

RAW • VEGAN • REFINED SUGAR FREE • GLUTEN FREE • DAIRY FREE • mmmore.com.au

# RAW SLICES MAKED



MINT
PLEASED TO MINT YOU

The breeziest choc mint morsel you'll ever taste, with pure peppermint oil and green spirulina for raw punch.

Organic coconut, sunflower seeds, organic cacao powder, organic spirulina, organic peppermint oil, dates, organic brown rice syrup, organic coconut oil



CARAMEL REALLY RAW CARAMEL

Smooth date and cashew caramel filling sits pretty between rich raw chocolate and a biscuity coconut base.

Cashews, sunflower seeds, organic coconut, organic cacao powder, dates, organic coconut oil



LEMON CHIA

Fresh lemon, crunchy chia and almighty almond filling to make your tastebuds smile.

Almonds, cashews, organic coconut, organic chia seeds, organic lemon oil, lemon juice, dates, organic coconut oil



CACAO NUT
BOID CACAO BROWNIE

Dive face first into fudgy date choc goodness - with almond, walnut and sunflower seed surprises.

Almonds, linseeds, sunflower seeds, walnuts, dates, organic cacao powder, organic coconut oil



COCONUT
UNDRESSED & STRAIGHT UP

Lush coconut filling with raw choc top and chewy almond base. Best eaten in secret on tropical island.

Almonds, organic coconut, dates, organic brown rice syrup, organic cacao powder, organic coconut oil



PEANUT BUTTER
RAW PEANUTBUTTERGASM

You haven't peanut buttered 'til you've peanutbuttergasm'd. Freshly ground raw peanuts paired with crunchy cashews, cacao, dates and extra peanut pieces, just 'cos.

Cashews, peanuts, natural peanut butter, organic cacao powder, organic coconut, dates, organic coconut oil



RASPBERRY PINK COCONUT DREAM

Dreamy coconut whip with tangy raspberry ripple. Low in fructose. High in love.

Organic Coconut, Almonds, Raspberries, Dates, Organic Brown Rice Syrup



HAZELNUT
HELLO, THIS IS WILDEST DREAMS HQ

A rich, powerful raw cacao and hazelnut combo that will make you emotional (the good kind).

Hazelnuts, Cashews, Organic Coconut, Organic Cacao Powder, Dates, Organic Coconut Oil



RAW SLICES HAVE A SHELF LIFE OF 30 DAYS

# POWER CUBES





# CHOCOLATE PROTEIN POWER UP (HOC

Finally - a sweet vegan treat packed with protein, plus raw nuts, seeds and cacao to make you invincible.

Almonds, sunflower seeds, organic cacao powder, organic coconut, dates, raw vegan protein powder, maple syrup



# VANILLA PROTEIN

When you want to be a badass, with a good ass. Pure vegan protein with chewy nuts, seeds and vanilla.

Almonds, sunflower seeds, organic coconut, dates, raw vegan protein powder, maple



### RASPBERRY PINK MACADAMIA

Think nutty yet tangy sweetness to inspire spontaneous acts of romance.

Almonds, organic coconut, dates, macadamias, raspberries, maple syrup



# CASHEW CRUNCH

An explosion of cashews and cacao nibs with fudgy date and cacao butter to give you swagger.

Cashews, organic coconut, cacao nibs, dates, organic cacao butter, maple syrup



## PEANUT CRANBERRY BERRY PEANUT SURPRISE

Luscious peanut flavour with a sweet and sour twist.

Organic coconut, peanuts, dates, cranberries, maple syrup



## BERRY HEMP HEMP HAPPIES

Creamy, omega-rich hemp seeds made bright by berries.

Organic coconut, hemp seeds, almonds, pure hemp protein powder, dates, strawberries, blueberries, maple syrup

# WE'RE RAW SINGLE FOOTLOOSE + FANCY FREE FROM:







POWER CUBES HAVE A SHELF LIFE OF 90 DAYS

# RAW FINGERS MAKED



# RAW BARS





## **STRAWBERRY** SENSATIONAL STRAWB

The sweetest snack in all the land, bursting with bright, summery strawbs.

Organic coconut, strawberries, organic brown rice syrup



### **BLUEBERRY LIME** DAMN FINE FINGER LIME

An Aussie affair of explosive native finger lime and blueberry.

Organic coconut, blueberries, finger lime, organic lemon oil, organic brown rice syrup



## **NATURAL** BUCKWHFAT APRICOT BLISS

Everyone loves muesli, but muesli doesn't love everyone. This oatfree buckwheat bar is toothsome. chewy and laced with apricot.

Buckwheat, apricots, goji berries, sultanas, pepitas, organic coconut, organic brown rice syrup



## **COCONUT VANILLA** KILLER VANILLA

A heavenly vanilla coco treat proven to wake Snow White from a coma.

