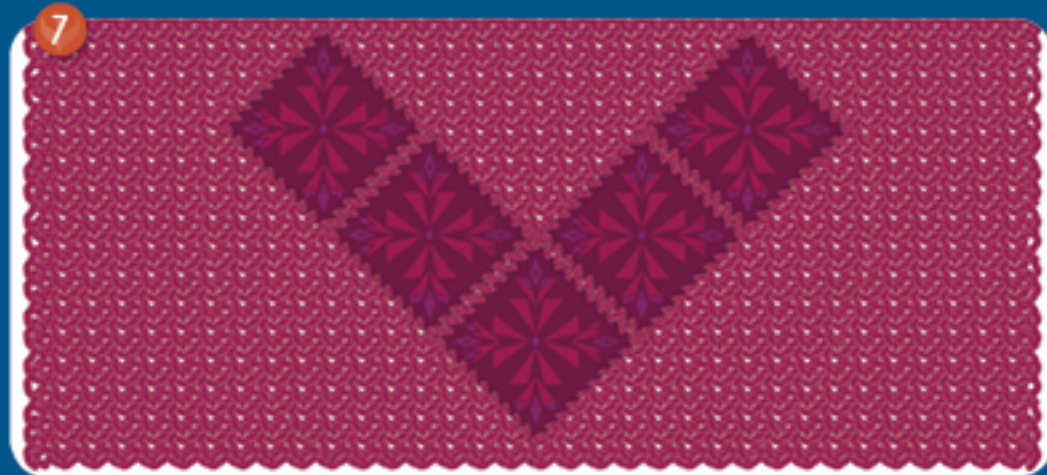


4

DOUBLE KNOT







5. Starting with the middle patch, use the pre-perforated holes on the patches to make a simple whipstitch all around the outside of it.

6. Make a double knot and cut the excess thread.

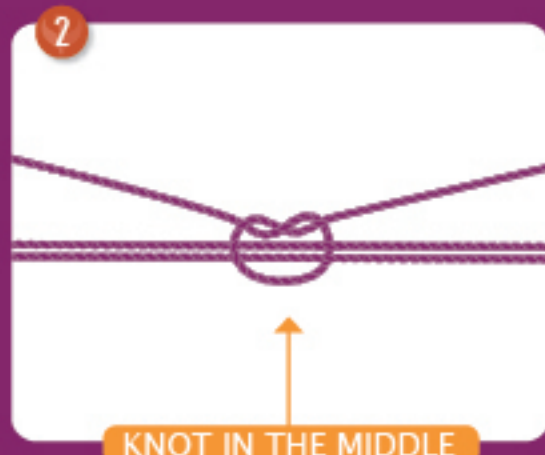
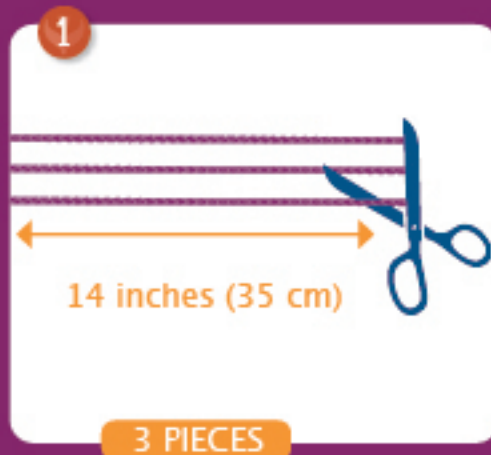
7. Repeat steps 2 to 6 with the 4 remaining patches.

