

CONGRATULATIONS

Here are some things we can help with preparing your Obstetrics Referral:

Are you on prenatal vitamins? If not, speak to our pharmacist about which option may suit you best. Prenatal vitamins provide adequate folate for your current pregnancy to prevent neural tube defects later on!

Your first visit! In your first in-person visit, our team will confirm pregnancy in clinic and take your preliminary vitals and systems review. In addition to this, you will be given your preliminary blood work requisition and dating US. We will be sending these to your OB referral!

Dating Ultrasound to be completed at week 6/week 7

Multiple Marker Screening for Down Syndrome, Trisomy 18, Open Neural Tube Defect at week 12/week 13

Second Trimester Ultrasound: 13-27 weeks

Third Trimester Ultrasound: 28 weeks +

Do not hesitate to go to the Emergency Room if you are experiencing fever, chills, sweats, abdominal cramping, vaginal bleeding.

