



Kids love snacks, especially when they get to help prepare the food. Bible Bites is a 10-Lesson curriculum that uses simple recipes to explore the parables of Jesus. Children will love the hands-on experience, the yummy treats, and learning the most familiar lessons in the Bible.

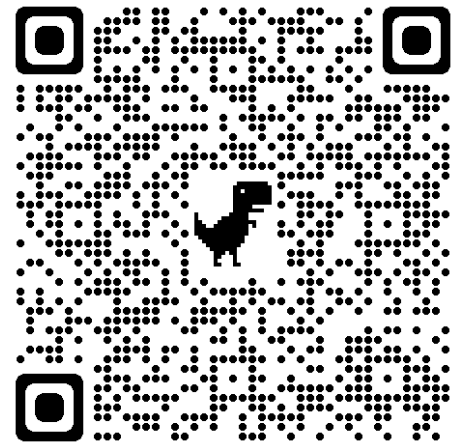
Bible Bites is guaranteed to keep kids attention, get them into God's Word, and help them connect personally with the love of Jesus Christ.

What is Bible Bites?

- Bible Bites is a 10-week Sunday School Curriculum on the Parables of Jesus for children.
- The way to a child's heart is through fun and food! So, why not combine these elements with Biblical knowledge to feed their bodies and their souls?
- Kids will love this easy-to-digest teaching format. In each lesson, kids will prepare and enjoy a snack while learning about the parables of Jesus.

You are viewing the free sample lesson, to purchase the complete 10-lesson series follow this link:

<https://sundayschool.store/products/bible-bites-10-lesson-parables-of-jesus-curriculum>