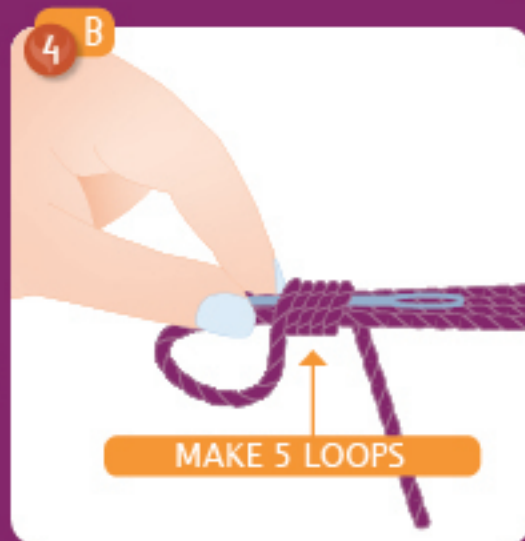
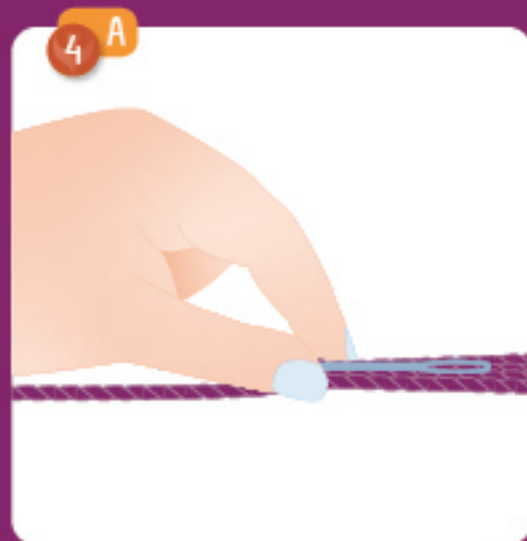
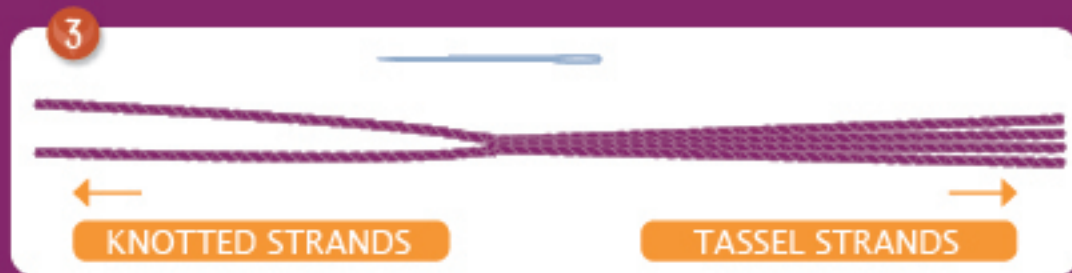
## THE fringe

In these next steps, learn how to make the beautiful beaded tassels that will create a floating fringe on your scarf.

### MAKE tassels

1. Measure and cut 3 pieces of purple yarn, each 14-inches (35 cm) long. These will be your tassels.
2. Take one of the strands and knot it around the other 2 strands right in the middle.





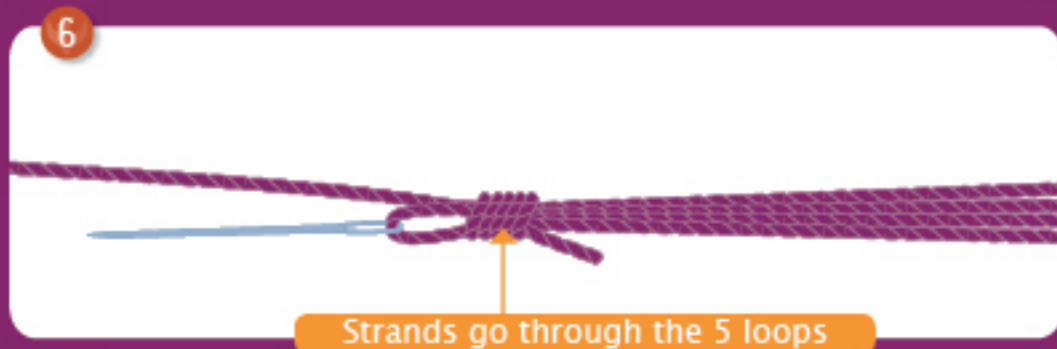
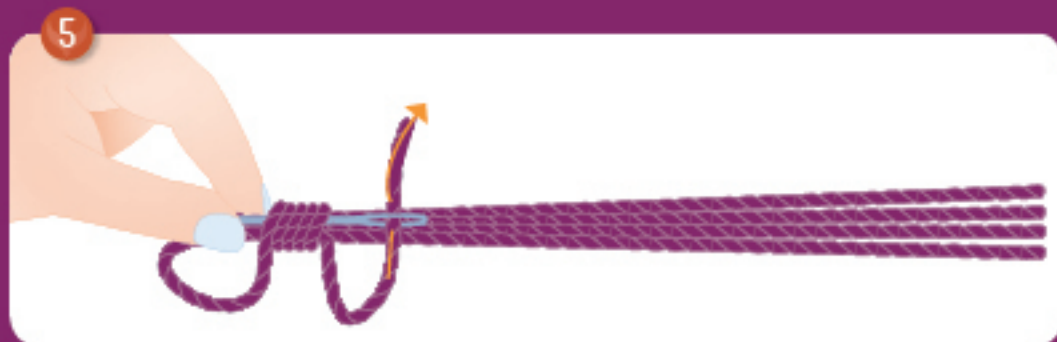
3. Place the 4 tassel strands on your right and the 2 knotting strands to your left. Place the needle as shown, aligning the center of it with the knot.

