

Disney
FROZEN II

Decorate
**QUEEN
IDUNA'S
SCARF**

32-PAGE BOOK
with
**STEP-BY-STEP
INSTRUCTIONS
AND THE
FROZEN 2 STORY**



make it real™

Let's get
STARTED

JOIN ELSA, ANNA AND
THEIR LOVED ONES AS
THEY EMBARK ON AN
ADVENTURE INTO THE
ENCHANTED FOREST.
PLUS, LEARN HOW TO
CREATE YOUR VERY
OWN SCARF, JUST
LIKE QUEEN IDUNA'S!

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Let's meet
OUR
FAVORITE *Characters*

It's fall in Arendelle. The leaves are changing colors, the air is brisk and our favorite characters are about to embark on a big journey.

More *adventures* to come...





ELSA
HAS THE
magical
power
OF
snow
AND
ice.



Elsa

Elsa, Queen of Arendelle, is known for her magical power of snow and ice. She's happy to be loved and accepted by her kingdom, but somewhere out there, a voice beckons her on a big adventure with Anna, Kristoff, Sven and Olaf.

This *adventure* will put her magical power to the test and perhaps reveal why she was born with it.

ANNA
IS
bold, bright
AND FULL OF
positivity





Anna

This is Anna, Princess of Arendelle and Elsa's beloved sister. Anna is optimistic, funny and always looks out for her sister—even if it means going on a new adventure. Anna is happily in love with Kristoff and has found her forever family with him, Sven, Olaf and of course, Elsa.





Olaf, Kristoff and Sven

Olaf is a loveable, huggable, happy snowman. His fascination with the world around him teaches others to appreciate everything about life. He learned to read and now loves telling everyone random facts!

This is Kristoff, a former ice harvester by trade, who has found love and a family with Anna, Elsa, Olaf and his reindeer pal, Sven.

Sven has been a companion to Kristoff since they were both young. Kristoff understands what Sven is trying to say through his expressions and movements and sometimes even voices Sven's thoughts.

Together, this incomparable trio will make the epic journey with Anna and Elsa to the Enchanted Forest.



Let's take
A CLOSER
LOOK AT *Iduna's Scarf*

When Elsa and Anna were little, their parents, King Agnarr and Queen Iduna, would tell them bedtime stories by candlelight. King Agnarr would recall his journeys through the Enchanted Forest and the spirits of nature that dwell within. Queen Iduna would sing lullabies about the mystical white river, Athohallan. All along, Iduna's scarf would be wrapped snugly around the princesses, comforting them and lulling them to sleep. The scarf comforts the girls even when they're all grown up.



AFTER CROSSING THE
IMPENETRABLE MIST
OF THE ENCHANTED FOREST.

Elsa

WILL MEET

HoneyMaren

A BRAVE
NORTHULDRA
FROM THE

*Enchanted
Forest.*

HONEYMAREN EXPLAINS
TO ELSA THE MEANING OF THE
MYSTERIOUS FIFTH ELEMENT
SYMBOL ON HER SCARF.



water



wind



fire



earth



Iduna's
SCARF
PATTERN

Each end of Iduna's scarf features symbols of the four elements.

THESE
four
elements
ARE ALSO
REPRESENTED BY
four
spirits.



Let's meet
THE *Spirits*

During their journey in the Enchanted Forest, Anna, Elsa, Kristoff, Sven and Olaf will encounter four magical spirits of nature.

Let's learn more about these *spirits.*

Wind Spirit

Fire Spirit

Bruni

THE PLAYFUL SALAMANDER.

This adorable puppy-like spirit ignites the forest, leaving a trail of fire with its every move. When it realizes Elsa's powers, it crawls into her palm to cool off.



Gale IS THE WIND SPIRIT.

Gale is the first of the spirits to appear. This force taunts Elsa and the group by spinning them in its vortex.

Water Spirit

Water Nokk IS A
WARRIOR AND GUARDS THE SECRETS
OF THE FOREST FIERCELY.

To get to Ahtohallan, Elsa must cross the Dark Sea. During her big journey, Elsa encounters the mythical horse-shaped Water Nokk, the Water Spirit. Elsa realizes that in order to get past the Dark Sea, she must prove she's worthy and earn its respect.



Earth Spirit



Earth GIANTS

When sleeping, these Earth Spirits look like a rocky mountain, but when woken, are quite grumpy. The group must tread lightly around these spirits to avoid the dangerous falling boulders and stomping of feet.

What's INSIDE THE Kit

Everything you need to decorate your own scarf inspired by Queen Iduna's is inside this kit!

