

FOCUS



ENERGY / CLARITY / MEMORY DRAGONFRUIT

Recommended Dosage

**1 STICK PACK +
120-230ML WATER**

Focus can be taken **throughout the day**

Focus is a proprietary, nootropic blend made with clean, natural energy sources to help you achieve a zen-like state of concentration. Incorporate Focus into your daily routine to help battle distractions and stay on top of your game all day long.

What does it contain?

- ALPHASIZE® - Helps maintain and improve memory, concentration, focus & helps to increase peak force & power output, strength & agility*
- Beet Root Powder - Promotes improved natural energy and stamina*
- Natural Green Tea Extract + L-Theanine - Combination promotes heightened focus, awareness, energy and mental endurance*
- L-Tyrosine - Supports learning, memory, and alertness

How should I take it?

Take before, during or after workout

Focus can be taken before, during or after workout, depending on what suits you best. It can also be taken during the day as a natural alternative to caffeine.

Mix with other products

Focus can be combined with all Xendurance products. A lot of athletes combine them with Fuel-5 to provide fuel and electrolytes during training

Take as and when needed for a natural boost

Focus can be taken throughout the day, as an alternative to drinking coffee / tea.

Vegan friendly / Non-GMO / Gluten free /
Preservative Free

Contains no yeast, wheat, corn, milk,
egg, soy, artificial colours, sugar starch



TEAM
XND