

The Best Thing for Your Hair is Skincare and Yes, You Read That Right

Okay y'all, get this: the very ingredients that you swear by for clear, glowing skin can also work wonders for a head full of Disney princess-level hair. In other words, skincare for your hair is a trend well-worth paying attention to. Now, before you go slathering your strands with face lotions, creams, and toners, take a sec to imagine the dozens of best-selling haircare products on the market.

Whether you're looking for a shampoo, conditioner, leave-in, or mask, there's a product for that. But before picking your hair poison, be sure to check out the list of stylist-approved skincare-turned-haircare ingredients, below.



Together Beauty.

Olive Oil

According to Guanche, olive oil is best known for its hydrating and nourishing hair properties thanks to its antioxidant-rich make-up.

Try This: Together Beauty Day Dreamer Conditioner with Anti-Pollution Benefits, \$28 at Sephora

Direct Link: <https://stylecaster.com/beauty/skincare-for-hair/>