

# HOW TO FIT A GREMLIN NAPPY

1



Position the back elastic of the nappy just above the child's bum crack with the wings positioned over the top of the thigh.

2



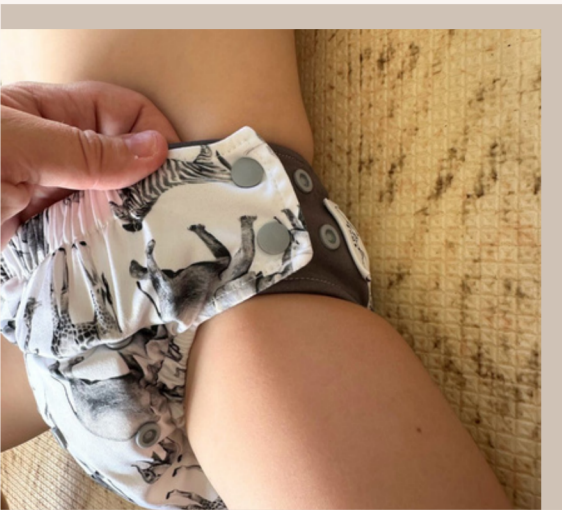
Pull your nappy up through the crotch by pinching the middle as you pull it up. This is called the "taco" method.

3



Bring the side coloured wing up around the top of the thigh to secure. No need to adjust the snaps on the front of the nappy as these are pre-set.

4



Secure the snaps so the nappy is comfortable around the waist, ideally you should be able to fit 3 fingers comfortably in the front. Having it too loose will lead to gaps around the legs and leakage.

5



Pull up the side of your nappy as shown so the wing is sitting above the child's thigh so it isn't cutting across the top of the leg.

6



Finished! The nappy should be fitted like the above picture. No wings sitting out, and elastics all tucked comfortably into the groin.