

Supplies

- Artesprix Iron-on-Ink™
- Blank Headband
- Plain Copy Paper
- Heat Tape
- Protective Paper
- Heat Source: Craft Press or Heat Press
- Project Mat (if using handheld Heat Source)



BLANK	TIME (Seconds)	TEMPERATURE
Headband	45	400°F

Directions

1. Trace the Headband with a pencil on Plain Copy Paper.
2. Use Artesprix Iron-on-Ink to create the design. Keep in mind any text will need to be mirrored.
3. Place the blank onto the design and secure with Heat Tape.
4. Create a "Sublimation Sandwich." Cut three pieces of Protective Paper the size of the blank. Place one piece under the blank, another between the blank, and one on top of the design.
5. Transfer the design at 400°F for 45 seconds.
6. Carefully remove the design from the Headband.

Pro Tips:

- Lint roll and pre-press fabric material before securing the design.
- Before transfer, ensure the project is positioned so the heat only has to go through the paper to dye the blank.
- After transfer, before removing tape and the design, confirm the transfer is bright and vivid. If it is not, check the transfer time, temperature, pressure, and how the project is positioned, and re-press.
- Allow blank to cool before transferring to the other side.