CONTENTS

- A** TRIANGULAR PIECE OF FABRIC
- B** SKEIN OF ACRYLIC YARN
- C** 2 BOTTLES OF ACRYLIC PAINT
- D** 2 ROUND STENCIL SPONGE BRUSHES
- E** SPONGE BRUSH
- F** SHEET OF GEM STICKERS
- G** METAL YARN NEEDLE
- H** THIMBLE
- I** STENCIL
- J** 4 RUBBER STAMPS

What YOU'LL NEED:

- SCISSORS
- 1 PENCIL
- 1 RULER
- OLD BOWL FOR RINSING WATER
- NEWSPAPER OR CRAFTING PAPER
- PAPER TOWEL
- OLD PLATE OR A PAINT PALETTE





Before YOU Begin

- 1 Read all of the instructions carefully.
- 2 Find a work surface that is large enough to lay the scarf flat. Minimum of 40 inches by 40 inches (1 meter by 1 meter).
- 3 Protect your work surface by covering it with newspaper or craft paper.
- 4 Protect your clothes with an apron or wear crafting clothes.
- 5 Use a paint palette or an old plate for the paints.
- 6 Fill an old bowl or glass with water to clean the sponge applicators.
- 7 Keep paper towels nearby to dry the sponge applicators.

START WITH THE *Trim!*

Learn how to create the beautiful elemental trim on Queen Iduna's Scarf in the steps below. You'll create the base of the trim first and add the icons later.

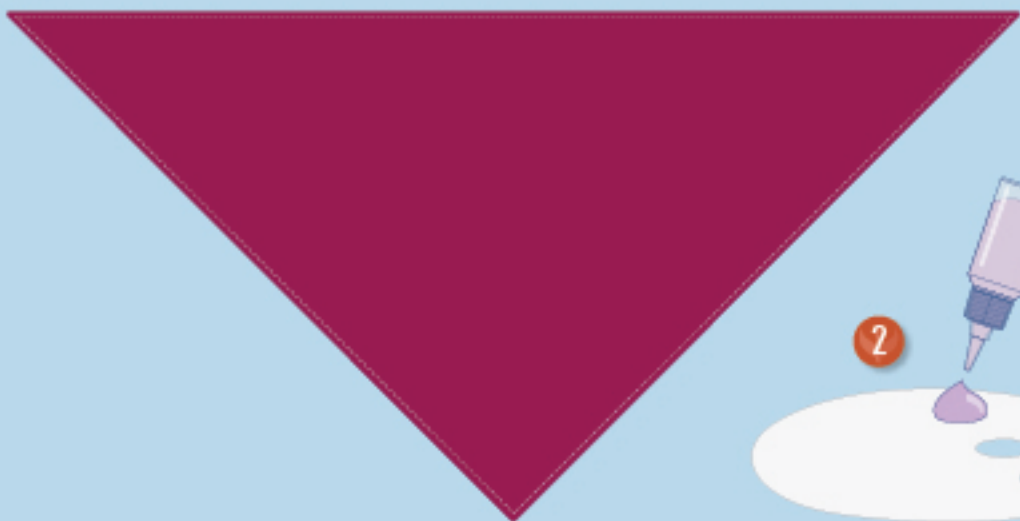
Tip

PRACTICE MAKES PERFECT! BEFORE YOU STAMP YOUR FABRIC, BE SURE TO DO A FEW TEST RUNS ON PAPER SO YOU KNOW EXACTLY HOW THE STAMPS, PAINT AND STENCILS FEEL.

THE *stencil*

1. Lay the piece of fabric in front of you.
2. Dispense a few drops of the purple paint onto the plate or paint palette.

1



2





Tip

TAKE YOUR TIME
APPLYING THE
PAINT, TAKE A
SMALL AMOUNT
AND DON'T PRESS
TOO HARD WITH
THE SPONGE OR
THE PAINT WILL
BLEED UNDER
THE STENCIL.



Wait 2-3
minutes.
Let it dry!

3. Place the stencil on the corner of the fabric like shown, aligning the stencil's edges to the sewn hem. For now, ignore the larger part of the stencil.

4. Dip the round sponge brush into the purple paint. Dab the sponge on the palette to ensure the paint is spread evenly on the tip.

5. Using your free hand, hold the stencil in place as you gently dab the sponge on the fabric. Cover the stencil's holes evenly.

