



“Unbreakable: 4-Week Children’s Ministry Curriculum” shows the power of Christian character and will help kids develop resilient faith that can stand the test in hard times.

Week 1: Do the Right Thing – The Story of Abigail (1 Samuel 25) Her character shined with wisdom. When things got tough, she kept her cool and helped others.

Week 2: Give from the Heart – The Widow’s Offering (Mark 12:41-44) This woman gave everything she had, even though it was a very small amount. This earned Jesus’ praise.

Week 3: Speak Up! – The Courage of Stephen (Acts 6:8-7:60) This man’s courageous faith led him to speak up, even when others opposed his message.

Week 4: Never Give Up – Jehoshaphat’s Reforms (2 Chronicles 17:1-10) This King worked to bring his people back to God and gives us an example of persistence.

Gospel Connection: Ultimately, it’s a personal relationship with Jesus Christ that is the source of one’s “UNBREAKABLE” character.

Video Bible Stories: Use this link to access recommended Bible story videos and bonus content for this curriculum series. https://linktr.ee/unbreakable_curriculum



Week 1: Do the Right Thing

Bible Story: The Story of Abigail (1 Samuel 25)

Key Verse: Proverbs 11:3

Main Idea: This week, we learn from Abigail, who showed great wisdom and honesty. Even when things got tough, she kept her cool and did the right thing. This story helps us see that hard times are a chance for true character to shine through.

Gospel Connection: Ultimately, it's a personal relationship with Jesus Christ that is the source of one's "UNBREAKABLE" character.

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Introduction & Group Game

“Right Choice Relay”

TEACHER: Hi everyone! I'm so excited to see you all today as we start our "UNBREAKABLE" series. Over the next four weeks, we're going to learn about how our relationship with Jesus helps us build strong and unbreakable character through making wise choices, even in tough times.

This week, we're exploring the story of Abigail and how she made the right choices under pressure. Like Abigail, we can make wise choices too, especially when we remember that Jesus is our ultimate guide and source of strength.

Game: Right Choice Relay

Supplies Needed:

- Two baskets or containers
- Simple objects or pictures to symbolize right and wrong choices (e.g., a smiley face for right, a frowning face for wrong)
- Tape to mark the relay path

Setup: Place the two baskets at the end of the relay path, one for each team. Each basket will have two sections: one labeled 'Right' and the other 'Wrong'.

How to Play:

1. Divide the students into two teams. Have each team line up at the starting point. Each team lines up at the starting point.

2. On "Go," the first player from each team runs to the basket, picks an object, and decides if it represents a right or a wrong choice based on what they think Jesus would want us to do.
3. After choosing an object, the students should place it in the correct basket. They place the object in either the 'Right' or 'Wrong' section of the basket, then race back and tag the next player.
4. The game continues until all objects are sorted.

TEACHER: Let's talk about why we make the choices we do. Each choice we make, especially the right ones, should reflect our faith in Jesus. Remember, Jesus gives us the strength and wisdom to choose rightly, just like He guided Abigail. Making right choices isn't just about avoiding trouble; it's about living a life that shows our trust in Jesus and His teachings.

Object Lesson

“ The Weight of Our Choices”

Supplies Needed:

- A large backpack
- A collection of heavy books labeled with negative behaviors (like "Lying," "Cheating," and "Anger")
- A feather labeled with positive behaviors (like "Honesty," "Kindness," and "Forgiveness")
- A cross symbol or a picture of Jesus to place in the backpack

TEACHER: Today, we'll see how our choices, especially the right ones, affect us, just like in Abigail's story. Each of us carries something invisible every day. It's not something you can touch or see, but it's always there—our conscience. Let's think of our conscience like this backpack.

(Show the backpack.)

Every time we face a choice and choose to do something wrong, it's like putting a heavy book into our backpack.

(Start placing books into the backpack one by one.)

Imagine you're carrying this backpack all day. With each wrong choice, it gets heavier and heavier. How do you think that would feel?

(Pause for response, then lift the backpack to show its weight.)

Pretty heavy, right? Making wrong choices, like being dishonest or unkind, weighs us down, just like this backpack full of books. It makes our hearts and minds heavy with guilt or worry.

But here's the amazing part. When we choose to do the right thing, especially when we choose as Jesus teaches us, it's not just about removing a heavy book. It's about replacing it with something light, something that lifts us.

(Place the feather into the backpack. Optionally, place the cross or picture of Jesus inside as well.)

This feather represents doing the right thing—being honest, kind, and forgiving. And the cross? The cross represents Jesus' sacrifice on the cross. It reminds us that He died for our sins and that we can be saved through Him. The picture of Jesus reminds us that He is always with us and helps us make the right choices.

The cross reminds us that Jesus is always with us, helping us make these right choices. When we choose rightly, as He teaches us, we feel lighter, happier, and free, like carrying a backpack with only a feather and our faith in Jesus.