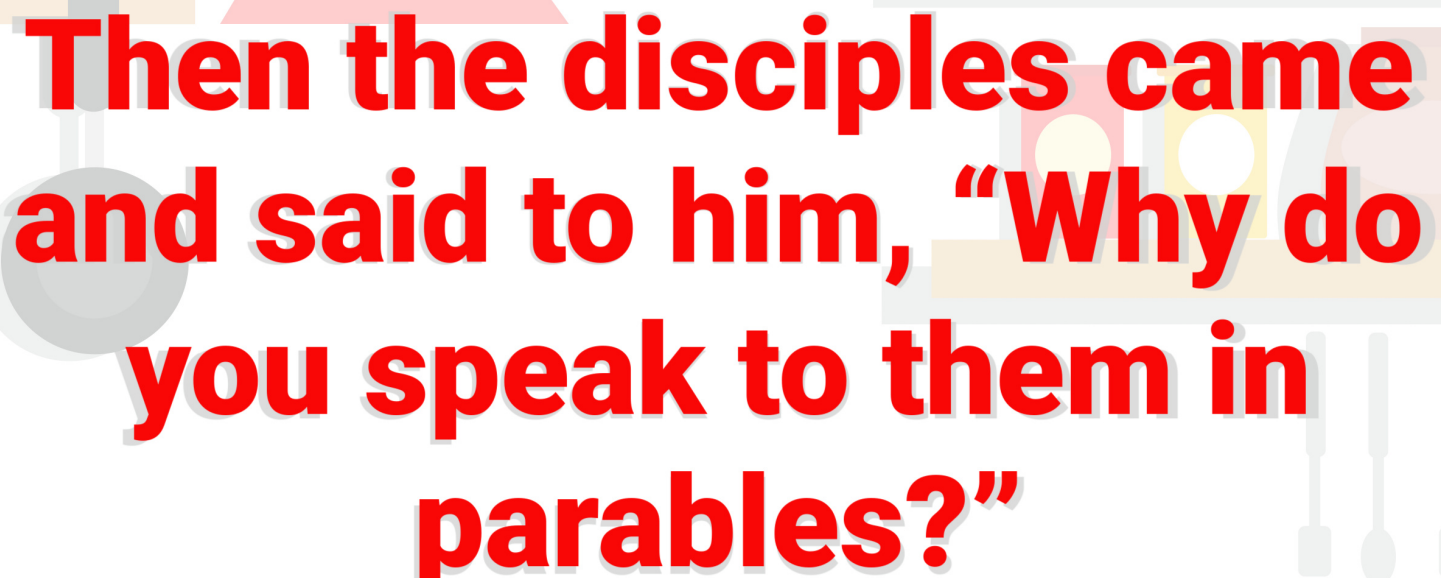


10 Week Lesson Overview

1. The Parable of the Lamp Stand (Matt. 5:14-16)
2. The Parable of the Speck and the Log (Matt. 7:1-5)
3. The Parable of The Wise and Foolish Builders (Matt. 7:24-27)
4. The Parable of the Mustard Seed (Mark 4:30-33)
5. The Parable of the Hidden Treasure and the Pearl (Matt. 13:44-46)
6. The Parable of the Tenant Farmers (Matt. 21:33-41)
7. The Parable of the Lost Sheep (Luke 15:3-7)
8. The Parable of The Barren Fig Tree (Luke 13:6-9)
9. The Parable of The Friend at Midnight (Luke 11:5-10)
10. The Parable of the Two Servants (Matthew 24:45-51)

Every Lesson Includes

- Group Snack Activity
- Simple Bible lesson
- Discussion questions and prayer
- Memory verse activity
- Printable Bible activity worksheets (younger & older versions)
- Bible coloring page
- Multiple age-appropriate learning activities
- Take home review sheets for parents



**Then the disciples came
and said to him, “Why do
you speak to them in
parables?”**

Matthew 13:10 ESV



**Bible
Bites**

10 Lesson Study on the
Parables of Jesus

Lesson 1: The Lamp Stand Candy Melt Candles



**Bible
Bites**

10 Lesson Study on the
Parables of Jesus

The Lamp Stand

“Let Your Light Shine” Matt. 5:14-16

Summary: Jesus reminds the people that they should be doing what is right and glorifying their father in Heaven—letting their “light” shine for the world to see.

A lamp on a lamp stand would have been a very common object in homes of Jesus’ time. The lamp consisted of a pitcher of oil with a floating wick. The wick would be lit and then placed on a stand so it would shine light on the whole room. Jesus uses this illustration to explain how we should present ourselves to the world once we have the light of Jesus inside of us. We shine that light on others, so they, too, can understand the hope of Jesus and put their faith in him.

Gospel Connection: This lesson will help children make the connection between knowing God’s truth and sharing it with others. They will come to understand that Jesus wants everyone to know the Gospel and be a part of God’s eternal kingdom. While we read the Bible to be filled with God’s light, others, who don’t know Jesus, watch us. So, we should be an example of God’s love, kindness, and truth.

Memory Verse: “Then the disciples came and said to him, ‘Why do you speak to them in parables?’” Matthew 13:10 ESV

Additional Passages and Stories: Matthew 5:14-16; 1 Peter 2:12



Memory Verse Activity:

Hand Motions

Suggested time: 5 - 10 minutes

Supplies: None

Instructions:

- Help the kids memorize the verse by creating motions to go with it. Consider adapting sign language, or use the suggested movements provided below:

“Then the disciples came (Pat the air as if you’re patting each disciple on the head)

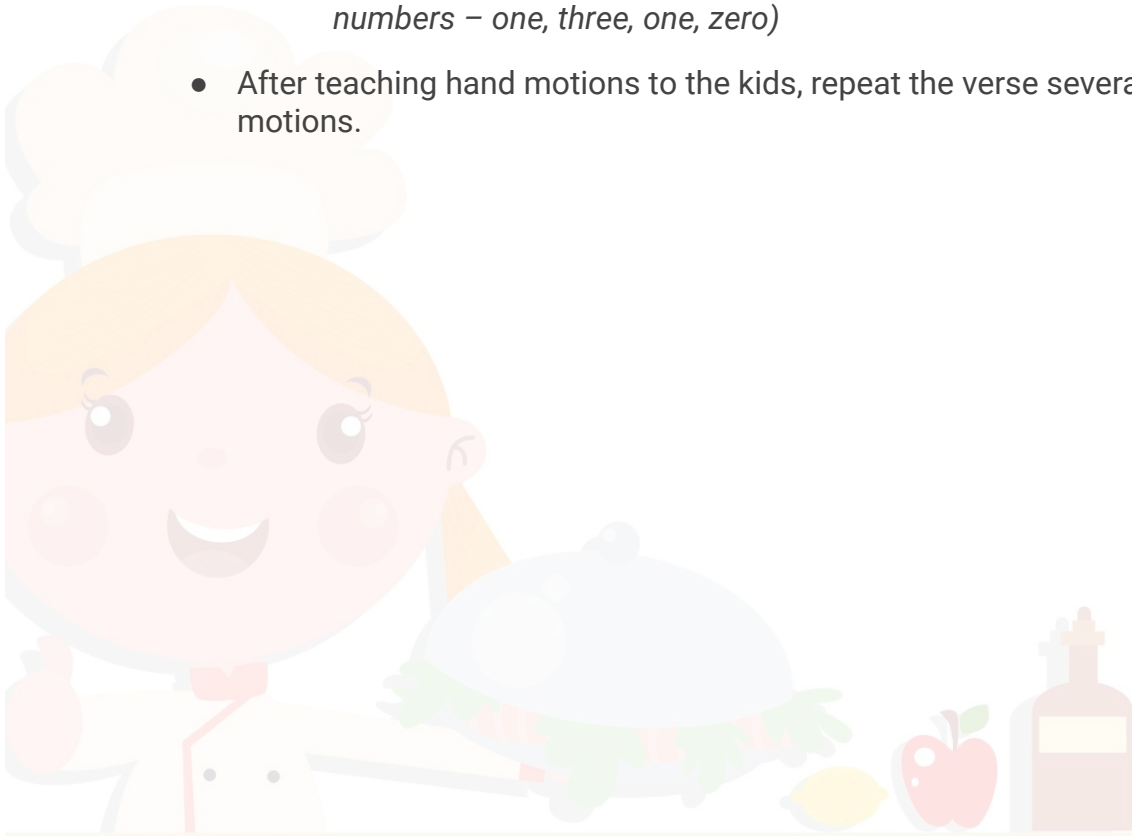
And said to him, (Cover your mouth and then lay your palm flat like you’re blowing a kiss)