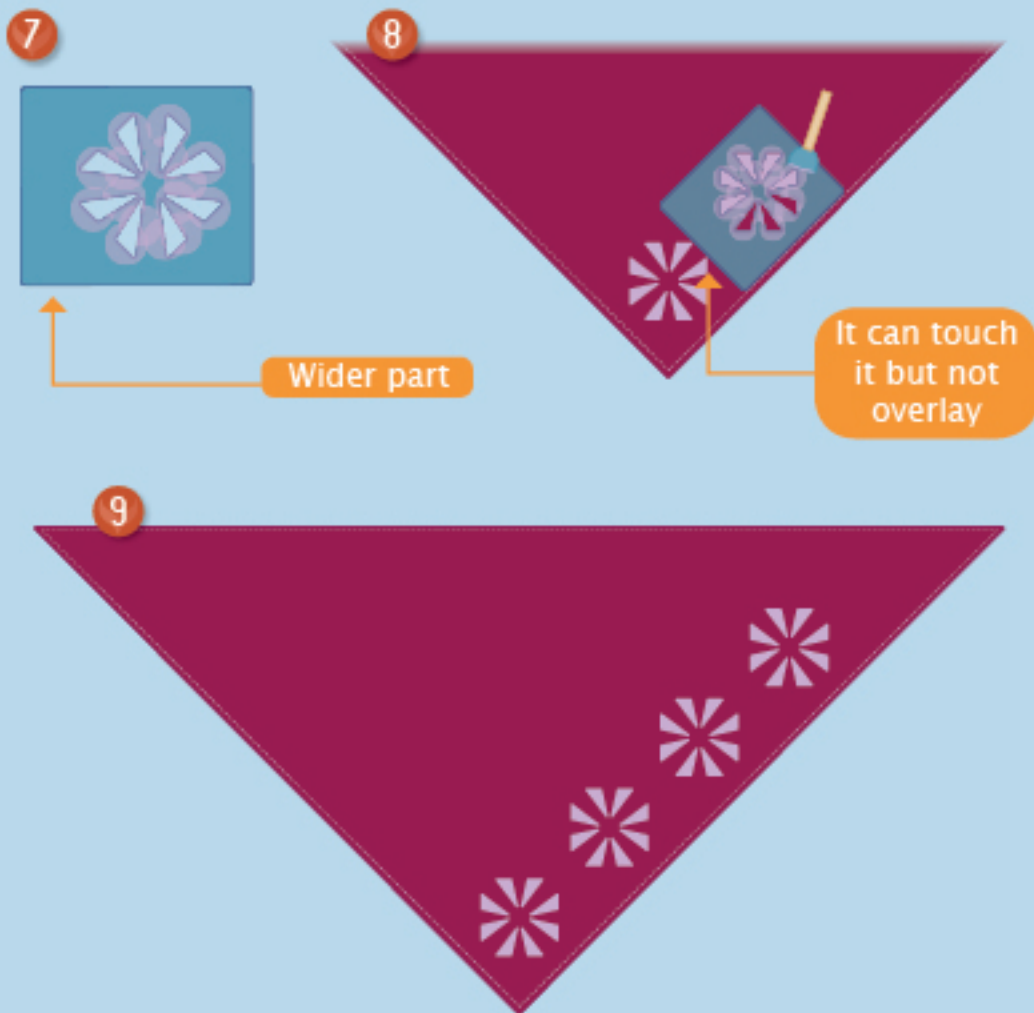
6. Carefully lift the stencil. Wait 2-3 minutes for the paint to dry before proceeding to the next steps.

