

SHOULDER WRAP: QUICK START GUIDE

⚠ ATTENTION: CONSULT ACCOMPANYING DOCUMENTS BEFORE USE.

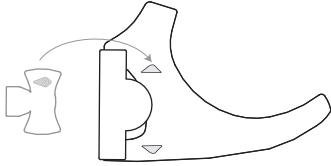
1

Place Gel Pack in freezer for 12 hours prior to use.



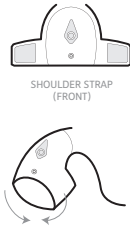
2

Attach cold Gel Pack inside of wrap using velcro.

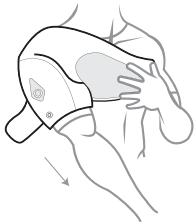


3

Before putting on wrap, fasten the straps on either side of the connector tube together to create an armhole.



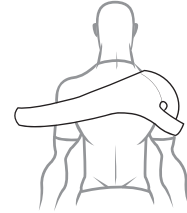
4



Insert arm with the connector pointing towards wrist. Wear wrap over clothing.

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5

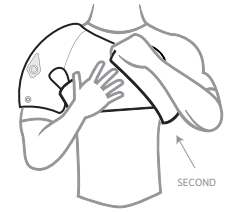


Two straps are behind you. Fasten the shorter strap under the arm receiving treatment.

FIRST

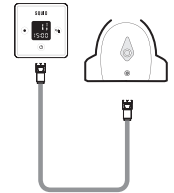
6

Wrap the longer strap around the torso, under the opposite arm.



7

Attach connector tube to pump and wrap.



8



Begin 15 Minute Treatment.