

SNACKS

INGREDIENTS & NUTRITION FACTS



Allergen information: May contain or be processed on equipment that handles peanuts, dairy, eggs, wheat/gluten, soy & tree nuts.

CRANBERRY TRAIL MIX

Proudly made in the USA by

LUCKY YOU!

San Diego, CA 92113
www.LuckyYouGifts.com

INGREDIENTS: Cranberries (Cranberries, Sugar, Sunflower Oil), Golden Raisins (Raisins, Sulphur Dioxide), Peppitas, Almonds, Cashews, Hulled Sunflower Seeds

Nutrition Facts
Serving Size: 1 Packet (40g)

Amount Per Serving		% Daily Value	
Calories 180	Calories from Fat 90		
Total Fat 11g		16%	
Saturated Fat 1.5g		9%	
Trans Fat 0g			
Cholesterol 0mg		0%	
Sodium 0mg		0%	
Total Carbohydrate 20g		7%	
Dietary Fiber 2g		9%	
Sugars 12g			
Protein 6g			
Vitamin A 0%	Vitamin C 0%		
Calcium 2%	Iron 10%		

* Percent Daily Values are based on a 2,000 calorie diet.

CRANBERRY RAW TRAIL

MAY CONTAIN TRACE EGG, MILK, SOY, WHEAT, PEANUTS AND TREE NUTS

TROPICAL TRAIL MIX

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INGREDIENTS: Raisins, Peanuts (Peanuts, Vegetable Oil (May contain one or more of the following: Peanut, Canola, Sunflower, Soybean)), Pineapple (Pineapple, Sugar, Sulphur Dioxide), Papaya (Papaya, Sugar, Sulphur Dioxide, FD&C Yellow No. 5), Mango Flavored Pineapple (Pineapple, Sugar, Sulphur Dioxide, Mango Flavor, FD&C Yellow No. 5, FD&C Yellow No. 6), Banana Chips (Banana, Sugar, Coconut Oil, Natural Banana Flavor), Strawberry Flavored Pineapple (Pineapple, Sugar, Sulphur Dioxide, Red 40, Natural & Artificial Strawberry Flavor), Chopped Dates (Dates, Dextrose), Almonds, Hulled Sunflower Seeds, Cashews, Golden Raisins (Raisins, Sulphur Dioxide), Coconut (Coconut, Sulphur Dioxide)

Nutrition Facts
Serving Size: 1 Packet (40g)

Amount Per Serving		% Daily Value	
Calories 160	Calories from Fat 60		
Total Fat 7g		11%	
Saturated Fat 2g		10%	
Trans Fat 0g			
Cholesterol 0mg		0%	
Sodium 5mg		0%	
Total Carbohydrate 25g		8%	
Dietary Fiber 2g		9%	
Sugars 17g			
Protein 3g			
Vitamin A 0%	Vitamin C 0%		
Calcium 2%	Iron 4%		

* Percent Daily Values are based on a 2,000 calorie diet.

TROPICAL TRAIL MIX

MAY CONTAIN TRACE EGG, MILK, SOY, WHEAT, PEANUTS AND TREE NUTS

NUT AND CHOCOLATE TRAIL MIX

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INGREDIENTS: Peanuts (Peanuts, Vegetable Oil (May Contain one or more of the following: Peanut, Canola, Sunflower, Soybean)), Salt, Raisins, Candy Coated Chocolate (Sugar, Cocoa, Partially Hydrogenated Palm Kernel Oil, Whey, Artificial Color (FD&C Blue No. 1, Blue No. 1 Lake, Blue No. 2 Lake, Yellow No. 5, Yellow No. 5 Lake, Yellow No. 6, Yellow No. 6 Lake, Red No. 40, Red No. 40 Lake, Sorbitol, Titanium Dioxide, Phosphoric Acid, Methyl and Propyl Parabens, and Carmel), Nonfat Milk Powder, Corn Syrup, Soy Lecithin Added as an emulsifier, Wax, Dextrin, and Vanillin (an artificial flavor)), Almonds (Almonds, Vegetable Oil (May contain one or more of the following: Peanut, Canola, Sunflower, Soybean), Salt)

Nutrition Facts
Serving Size: 1 Packet (40g)

Amount Per Serving		% Daily Value	
Calories 190	Calories from Fat 100		
Total Fat 12g		19%	
Saturated Fat 2.5g		13%	
Trans Fat 0g			
Cholesterol 0mg		0%	
Sodium 95mg		4%	
Total Carbohydrate 19g		6%	
Dietary Fiber 3g		10%	
Sugars 12g			
Protein 6g			
Vitamin A 0%	Vitamin C 0%		
Calcium 4%	Iron 6%		

* Percent Daily Values are based on a 2,000 calorie diet.