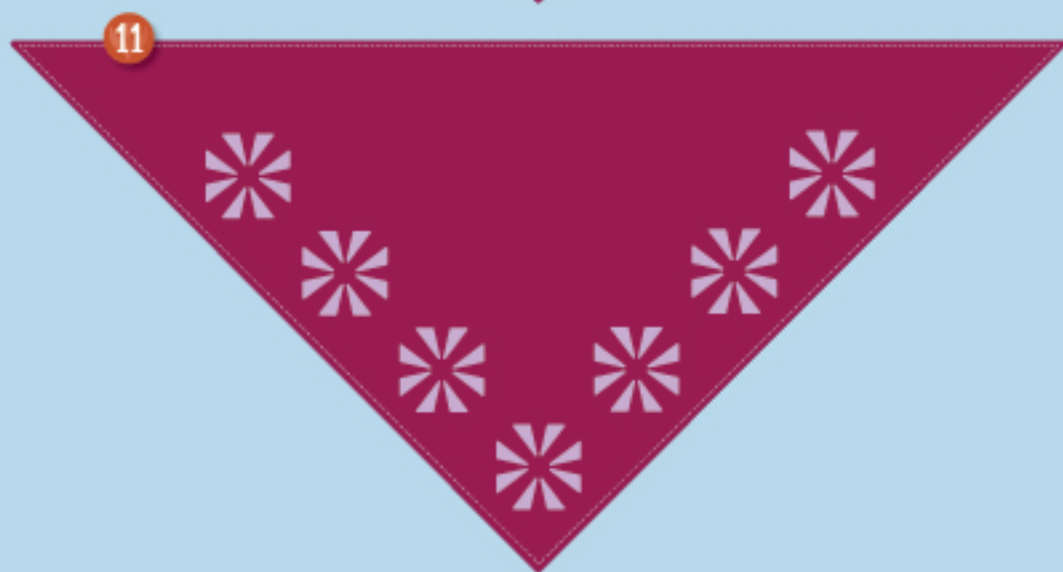
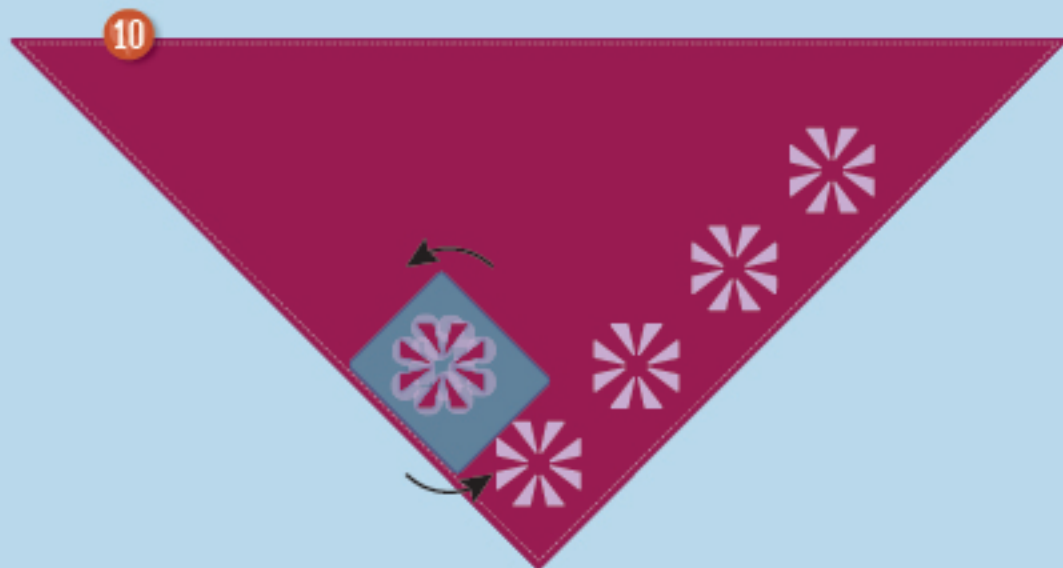
7. Use the outside of the stencil as a guideline to evenly space the pattern. To do this, align the stencil edges with the hem of the fabric and carefully move it to the right of your painted pattern, ensuring the side with paint on it is face up. It's okay if the stencil touches the pattern, but it shouldn't be overlaid.

8. Dip the brush back in the paint and fill in the second shape.

9. Repeat steps 4–8 until you have four evenly spaced shapes.

Tip DO NOT FLIP THE STENCIL UPSIDE DOWN OR THE PAINT CAN STAIN THE FABRIC.





10. To complete the pattern on the left side of the fabric, rotate the stencil and align it with the opposite hem.

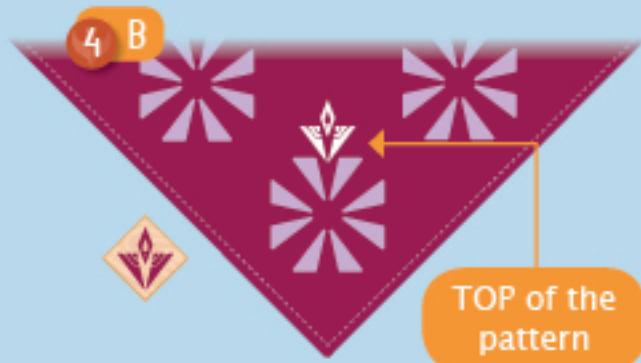
11. Repeat step 7 and 8 to complete the final shapes of your pattern. The pattern should have a total of seven shapes.

THE *stamp*

1. Dispense a few drops of the white paint onto your plate or paint palette.
2. Start with the Water Element stamp.
3. Dip the sponge brush into the paint and gently dab it onto the rubber part of the stamp. A light coat is enough, too much paint will blur the details of the stamp. Practice on a piece of paper before stamping the fabric!



