

NEWEARTH body

DAILY

MORNING

Cleanse face with 3-in-1 oil or witch hazel

Moisturize face with 3-in-1 and/or an SPF moisturizer

Moisturize with Hands & Nails Oil

EVENING

After shower, moisturize whole body with your favorite hydrating body oil

Cleanse face with 3-in-1 oil or witch hazel

Moisturize face with Nightly Facial or 3-in-1

Moisturize with Hands & Nails Oil

WEEKLY

EXFOLIATING

1-3 times per week depending on skin sensitivity. For body, sugar body polish. For face, sea moss or Konjac sponge.