

DAY CARE FIT GUIDE

HOW TO FIT A CLOTH NAPPY

1



Position the back elastic of the nappy just above your baby's bum crack.

2



Pull your nappy up through the crotch by pinching the middle as you pull it up. This is called the "taco" method.

3



Flatten the front of the nappy to sit across your child's hips, the front of the nappy should sit above the top of the thigh.

4



Secure the hip snap to make the leg seal secure. Then secure the waist snaps to where they naturally reach. No need to make it tight and ensure there is a 2 finger gap at the tummy.

5



Ensure the fabric in the fold of the rise snaps is tucked facing upwards, this will allow the elastics to seal properly around the thigh, use two fingers to tuck this up as shown.

6



Time to tuck and tidy! Make sure those leg elastics are nice and snug in bubs groin, just like where undies would usually sit.

7



Pull up the side of your nappy as shown so the wing is sitting above your child's thigh and isn't cutting across the top of the leg.

8

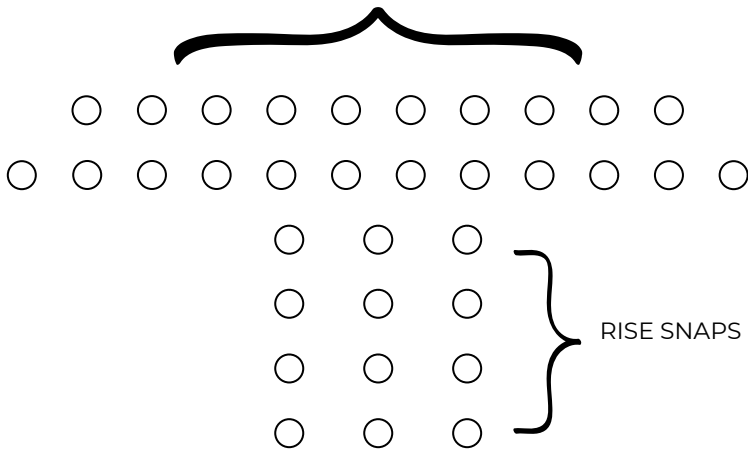


And you are done! Remember, the snaps in the middle of the nappy do not need to be even, pictured is the waist snaps on uneven settings.

SNAP PLACEMENT GUIDE.

Please fit the cloth nappy on the same settings as marked below on the snap placement guide.

WAIST & HIP SNAPS



RISE SNAPS

NOTE: Rise snaps are usually pre-set and don't require adjusting, do not unsnap these.

WHICH SNAPS DO I USE?

HIP SNAP
Designed to secure the leg elastic and stop leakage.

WAIST SNAPS
Fastens the nappy around the waist.