Tip YOU CAN PRACTICE ON A PIECE OF PAPER

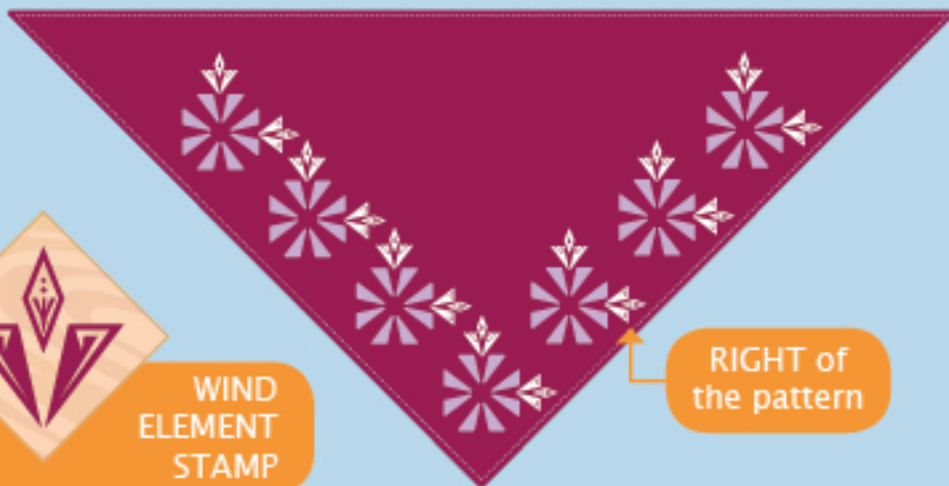


5



WATER
ELEMENT
STAMP

6



WIND
ELEMENT
STAMP

RIGHT of
the pattern

4. Align the stamp with the top of the middle pattern, as shown. Press down firmly but not too hard. Hold the fabric in place and gently lift the stamp up.

5. Repeat steps 3 and 4 until all seven shapes of your pattern have the Water Element detail on top of them.

6. Repeat steps 3 and 4 using the Wind Element stamp, this time aligning the stamp to the right of all seven shapes.

7. Repeat steps 3 and 4 using the Earth Element stamp, this time aligning the stamp with the bottom of all seven shapes.

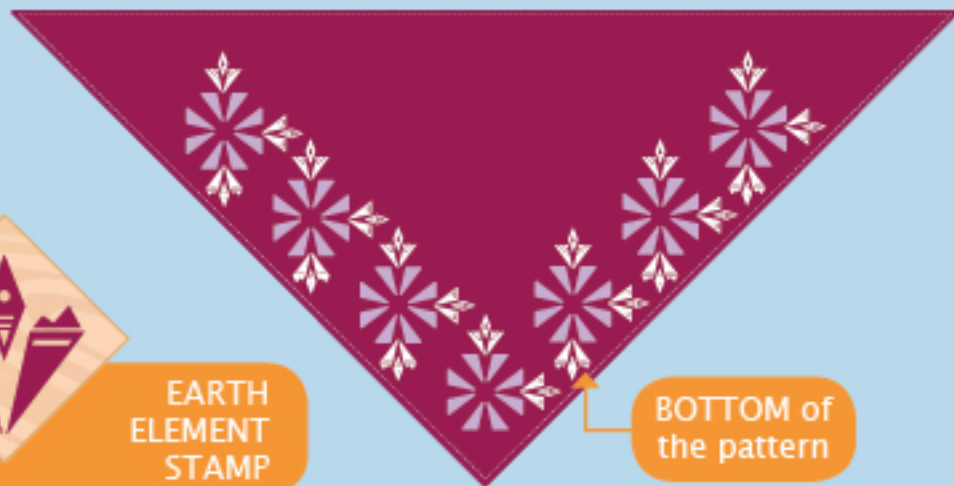
8. Repeat steps 3 and 4 using the Fire Element stamp, this time aligning the stamp to the left of all seven shapes.

9. After all four stamps have been used, let your work dry for about 15 minutes. You can put away the paints and remove your apron for the next part of this project.

7



EARTH
ELEMENT
STAMP



BOTTOM of
the pattern

8



FIRE
ELEMENT
STAMP



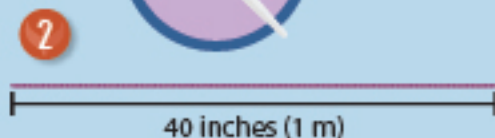
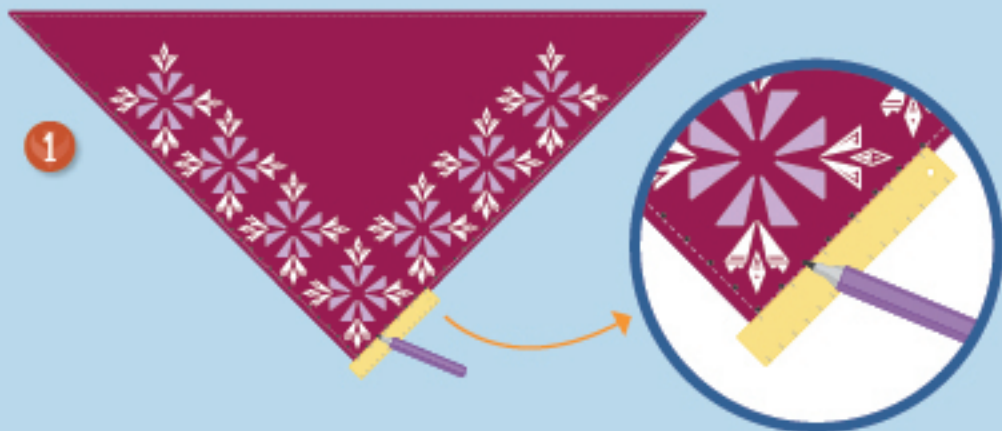
LEFT of the
pattern

