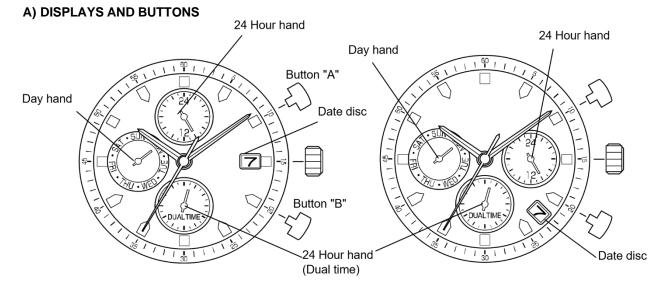


INSTRUCTION MANUAL FOR MIYOTA WATCH MOVEMENT

CALIBRE: JP15

LINE: Sirius Lady Metal Series:5021L

A) DISPLAYS AND BUTTONS
B) SETTING THE DAY
C) SETTING THE DATE
D) SETTING THE TIME
E) SETTING THE DUAL TIME



B) SETTING THE DAY

- 1. Pull the crown out to the 2nd Click Position.
- 2. Turn the crown clockwise to set the day.
- 3. After the day has been set, push the crown back to the Normal position.* The day is changed during the period from 0AM to 5AM.

C) SETTING THE DATE

- 1. Pull the crown out to the 1st Click Position.
- 2. Turn the crown clockwise to set the date.
 - * If the date is set between the hours of around 9:00 PM and 1:00 AM, the date may not change on the following day.
- 3. After the date has been set, push the crown back to the Normal position.

D) SETTING THE TIME

- 1. Pull the crown out to the 2nd Click Position.
- 2. Turn the crown clockwise to set hour and minute hands.
- 3. After the time has been set, push the crown back to the Normal position.

E) SETTTING THE DUAL TIME

Press button "A" to set the dual time hand forward in units of 15 minutes.

Press button "B" to set the dual time hand back in units of 15 minutes.

*The dual time hand can be put rapidly by continuously pressing button "A" or "B".