



**PARRY
SOUND
FAMILY
HEALTH
TEAM**

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Ibuprofen dosing for children

While children's formats of ibuprofen (also known as Advil, Motrin) are unavailable, here is how to get an appropriate and safe dose of ibuprofen for your child using adult 200mg (regular strength) ibuprofen tablets.

Acetaminophen (aka Tylenol) is an alternative product also used for pain and fever in children. This table refers to dosing of IBUPROFEN, not acetaminophen.

Note that ibuprofen for adults is sold as 200mg, 300mg, 400mg, and even 600mg tablets.

This table aids only in use of the **200mg regular strength tablets**.

Regular 200mg ibuprofen tablets can be crushed and mixed with a small amount of food. It is to be used every 6-8 hours as needed for pain or fever. Do not give more than 4 doses in a 24 hour period.

Child's Weight	Target dose in milligrams	How much 200mg tablet to use
12-18 lbs (~6-8 kg)	50mg	1/4 tablet
20-35 lbs (~9-16 kg)	100mg	1/2 tablet
36-47 lbs (~17-21 kg)	150mg	3/4 tablet
48-59 lbs (~22-27 kg)	200mg	1 tablets
60-71 lbs (~28-32 kg)	250mg	1 & 1/4 tablets
72-95 lbs (~33-43 kg)	300mg	1 & 1/2 tablets
96 lbs or more (44kg and up)	400mg	2 tablets. (but limit to 6 tablets/24 hours)