

IMMUNE BOOST



DAILY MULTIVITAMIN / IMMUNE SUPPORT

Recommended Dosage

3 CAPSULES WITH MEAL, TWICE DAILY
(for optimal results)

3 CAPSULES WITH MORNING MEAL
+
3 CAPSULES WITH EVENING MEAL

What else should I take?

Endurance athletes

Competing in any long distance endurance sport or doing extended workouts of any intensity, can stress out your immune system enough to make you ill. Research suggests that endurance athletes are six times more likely to become ill following competition than the average person in the street. We recommend taking Immune Boost alongside other products to maximise your overall health wellbeing, for example Xendurance tablets.

CrossFit / Gym athletes

We recommend taking Immune Boost alongside other products that will aid your overall training, such as Creatine-JB or Xendurance tablets.

How should I take it?

Consume alongside food

To help aid absorption, take the tablets alongside your morning / evening meal.

Take alongside a healthy diet and lifestyle

It is important to ensure your overall diet is healthy and nutritious, containing lots of alkaline based foods that can help to reduce inflammation.

Vegan friendly / Non-GMO / Gluten free /
Preservative Free

Contains no added sugar, salt, wheat,
yeast or dairy products artificial
preservatives, colours or flavours.



TEAM**XND**