Let's remember every choice we make is important. Choosing rightly not only affects others positively but keeps our hearts and minds free and light. And when we're following Jesus, making those right choices becomes easier because He is guiding us and giving us strength.

So, let's think about this backpack and the feather as we learn more about Abigail's story today. Let's aim to make choices that keep our backpacks light, filled with feathers and the presence of Jesus, by doing what's right according to what God teaches us.

Bible Story

“The Wise Choices of Abigail”

TEACHER: Hello everyone! Today, we are going to explore a fascinating story from the Bible about Abigail. She made some very wise decisions that changed the lives of many people around her. This story is a wonderful example of how important it is to make the right choices and how our faith in Jesus guides those choices.

Abigail was married to Nabal, a wealthy man who was harsh and badly behaved. David, who would later become king, asked Nabal for some food for his men in return for protecting Nabal's shepherds. Nabal rudely refused, angering David.

READ: 1 Samuel 25:2-11

Instead of reacting impulsively, Abigail made a bold and wise decision to intervene and prevent a disaster. What do you think you would have done in that same situation? How would you have felt? (Allow for answers).

READ: 1 Samuel 25:18-19

She quickly gathered food and met David and his men. Her actions not only prevented violence but also showed great wisdom and courage.

READ: 1 Samuel 25:23-31

Abigail's respectful and wise words reminded David to trust in God's justice instead of taking matters into his own hands. David recognized God's hand in her actions and blessed her for her good judgment.

GOSPEL CONNECTION: Just as Abigail made a choice that aligned with God's ways, we are also called to make choices based on our faith. Remember, it is not our good behavior alone that makes us acceptable to God, but our faith in Jesus Christ.

READ: Ephesians 2:8-9

This scripture tells us that our salvation comes through faith in Jesus, not just our actions. Like Abigail, our good decisions should come from our faith in Jesus and His teachings, reminding us that He is our ultimate guide and savior.

What are some ways to show that we trust Jesus in our decisions? (Allow for answers.)

Abigail's story is a powerful reminder of the impact our choices can have when they are guided by faith. As we move through this week, let's think about how we can make decisions that reflect our faith in Jesus, knowing that He is the source of our strength and the reason we can approach God with confidence, not because of what we've done, but because of what He has done for us.

Discussion Questions & Prayer

LEADER: Hello everyone! You all did a fantastic job listening to the story of Abigail today. It's great to see how attentive you were during our lesson. Now, let's talk a bit more about what we learned and think about how we can apply these ideas in our own lives.

Discussion Questions:

- What wise choice did Abigail make? How did her choice help others? Think about how she used her wisdom to prevent a big problem.
- Why do you think it is important to trust God when we make decisions? Abigail trusted God to handle the situation. How can trusting God help us make better choices?
- Can you think of a time when you can choose wisely this week? Maybe at school, at home, or with your friends? How can you show that you trust Jesus in your decision?

Prayer Requests: Now, does anyone have any prayer requests? Anything on your mind, any worries, or something you're thankful for that you want to share with the group? (Allow for responses, then conclude with prayer.) Let's pray together:

Dear God, thank you for teaching us today through Abigail's story about making wise choices. Please help everyone here to remember what we learned and to trust in You as Abigail did. Guide us this week as we try to make good choices that please You. Bless all the prayer requests shared today, and watch over us until we meet again. In Jesus' name, we pray, Amen.

Craft Activity

"Wise Choices Banner"

Supplies Needed:

- Construction paper or card stock
- Markers or crayons
- String or yarn
- Scissors
- Tape or a stapler
- Hole punch (optional)

Directions:

1. Prepare the Paper: Give each child a piece of construction paper or card stock. Have them choose their favorite color to make it more personalized.
2. Design the Banner: Ask the children to fold the paper in half lengthwise, then cut from the open side toward the folded edge, stopping about an inch from the fold. This will create a fringe effect on the bottom of the banner. Open the paper after cutting to reveal the fringed banner.
3. Decorate the Banner: Using markers or crayons, encourage the kids to write "Wise Choices" at the top or middle of the paper, above the fringe. Below or around the text, have them draw or write specific wise choices they want to focus on, such as "Sharing," "Listening," or "Helping others." They can also illustrate scenes or objects that remind them of the story of Abigail.
4. Attach the String: If using a hole punch, make two holes in the top corners of the banner. Thread the string or yarn through the holes and tie it off to create

a hanger. If no hole punch is available, simply tape or staple the string to the back of the paper at each top corner.

5. Display the Banner: Encourage children to hang their Wise Choices Banner in their room or a place at home where they will see it every day as a reminder to make wise decisions, just like Abigail.

Abigail showed UNBREAKABLE character when she did the right thing in a hard situation.