NOW. *The fringe!*

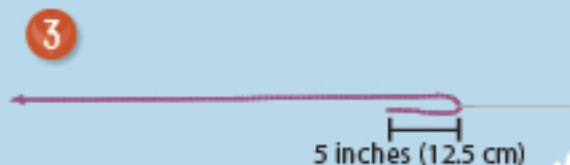
For this part, you'll create a blanket stitch as a base to easily attach fringe to your scarf.

THE BLANKET *stitch*

1. Align a ruler with the sewn hem of your fabric. Make tiny marks every $\frac{3}{4}$ inches (2 cm) using a pen or marker.
2. Measure and cut 40 inches (1 meter) of yarn.
3. Thread the needle, leaving a 5-inch (12.5 cm) tail to make it easier to hold. Make a double knot at the end of the yarn and pass it through the eye of the needle.



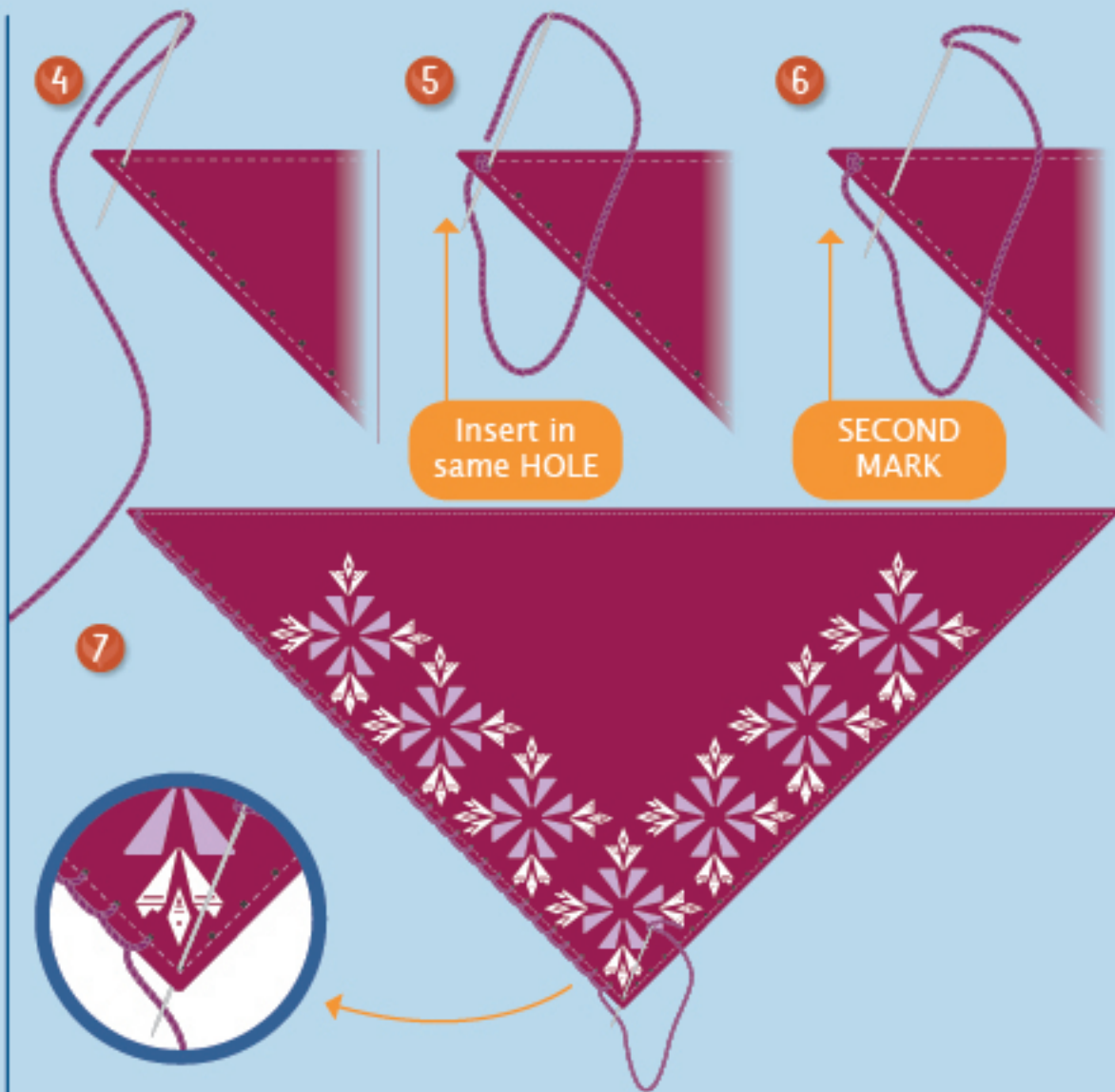
Tip BE CAREFUL WITH THE NEEDLE. USE THE THIMBLE TO PROTECT YOUR FINGERS!