‘Why do you speak to them (Put your cupped hands around your mouth)

In parables?’” (Pretend to open a book using your hands)

Matthew 13:10 (Draw an “m” in the air with your pointer finger; hold up numbers – one, three, one, zero)

- After teaching hand motions to the kids, repeat the verse several times using the motions.



Bible Bites

10 Lesson Study on the Parables of Jesus

Bonus Memory Verse Activity:

Guess the letters.

Suggested time: 5 - 10 minutes

Supplies: Chalkboard, dry-erase board, or large tablet of paper, chalk, dry erase markers, or poster markers

Instructions:

- Draw a blank for each letter of each word in the memory verse.
- Allow each child to guess a letter to fill in the blanks.
- When a child is ready to guess the whole verse, they must wait until it is their turn again.
- Once the whole memory verse has been revealed, recite the verse together and practice the corresponding hand motions.



Lesson 1 Recipe:

Candy Melt Candles

Suggested time: 20–25 minutes

Supplies: Smoothie Straws (larger than regular straws); Pull apart licorice Candy; Vanilla Candy Coating; Plastic sandwich bags; Chopsticks; Bag of white sugar; Cups; Paper plates; Microwave; Scissors

LEADER: Good morning, everyone! We're going to be starting a new series this week. It's called Bible Bites. What do you think it will be about? (allow for answers) Food! That's right! We're going to be making different snacks and treats to help us remember God's Word!

Before we start with today's treat, I have a question for you today. Where does light come from? What are some sources of light in our homes? (light fixtures, flashlights, nightlights, LED lights, neon signs, etc.) Those are all great examples. What is a source of light on our birthdays? Candles! That's right! Who has ever had candles on their birthday cake? Yes, many of us have. What do people typically do when they are about to sing happy birthday and light the candles? They turn the lights down and light the candles, right. Why do you think we do that? [allow for answers] It's because we want to see the flames of the candles shining brightly. And if the lights are turned out, we can see the light shining brightly, right? Think about that for a minute while we set up our recipe for today.

Instructions:

- Before the lesson, put about two tablespoons of sugar into each cup. Make enough for each kid to have one. Do not allow the kids to eat the sugar!
- Give each child a paper plate, a smoothie straw (cut in half), one strand of Twizzlers Pull n Peel candy.
- Have the children come up to the microwave with their plate four at a time. Microwave four pieces of vanilla candy coating for a total of 90 seconds (stirring several times) inside of a glass measuring cup.
- Cover a small cup with a sandwich bag. Use a spatula to scoop the liquid candy into four plastic sandwich bags.
- Use your fingers to push the candy toward the bottom left corner of the sandwich bag. Once the candy is collected in the corner, twist the bag to form a piping bag. Snip the end of the bag to create an opening for the candy to escape.