Note for Parents: Week #1

Today, your child began our "UNBREAKABLE" lesson series with the theme "Do the Right Thing," focusing on the story of Abigail, who showed wisdom and integrity in difficult circumstances. This lesson is part of our curriculum to build strong Christian character and resilient faith. Ultimately it's a personal relationship with Jesus Christ that is the source of one's "UNBREAKABLE" character.

Our key verse from Proverbs 11:3 emphasizes the importance of integrity guiding us through life's challenges. This verse and story encourage children to reflect on how their choices impact their spiritual growth and character development.

To continue this conversation at home, discuss daily decisions with your child and explore what doing the right thing looks like in various situations. Thank you for supporting your child's spiritual journey.

Word Search

Directions: Find the words given in the word search.

The Story of Abigail



WORD BANK

ABIGAIL

HONESTY

CHARACTER

WISDOM

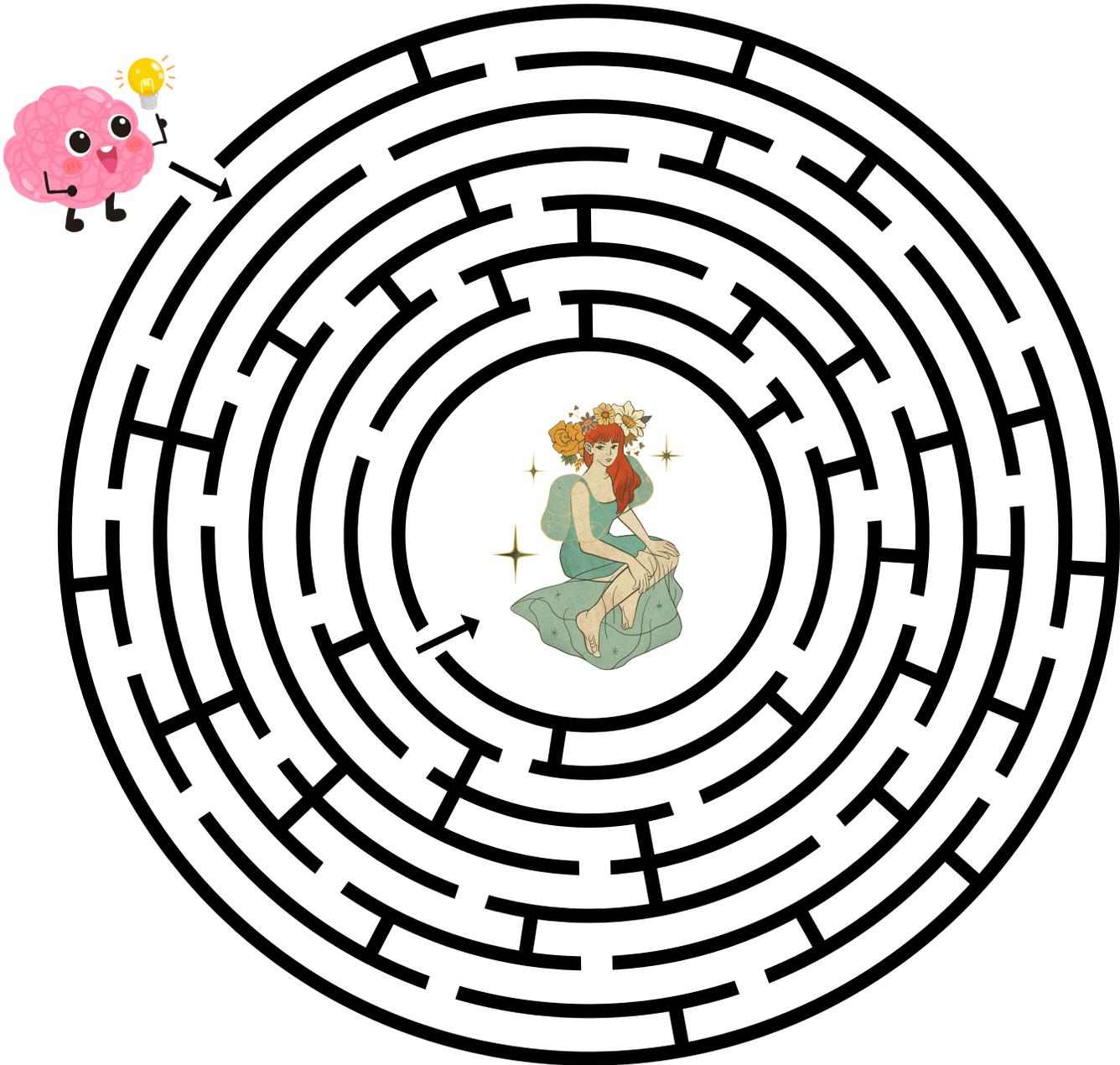
COOL

TOUGH

Maze Activity

Directions: Let's find the way out of this maze!

The Story of Abigail



Word Search

Answer Key

The Story of Abigail



WORD BANK

ABIGAIL

HONESTY

CHARACTER

WISDOM

COOL

TOUGH