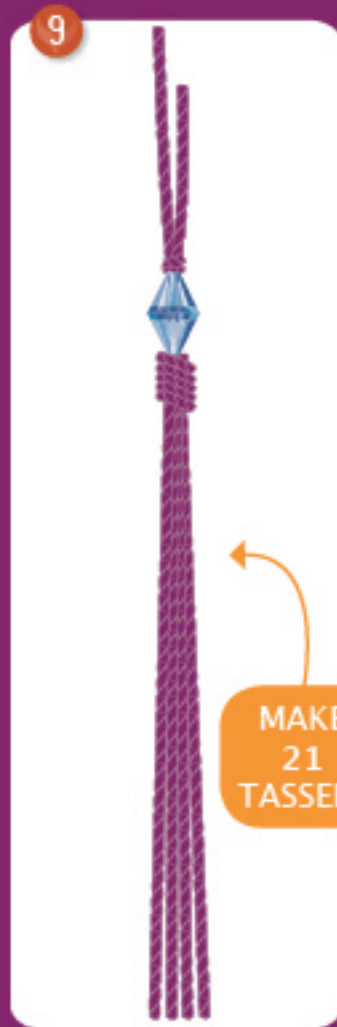
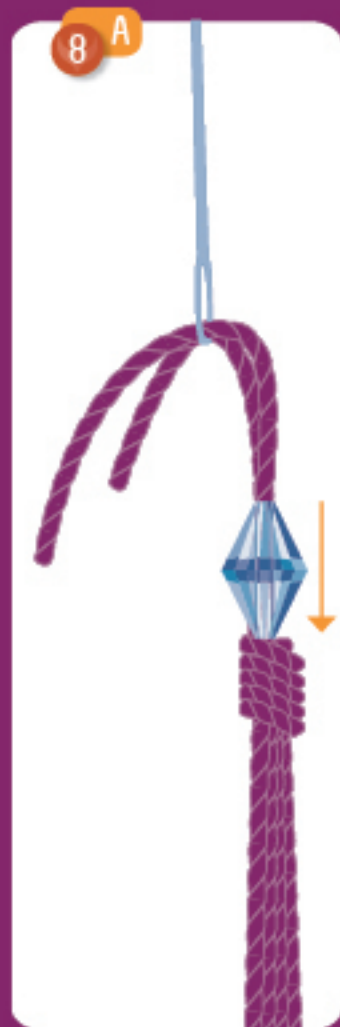
4. With your left hand, hold the needle and the knot. With your right hand, take one of the knotting strands and make 5 loops, wrapping the needle and the knot.

5. Pass the strand's tail through the needle hole.

6. Gently pull on the needle to pass the strand through the loops.

7. Make a double knot with the knotting strands.





MAKE  
21  
TASSELS

8. Pass the knotted strands through the eye of the needle and thread a bead. Remove the needle and make a double knot at the top of the bead.