NUT AND CHOCOLATE TRAIL MIX

MAY CONTAIN TRACE EGG, MILK, SOY, WHEAT, PEANUTS AND TREE NUTS

PEANUT BUTTER PRETZELS

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INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Peanut Butter (Roasted Peanuts, Sugar, Salt) Salt, Less than 2% of: High Oleic Canola Oil and/or Soybean Oil, Corn Syrup, Barley Malt Extract, Leavening (Yeast, Sodium Bicarbonate, and/or Ammonium Bicarbonate).

Nutrition Facts
Serving Size: 1 Package (9 Pretzels)

Amount Per Serving		% Daily Value	
Calories 126	Calories from Fat 60		
Total Fat 6g		10%	
Saturated Fat 1g		7%	
Trans Fat 0g			
Cholesterol 0mg		0%	
Sodium 97mg		12%	
Total Carbohydrate 14g		5%	
Dietary Fiber 2g		7%	
Sugars 2g			
Protein 5g			
Vitamin A 0%	Vitamin C 0%		
Calcium 0%	Iron 7%		

* Percent Daily Values are based on a 2,000 calorie diet.

PEANUT BUTTER PRETZELS

MAY CONTAIN TRACE EGG, MILK, SOY, WHEAT, PEANUTS AND TREE NUTS

GINGER TRAIL MIX

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INGREDIENTS: Dark Chocolate Chips (cane sugar, unsweetened choc., cocoa butter, soy or sunflower lecithin [emulsifier], vanilla), Tamari Roasted Almonds (almonds, org. tamari shoyu sauce [water, org. soybeans, salt, org. wheat]), Papaya (papaya, cane sugar), Cranberries (cranberries, cane sugar, sunflower oil), Ginger (ginger, cane sugar), Roasted Cashews (cashews, sunflower and/or canola oil, sea salt), Raisins, Pineapple (pineapple, cane sugar, fruit juice), Apricots. CONTAINS: Almonds, Cashews, Milk, Soy, Wheat.

Nutrition Facts
Serving Size: 1 Packet

Amount Per Serving		% Daily Value	
Calories 170	Calories from Fat 70		
Total Fat 7g		8%	
Saturated Fat 2g		8%	
Trans Fat 0g			
Cholesterol 0mg		0%	
Sodium 43mg		1%	
Total Carbohydrate 27g		6%	
Dietary Fiber 3g		8%	
Sugars 20g			
Protein 3g			
Vitamin A 2%	Vitamin C 30%		
Calcium 2%	Iron 4%		

* Percent Daily Values are based on a 2,000 calorie diet.

GINGER TRAIL MIX

MAY CONTAIN TRACE EGG, MILK, SOY, WHEAT, PEANUTS AND TREE NUTS

PREMIUM NUT AND CHOCOLATE

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INGREDIENTS: Roasted Peanuts (peanuts; peanut, sunflower and/or canola oil; salt), Dry Roasted Almonds, Milk Chocolate Rainbow Drops (milk chocolate center (cane sugar, unsweetened chocolate, cocoa butter, whole milk powder, milkfat, soy or sunflower lecithin [an emulsifier], vanilla extract), colored shell (cane sugar, rice starch, gum arabic, pure food glaze, corn starch, vegetable juice colors, spirulina color, turmeric color, annatto color, beet color)), Raisins, Mini Peanut Butter Cups (milk chocolate (cane sugar, cocoa butter, unsweetened chocolate, whole milk powder, soy or sunflower lecithin, sea salt, vanilla extract), peanut butter (peanuts, salt), cane sugar, fractionated palm kernel oil, lactose [milk], salt, soy lecithin), Apples

Nutrition Facts
Serving Size: 1 Packet

Amount Per Serving		% Daily Value	
Calories 226	Calories from Fat 142		
Total Fat 16g		17%	
Saturated Fat 3.5g		13%	
Trans Fat 0g			
Cholesterol 0mg		0%	
Sodium 64mg		2%	
Total Carbohydrate 19g		4%	
Dietary Fiber 3g		8%	
Sugars 13g			
Protein 6g			
Vitamin A 0%	Vitamin C 0%		
Calcium 6%	Iron 6%		

* Percent Daily Values are based on a 2,000 calorie diet.