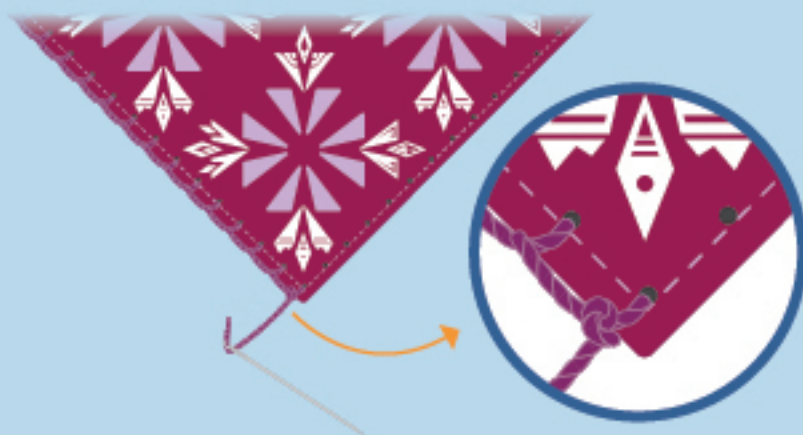
4. Beginning on the first mark on the left corner of the fabric, push your needle through the front. Gently pull the yarn through until the knot locks into place.

5. Push the needle back through the same hole you just made, going through the front and stopping when a loop is formed. Pass the needle through the loop and gently pull the yarn.

6. Move on to the second mark and again, push the needle from the front of the fabric and pass the needle through the loop. Gently pull the yarn.



8



9



7. Repeat step 6 until you reach the center of the fabric.

8. Make a double knot and cut the excess yarn.

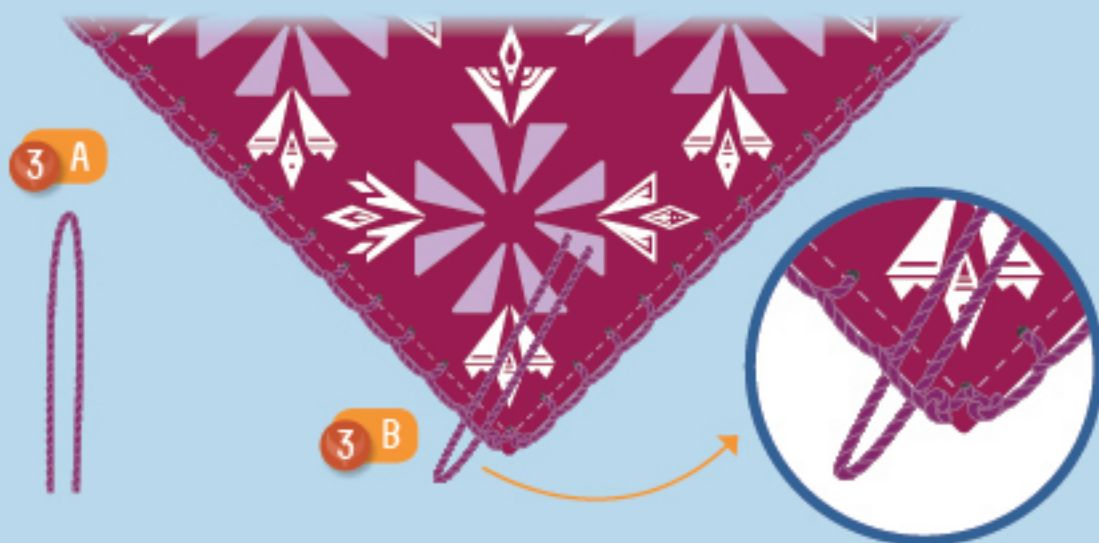
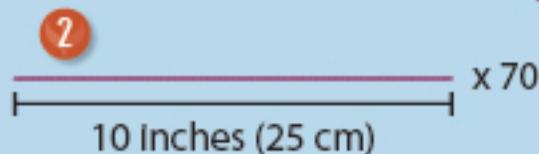
9. Repeat steps 2–8 starting at the center point and working toward the right corner.

FINISH THE *fringe*

1. Count the blanket stitches you just completed. There should be roughly 70 of them.

2. Measure and cut 10 inches (25 cm) of yarn. Cut enough pieces to pass through every loop you created. There should be roughly 70 pieces.