- Allow the child to squeeze the candy into their straw and fill it up. The best way to do this is by holding the straw horizontally and filling it at both ends. Have the children place their filled straws onto their plates and bring them back to their table. Once there, the child will need to immediately stick their straw into the sugar. This will help to coat the bottom of the “candle” and keep the candy inside.
- Now, the children will pull off a piece of their Twizzler and stick it into the top of the straw to form the candle’s wick. Place the finished candles into the fridge for 10 minutes to allow them to set.
- Once the candle has hardened, have the children push the candy out of the straw with a chopstick.
- When everyone has had the chance to create their candle, you may allow the children to eat their candles.

****Note:** Give children a coloring sheet to work on while everyone is creating their candles.



Transition to **Large Group Teaching.**

Large Group Teaching:

Suggested Time: 10 - 15 minutes

Discuss ways that light makes a difference in our lives (nightlights, lamps, headlights on cars, flashlights, and so forth). Connect these light sources with the way that we are supposed to present ourselves as Christians in a dark world.

LEADER: What did we create today with our recipe? A candle, that's right! We talked about how we turn the lights off or down when we blow out our birthday candles so that we can see the candles burning brightly. Well, did you know that Jesus called us the "light of the world." What do you think he means by that? [Allow responses.]

Does he mean that we literally glow like a flashlight if we believe in Him? No, Jesus is using a special story, called a parable, to get his point across. A parable is a "bite sized" story that teaches a big truth about God or His Kingdom. Jesus often used parables to teach, and as we memorize our verse, we'll understand why..

Bible Passage: Help the kids understand the background of this passage and what the lamp and lamp stand meant to the people of that time. The people that Jesus encountered were not Bible scholars. They lived lives of simplicity. Their focus was on keeping their families safe, warm and fed. Jesus didn't speak down to the people just because he was more knowledgeable. He used examples that would make sense to them.

LEADER: A lamp on a lamp stand was a very common object in homes of that time. The lamp consisted of a pitcher of oil with a floating wick. The wick would be lit and then placed on a stand so it would shine light on the whole room. Jesus used this illustration to explain how we interact with the world once we have the light of Jesus inside of us. A lamp cannot light itself, but once lit, the fire burning on it can light other lamps. In a similar way, we cannot make ourselves shine with Jesus' light. However, once we have the light, Jesus can use His light in us to set other people's lives aglow..

READ: "You are the light of the world. A city set on a hill cannot be hidden. Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house."

Matthew 5:14-15

LEADER: What will happen if you cover a light? [Allow responses.] It won't be useful! That's right! The purpose of a light isn't just to be seen, it's to make it so you can see

everything else clearly. Jesus loves us in a way that can transform our lives completely. His love helps us see life more clearly. We can be good examples of God's love and truth in the world. We all know that the world can be a dark and scary place sometimes. But God calls us to be a light in that darkness so others will be drawn to Jesus. He wants us to show love for others and share about Jesus so that we can glorify our "Father in Heaven."

Can any of you explain what it means to "glorify God"? [Allow responses.] Great answers! Glorifying God means living in a way that shows other people just how Good God is. Glorifying God can help guide others to Christ like a beacon of light. That means being a shining example of God's truth. It doesn't mean we have to be perfect, but we should strive to be like Jesus so that others will see that we are different and be drawn to a life of faith.

LEADER: God calls us to be shining examples of Jesus so that others will know that we are different. We aren't overcome by the darkness of the world. We help others find safety and hope in Jesus.

READ: Keep your conduct among the Gentiles honorable, so that when they speak against you as evildoers, they may see your good deeds and glorify God on the day of visitation.

1 Peter 2:12

LEADER: In this passage Peter encouraged his fellow Christians to be good representatives of Christ. He reminded Christians that even when others speak against us or try to get us into trouble, we still must behave in a way that glorifies God.

When we say we follow Jesus but do not think, speak, or behave in the ways Jesus did, it sends untrue messages about God to the world. If we say "God loves you," and then treat people unkindly, cruelly, and unlovingly, it communicates that we don't really believe what the Bible teaches. Other people may wonder why they should trust the Bible if we don't even seem to.

But the wonderful thing about walking with Jesus is that, even when it feels difficult, God is with us to give us power and strength. When a light is turned on, it doesn't have to try extra, super hard to make enough light. As the power of electricity flows through it, it simply does what it was made to do! In a similar way, we were made to glorify God, and when His power is inside us, we do exactly what He made us to do! The light of God in our lives can help guide others to Him, and He can light their lives as well!