Organic coconut, vanilla bean, organic brown rice syrup



### **CHOC ORANGE** DFFP DARK JAFFA

When fudov choc and zestv orange get together, jaffa lovers rejoice.

Organic coconut, organic cacao powder, oranges, organic orange oil, organic brown rice syrup



### **SUPERFOOD** SUPERHUMAN NO-MUESLI

Upgraded muesli bar jam-packed with goji, chia, cacao and buckwheat. Lowfructose brown rice syrup for steady energy.

Buckwheat, apricots, organic goji berries, sultanas, organic chia seeds, organic cacao powder, organic coconut, organic brown rice syrup

RAW BARS HAVE A SHELF LIFF OF 90 DAYS

**RAW FINGERS HAVE A** SHELF LIFF OF 90 DAYS



# NAKED CUBES? HOW RUDE...









# POWER CUBES OREISTED





## **CASHEW CRUNCH** GO ON CRUNCH YOURSELF HAPPYL

An explosion of cashews and cacao nibs with fudov date and cacao butter to give you swagger.

Cashews, organic coconut, cacao nibs, dates, organic cacao butter, maple syrup



#### **BERRY HEMP** HEMP HAPPIES

Slay cravings with pure hemp seed protein. Cold

extracted. Nothing added. Natural as. Organic coconut, dates, organic maple syrup, hemp seeds, almonds, strawberries,



#### CHOCO A POWERFUL LITTLE NUMBER

Finally - a sweet vegan treat packed with protein, plus raw nuts, seeds and cacao to make you invincible.

Almonds, sunflower seeds, organic cacao powder, organic coconut, dates, raw vegan protein powder, maple syrup



# **RASPBERRY**

blueberries, pure hemp

protein powder

RASPBERRY AND MACADAMIA'S LOVE CHILD

Think nutty yet tangy sweetness to inspire spontaneous acts of romance.

Almonds, organic coconut, dates, macadamias, raspberries, maple syrup

DRESSED UP CUBES HAVE A SHELF LIFE OF 1 YEAR

# PB PEANUT BUTTER





# PB CLASSIC CRUNCH WHEN YOU ARE THE GOLDEN

Golden PB with a pop of sea salt and the perfect buttery crunch.

Classic PB made from 100% Aussie peanuts roasted till golden, sprinkled with sea salt and small-batch blended for the perfect buttery crunch.



# CHOCOLATE FLAVOUR'S GREATEST LOVE STORY

Creamy PB meets sultry cacao for a healthy chocolate hit.

Like a chocolate-coated pretzel, only healthy. Made from 100% Aussie peanuts roasted till golden, smallbatch blended and upgraded with organic cacao and brown rice syrup.



## PB MAPLE PROOF YOU CAN HAVE IT ALL

Creamy PB with a mesmerising twist of pure maple syrup.

The indulgence of weekend pancakes, only healthy. Made from 100% Aussie peanuts roasted till golden and small-batch blended with moreish maple syrup.



## PB COCONUT UNAPOLOGETICALLY COCONUTS

Golden PB with smooth and creamy coconut for tropical feels.

Your new desert island food. Made from 100% Aussie peanuts roasted till golden and small-batch blended, with creamy coconut and subtle brown rice syrup sweetness.



## PB SALTED CARAMEL AKA: 'DO NOT DISTURB!

Golden PB with a sweet swirl of all-natural salted caramel.

Like real salted caramel, only healthy. Made from 100% Aussie peanuts roasted till golden, small-batch blended and caramel-ified with organic brown rice syrup and a pop of sea salt.



## PB CHILLI CHOCOLATE REBEL WITH A SPOON

Rich chocolate peanut butter with a fiery kick.

Every little black dress needs red lippy. That's why we've dressed up our classic PB Chocolate with a hint of chilli to really make that cacao pop. It's like eating a spicy brownie or putting your taste buds in front of a fire. Warm. Surprising. Addictive.

Horn-tooting', finger-lickin', swaggalicious PB!

PB PEANUT BUTTER HAVE A SHELF LIFE OF 1 YEAR

# A LITTLE MMORE ABOUT US....

Natural, naked and kind to sensitive tums - free from gluten, dairy, refined sweeteners and bucketloads of fructose. Vegan. Brimming with nutrients. Nuts, seeds, superfoods. Ethically sourced and complete with good karma.

GOOD FOR YOU, YOUR TUM, YOUR BUM, AND YOUR SKEPTICAL MUM.

# **MEET YOUR MAKER**

Lenka is a Sydney gal who started mmmore from scratch, feeding hordes of people with homemade healthy treats - more than she ever dreamed possible! She's passionate about health, happiness and combining the two in the palm of your hand. Eat up! Enjoy mmmore!

ORDERING: mmmore.com.au

8/34-36 Rəlph St, Alexandria NSW 2015