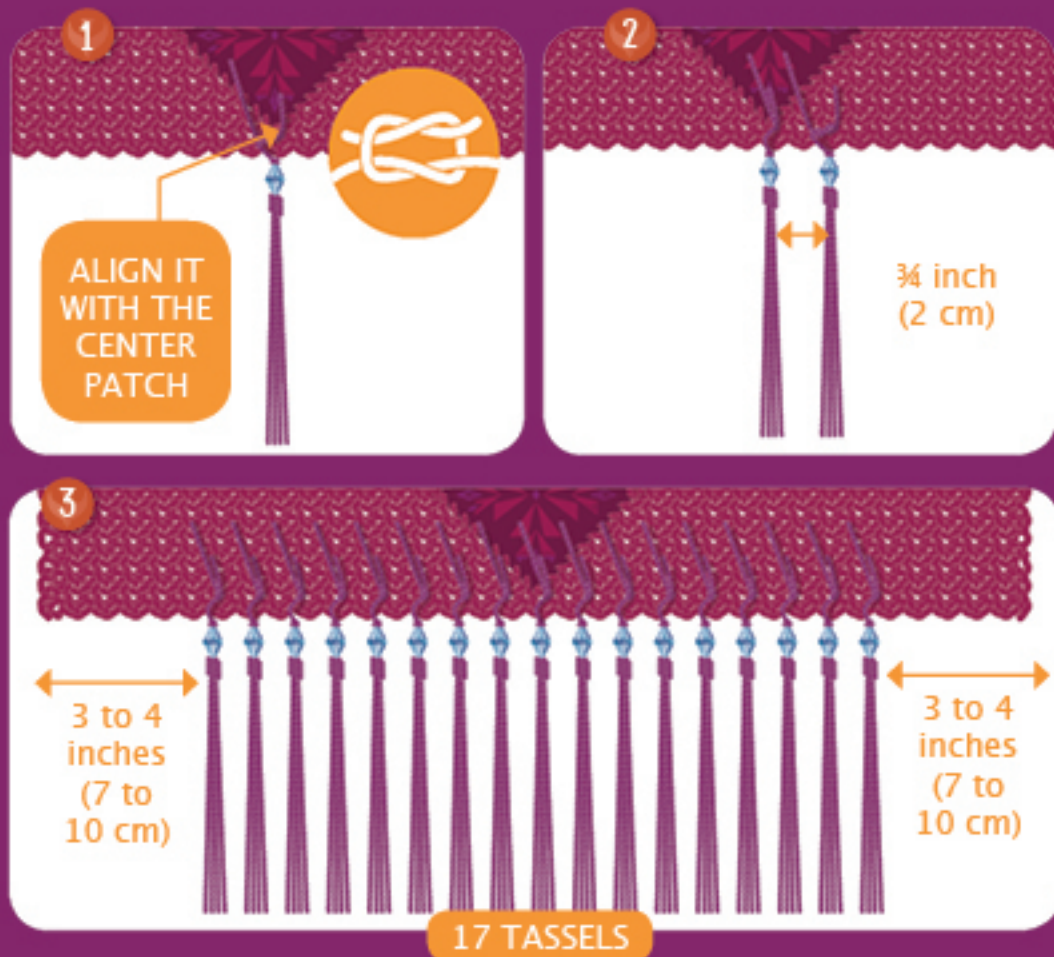
9. Repeat steps 1 to 8 until you have 21 tassels.

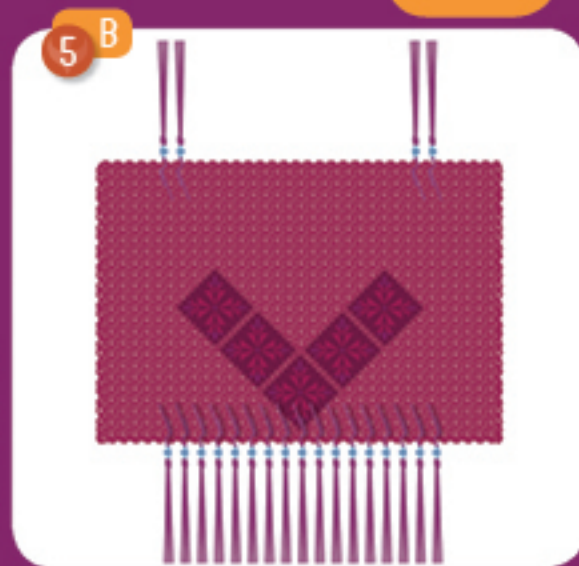
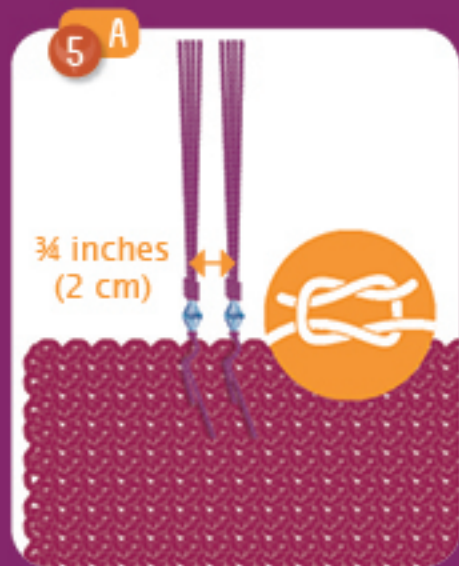
## ATTACH THE *Tassels* TO CREATE THE FRINGE

1. To attach your tassels to your scarf, take one of the tassels and using the knotted strands, attach it to a side stitch, aligning it with the center patch. Make a double knot to secure it.