3. To attach the fringe, fold a strand of yarn in half and pass it through a blanket stitch loop.



4



5



4. Pass the two tails of the yarn through the yarn loop (not the blanket stitch loop) and pull the tails through.

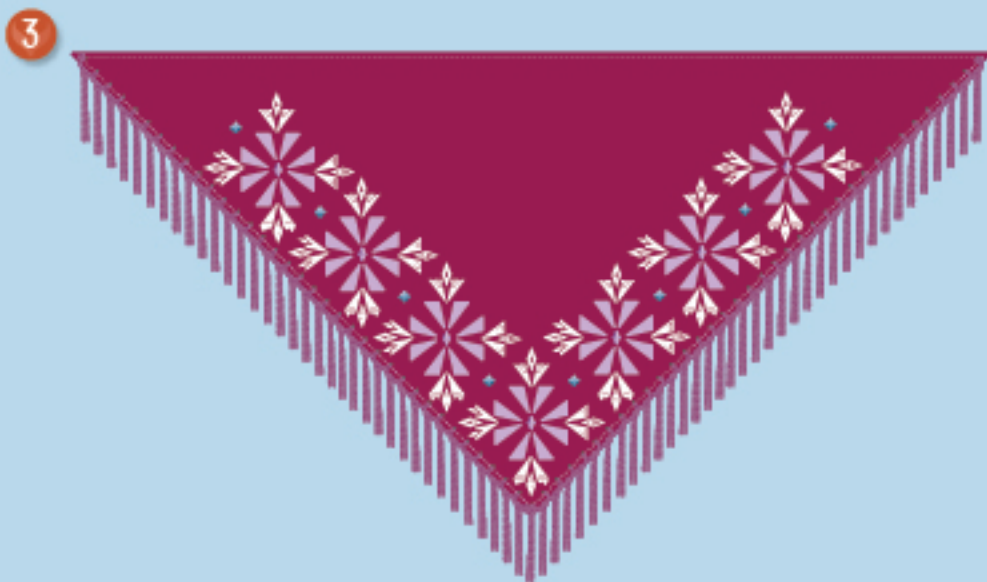
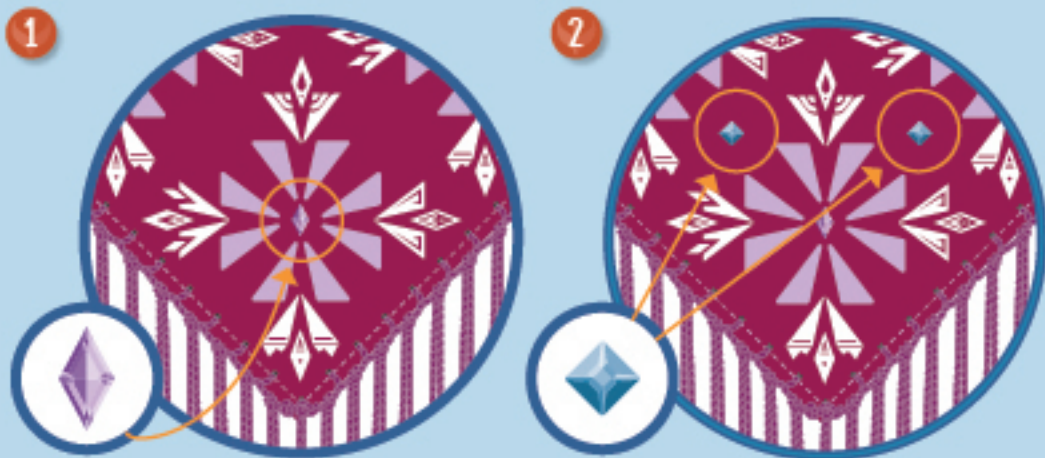
5. Repeat steps 3 and 4 until every piece is attached to the scarf.

THE FINAL *Touches!*

Now it's time to add a little glitz!

THE *gems*

1. Peel and stick the purple gems in the centers of each pattern on the scarf's trim.
2. Peel and stick the blue gems between the patterns of the trim.
3. You've completed your very own scarf inspired by Queen Iduna!



CHALLENGE YOURSELF WITH OTHER CRAFT ACTIVITIES!

CHECK OUT
makeitrealplay.com



WARNING!

CHOKING HAZARD – small parts. Not suitable for children under 4 years.
This toy contains fonctionnal sharp points.

Disney FROZEN II

WELCOME TO ELSA AND
ANNA'S MAGICAL WORLD!

READ ABOUT ALL OF THE BELOVED CHARACTERS
FROM DISNEY'S *FROZEN 2* AS THEY EMBARK
ON A BRAND-NEW ADVENTURE.
PLUS, LEARN HOW TO CREATE YOUR VERY OWN
SHAWL JUST LIKE QUEEN IDUNA'S!



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