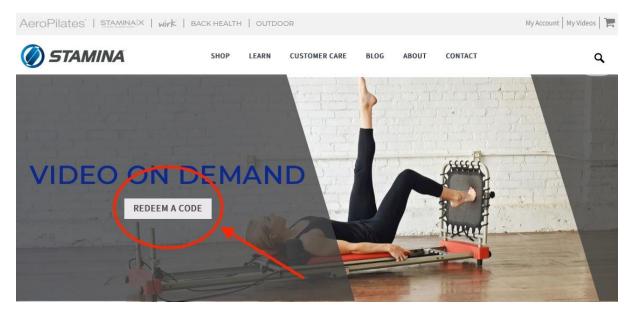
It is possible to streaming the videos contained in the DVDs onto tablets, smartphones and PCs. "Streaming" means that it is not possible to download the wowrkouts but they can be watched while connected to the internet.

Stamina Products (the manufacturer of Aeropilates in the United States) gives access via one
of these two addresses (both lead to the same page): https://video.staminaproducts.com
(this is the address you find on the card in the Aeropilates box) or
https://staminaproducts.com/products/video-on-demand/

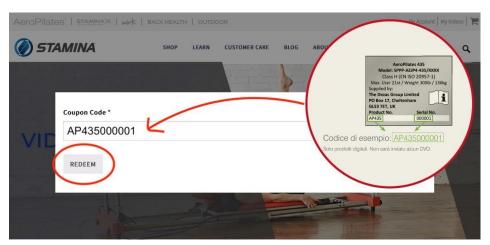
Tip: Save one of these links as every now and then video codes are given away on the Aeropilates Facebook page.

2. Click on the "Redeem a Code" button.



3. A popup opens with the word "Coupon Code".

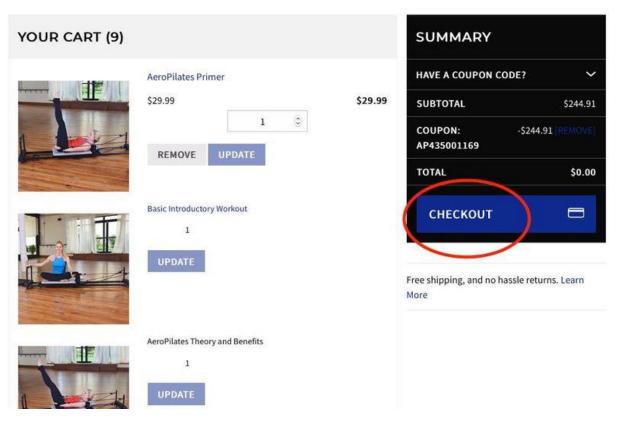
Enter the code found on the silver label on the back of the Aeropilates Reformer. The code is created by combining the characters from the "Product No" and "Serial No." There is no need for spaces or other symbols between the character sets. Once the code has been entered, click the "Redeem" button.



4. After a few seconds, the shopping cart page opens where the "Subtotal" ("Subtotal") in dollars is indicated in the "Summary" section. The previously entered code is valid as a coupon that brings the total to zero dollars. There will be many videos in the cart, organised into groups: each group (which shows the price alongside) corresponds to a DVD (in fact, each DVD contains several videos).

CART

Coupon code applied successfully.



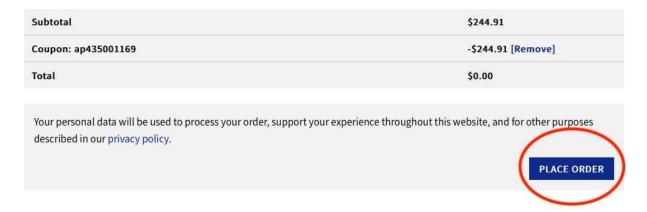
Click on the blue "Checkout" button.

5. The "Billing Details" page opens. Even if the product is streaming (no DVD will be physically shipped to your home), this page requires a series of inputs which are indicated with an asterisk. See the image below for reference. The password ("Create account password"),

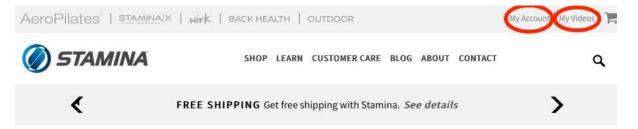
must be at least 12 characters long.



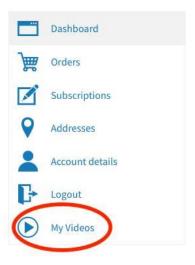
6. Go to the bottom of the page where, after the order summary ("Your Order"), you will find the total back to zero. Click on the blue "Place order" button ("Confirm the order").



7 After a few seconds, the confirmation page opens: Order Received.



MY ACCOUNT



Hello Aeropilates QVC Italia (not Aeropilates QVC Italia? Log out)

From your account dashboard you can view your recent orders, manage your shipping and billing addresses, and edit your password and account details.

9. At this point, click on "My Account" (top right), to see the details of your account.

Click on "My Video" either in the upper right or in the lower left corner of the "My Account" page.

You can then play the video workouts.

For convenience save these two links:

https://staminaproducts.com/my-account/ (to enter the site)

https://staminaproducts.com/my-account/my-videos/ (to see the list of videos)