

HOME ICE ADVANTAGE PRESENTS

SPRING TRAINING '23

APRIL 10-MAY 19
MONDAY- FRIDAY

OUR 6 WEEK AGE
SPECIFIC PROGRAM IS
INTENDED TO
INCREASE POWER,
EXPLOSIVENESS,
AGILITY, STAMINA,
BALANCE & STRENGTH.

REGISTER AT
HOMEICECHICAGO.COM



HOME ICE ADVANTAGE SPRING TRAINING

SKATE LESS, TRAIN MORE

APRIL 10-MAY 19
MONDAY- FRIDAY

MITES 4:10PM

SQUIRTS 5:10PM

PEE WEES 6:10PM

BANTAMS 7:10PM

HIGHSCHOOL 8:10PM

1X PER WEEK = \$210

2X PER WEEK = \$360

\$60 SAVINGS

LIMITED SPOTS AVAILABLE. BOOK TODAY!

FOR QUESTIONS, PLEASE EMAIL HELLO@HOMEICECHICAGO.COM

REGISTER AT

HOMEICECHICAGO.COM UNDER MEMBERSHIPS