10 Lesson Study on the
Parables of Jesus

Small Group Discussion and Prayer Suggestions:

Suggested time: 10 - 15 minutes

Discuss the following questions. Choose questions that are most appropriate for your group's age and attention level.

- What is the name of the type of story that Jesus tells his followers to help them understand God's truth?
- Jesus calls us a "_____ of the world?"
- Jesus says if we have a lamp, we wouldn't hide it under a _____.
- How do we shine our lights in the darkness?
- What's one way we can shine our lights in the world?
- Why do you think parables were an effective way to explain Jesus' teachings?

Prayer time: This could be an "echo prayer" in which kids repeat a line a time, or simply a prayer led by the teacher/leader:

Dear God,

Thank you for giving us Jesus

And allowing Him to make the ultimate sacrifice for us.

Thank you for allowing him

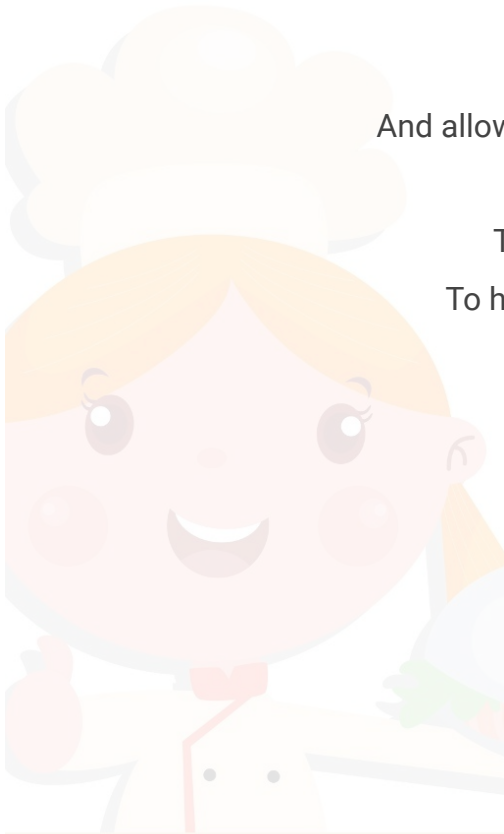
To walk the earth and use his parables

To help the world understand your goodness.

We pray that we would be lights

In the world for you every day.

In Jesus name, Amen!



**Bible
Bites**

10 Lesson Study on the
Parables of Jesus

A Note for Parents:

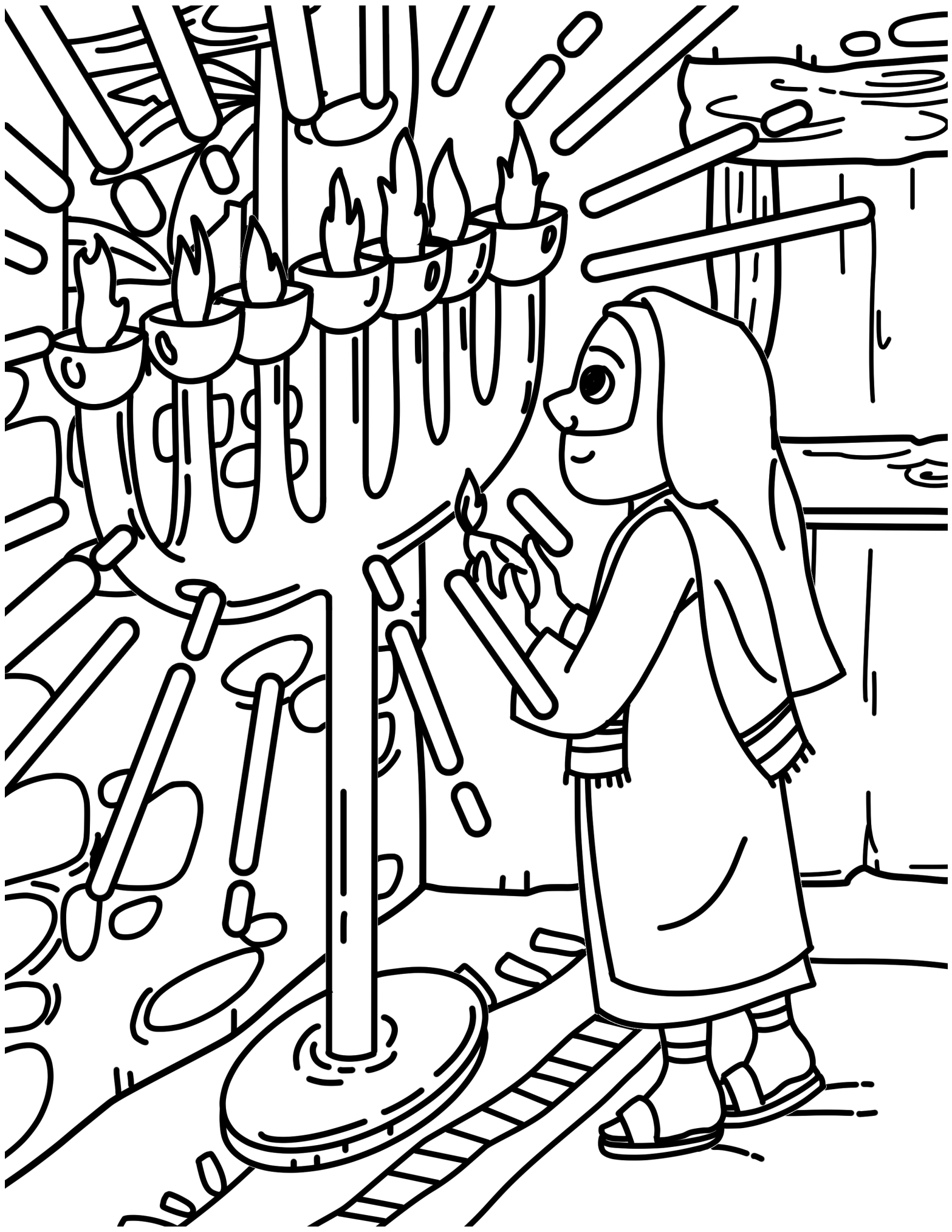
Let Your Light Shine! Even if you didn't go to Sunday School on a regular basis as a child, you probably know the song "This Little Light of Mine." While we might not have thought the song had a deeper meaning as children, the concept behind the song is one of profound Biblical truth. We are called to be lights in the world, which is a big job. Today, we talked about the Parable of the Lamp Stand and what it means to be a light in the world. The children created edible candles to help them remember to share God's truth and the hope of Jesus to others around them.

Over the next few weeks we are going to be exploring several of the Parables of Jesus and how he used simple truths and examples to explain big concepts. As we go through each part, we'll talk about how each parable spoke to the situations of Biblical times and how it still speaks to us today.

As we go through these lessons, spend some time at home talking about each principle and what will be discussed, and putting them into practice. Some possible suggestions for conversation or activity include:

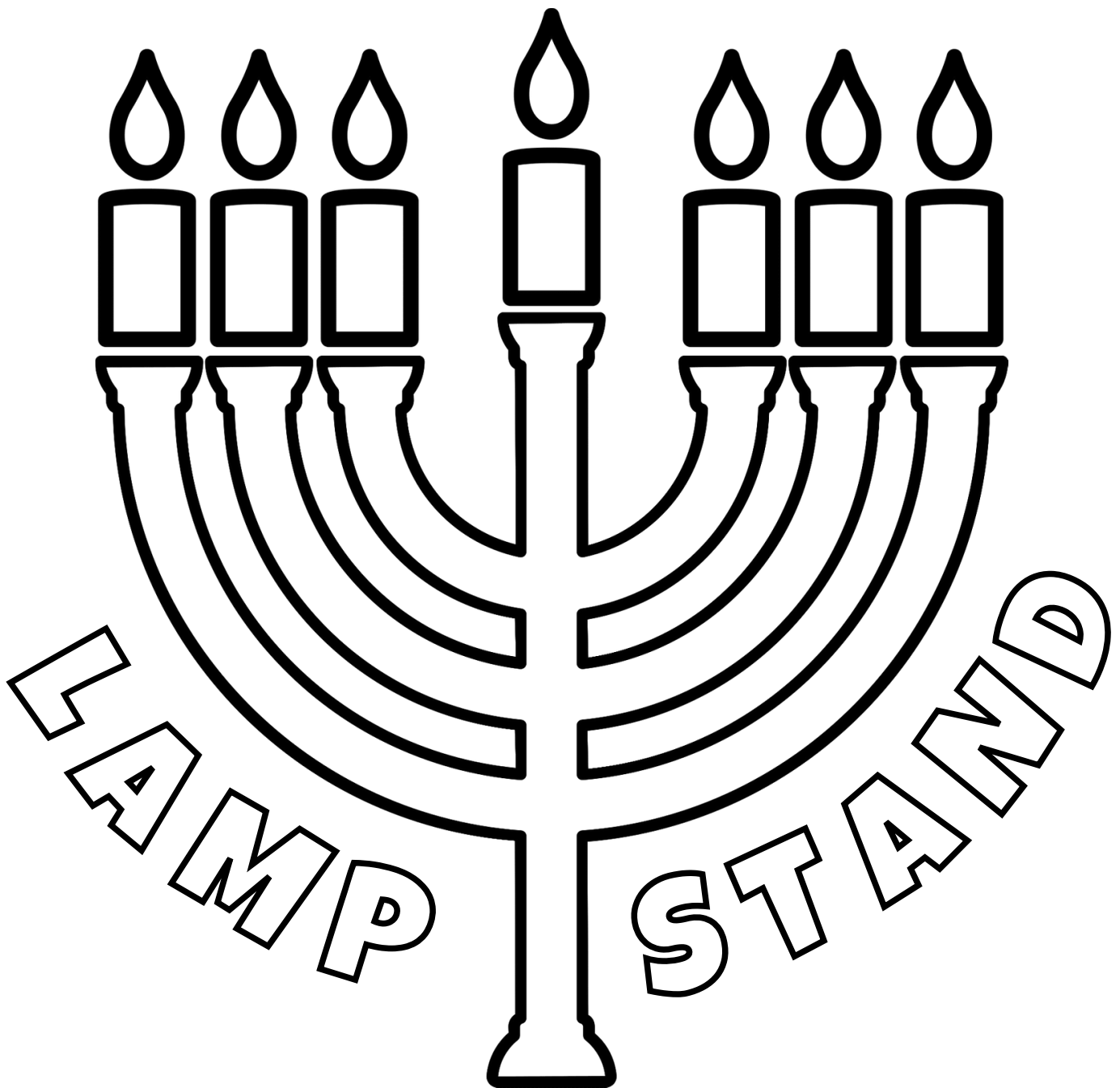
- What is the name of the type of story that Jesus tells his followers to help them understand God's truth?
- Jesus calls us a " _____ of the world?"
- Jesus says if we have a lamp, we wouldn't hide it under a _____.
- How do we shine our lights in the darkness?
- What's one way we can shine our lights in the world?
- Why do you think parables were an effective way to explain Jesus' teachings?
- Make a list of five people you can talk to about Jesus as a family.
- Make a blanket fort in the living room and use flashlights to create shadow puppets. Remind your children that the world is sometimes a dark place, but we have the light of Jesus to light our path.

Review and discuss the lessons with your children regularly. You might already have a dedicated prayer or Bible time in your home. If so, great! If not, perhaps it is the time to start one. It doesn't have to be formal. You can speak about God's truth on the way to activities or around the dinner table. Remember that training a child is a constant task, but it is also the most significant and rewarding one we can undertake.



The Parable of the Lamp Stand (Matt. 5:14-16)

Directions: Complete the coloring activity.



Directions: Find the words given in the word search.

The Parable of the Lamp Stand (Matt. 5:14-16)

Then Jesus asked them, "Would anyone light a lamp and then put it under a basket or under a bed? Of course not! A lamp is placed on a stand, where its light will shine."

O	E	N	S	G	V	R	L	Z	M	E	V	P	A	W	G	V	U	W	Z
J	X	Q	N	S	Q	I	A	U	C	U	N	I	A	Y	O	I	M	G	U
O	H	I	Y	T	Q	S	M	C	D	P	I	B	K	E	C	B	F	U	L
L	R	L	U	A	V	G	P	K	P	T	Q	D	R	M	G	W	C	S	X
P	K	C	W	N	I	M	M	Y	G	E	C	Z	J	D	H	I	Y	J	Z
T	C	J	J	D	R	Y	K	S	H	W	N	Q	R	M	U	H	B	A	X
N	E	Z	V	B	N	E	F	P	G	Q	P	B	R	I	A	V	M	W	M
N	T	F	X	E	M	S	S	W	X	K	A	B	A	S	K	E	T	H	F
Z	D	A	U	D	P	D	N	K	S	K	H	D	F	V	U	R	F	F	K
J	Z	L	I	G	H	T	W	U	C	H	G	O	B	U	J	N	C	K	W
R	S	P	M	M	K	H	A	F	L	C	I	J	N	V	L	C	G	G	W
U	L	P	K	B	N	W	N	G	P	X	Z	N	K	J	D	L	R	M	Y
K	I	D	G	V	M	R	F	E	F	R	D	L	E	B	C	I	F	D	M
Q	K	B	M	E	Q	Z	W	G	A	F	Y	S	R	C	T	E	A	M	B
K	P	P	D	K	W	K	Y	T	O	V	A	P	Z	Z	F	S	B	G	D