2. Attach the rest of the tassels using the same technique as above. Leave  $\frac{3}{4}$  inch (2 cm) of space between them.

3. Repeat steps 1 and 2 until 17 the tassels are attached. Leave 3–4 inches (7 to 10 cm) of either side of the rectangle empty.





4. Fold the knitted rectangle as shown in step 4. Place 2 tassels on each side, aligning them with the outer tassels on the opposite side.

5. Attach them using the same method in step 1, then unfold the rectangle.

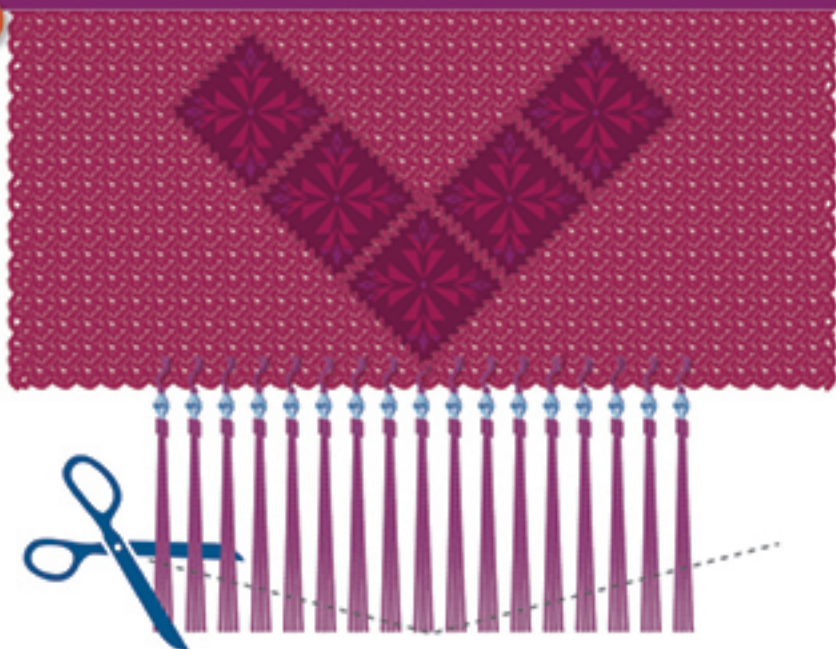
6. Cut the excess yarn.

7. To create angled fringe, cut the tassels diagonally as shown. This step is optional.

6



7





## FINISH *The scarf*

In just a few more steps, your scarf will be ready for wearing!

### MAKE THE *arm holes*

1

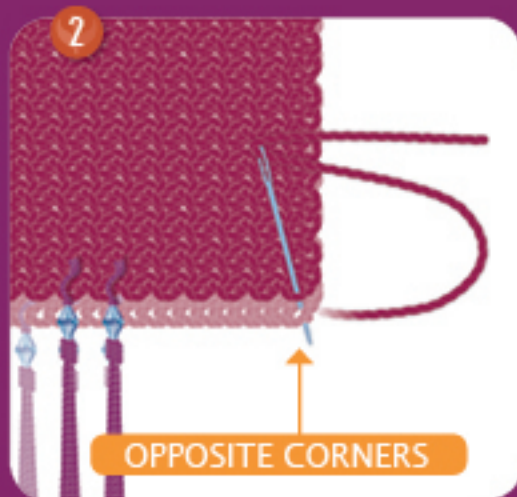


1. To make the arm holes, fold the rectangle piece in half as shown.

2. Take the yarn needle and using the yarn tails left on during the cast-off steps, sew the two opposite corners together.

3. Make a double knot and cut the excess yarn.

4. Voilà! Your beautiful Queen Iduna-inspired scarf is complete!



CHALLENGE YOURSELF WITH OTHER CRAFT ACTIVITIES!

CHECK OUT  
[makeitrealplay.com](http://makeitrealplay.com)



**WARNING!**

**CHOKING HAZARD** – small parts. Not suitable for children under 4 years.  
This toy contains functional sharp points.

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