

How to fit a cloth nappy

1



Position nappy just above bubs bum crack.

2



Pull your nappy up through the croch by pinching the middle as you pull it up. This is called the "taco" method.

3



Pull the top of the nappy up around bubs waist.

4



Secure the hip snap to make the leg seal secure. Then secure the waist snaps to where they naturally reach. No need to make it super tight.

5



Check your bub has at least a 2-finger gap around the waist. We don't need it to be tight! Just enough to be secure but enough room for bubs tummy to move and sit comfortably.

6



Tuck all excess material under the rise snaps upwards using two fingers as shown.

7



Time to tuck and tidy! Make sure those leg elastics are nice and snug in bubs groin, just like where undies would usually sit.

8



Pull up the side of your nappy so the wing is sitting above bubs thigh and isn't cutting across the top of bubs leg.

9



Congrats!
You are done!

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