WORD BANK

LAMP

LIGHT

BED

STAND

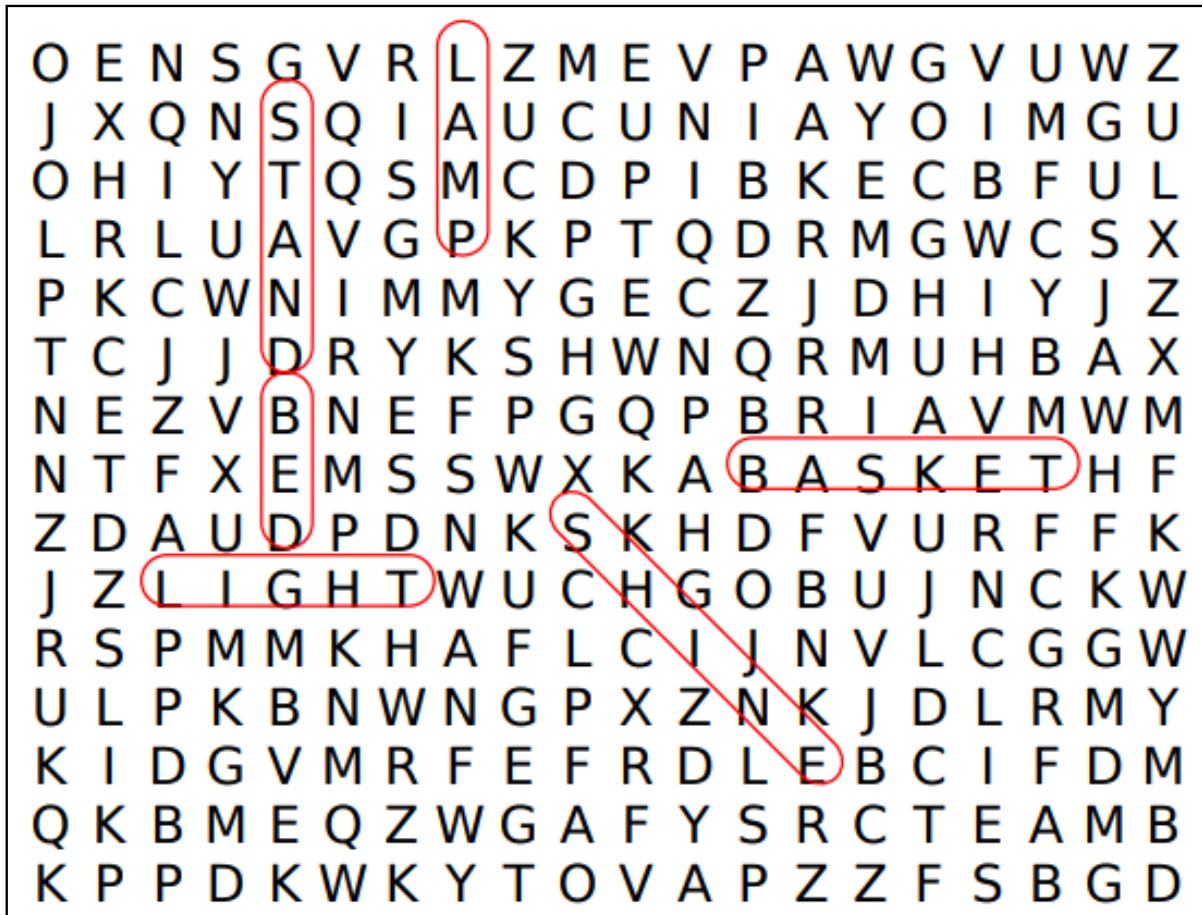
BASKET

SHINE

Directions: Find the words given in the word search.

The Parable of the Lamp Stand (Matt. 5:14-16)

Then Jesus asked them, "Would anyone light a lamp and then put it under a basket or under a bed? Of course not! A lamp is placed on a stand, where its light will shine."



WORD BANK

LAMP

LIGHT

BED

STAND

BASKET

SHINE