PREMIUM NUT AND CHOCOLATE

MAY CONTAIN TRACE EGG, MILK, SOY, WHEAT, PEANUTS AND TREE NUTS

YOGURT CRANBERRIES

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INGREDIENTS: Yogurt Coating (cane sugar, fractionated palm kernel oil, yogurt powder [milk], soy or sunflower lecithin [an emulsifier], lactic acid, vanilla, salt), Cranberries (cranberries, cane sugar, sunflower oil), Pure Food Glaze

Nutrition Facts
Serving Size: About 20 (40g)

Amount Per Serving		% Daily Value	
Calories 190	Calories from Fat 70		
Total Fat 7g		11%	
Saturated Fat 7g		34%	
Trans Fat 0g			
Cholesterol 0mg		0%	
Sodium 15mg		1%	
Total Carbohydrate 29g		10%	
Dietary Fiber 1g		3%	
Sugars 27g			
Protein 1g			
Vitamin A 0%	Vitamin C 0%		
Calcium 4%	Iron 0%		

* Percent Daily Values are based on a 2,000 calorie diet.

YOGURT CRANBERRIES

MAY CONTAIN TRACE EGG, MILK, SOY, WHEAT, PEANUTS AND TREE NUTS

GUMMI BEAR CUBS

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INGREDIENTS: Corn Syrup, Sugar, Water, Gelatin, Citric Acid, Natural and Artificial Flavors, Pectin, Vegetable Oil (Coconut, Canola) and Carnauba Leaf Wax, FD&C Yellow #5, FD&C Red #40, FD&C Yellow #6, FD&C Blue #1* Yellow #5 - E102, Red #40 - E129, Yellow #6 - E110, & Blue #1 - E133, Coconut Oil

Nutrition Facts
Serving Size: 1 Packet

Amount Per Serving		% Daily Value	
Calories 80	Calories from Fat 0		
Total Fat 0g		0%	
Saturated Fat 0g		0%	
Trans Fat 0g			
Cholesterol 0mg		0%	
Sodium 20mg		1%	
Total Carbohydrate 19g		7%	
Dietary Fiber 0g		0%	
Sugars 0g			
Protein 1g			
Vitamin A 0%	Vitamin C 0%		
Calcium 0%	Iron 0%		

* Percent Daily Values are based on a 2,000 calorie diet.

GUMMI BEAR CUBS

MAY CONTAIN TRACE EGG, MILK, SOY, WHEAT, PEANUTS AND TREE NUTS

PINK HIMALAYAN POPCORN

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INGREDIENTS: Organic Virgin Coconut Oil, Pink Himalayan Salt, White Popcorn Kernels

Nutrition Facts
Serving Size: 1 Packet

Amount Per Serving		% Daily Value	
Calories 106	Calories from Fat 27		
Total Fat 3g		5%	
Saturated Fat 2g		11%	
Trans Fat 0g			
Cholesterol 0mg		0%	
Sodium 97mg		4%	
Total Carbohydrate 17g		6%	
Dietary Fiber 3g		13%	
Sugars 0g			
Protein 3g			
Vitamin A 0%	Vitamin C 0%		
Calcium 0%	Iron 3%		

* Percent Daily Values are based on a 2,000 calorie diet.

PINK HIMALAYAN POPCORN

MAY CONTAIN TRACE EGG, MILK, SOY, WHEAT, PEANUTS AND TREE NUTS

BUTTER POPCORN

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INGREDIENTS: White Popcorn Kernels, Canola Oil, Butter Powder (sweet cream, salt, annatto color), and Nonfat Milk Solids, Salt

Nutrition Facts
Serving Size: 1 Packet

Amount Per Serving		% Daily Value	
Calories 162	Calories from Fat 108		
Total Fat 12g		18%	
Saturated Fat 1g		6%	
Trans Fat 0g			
Cholesterol 3mg		1%	
Sodium 480mg		20%	
Total Carbohydrate 14g		5%	
Dietary Fiber 3g		11%	
Sugars 0g			
Protein 2g			
Vitamin A 2%	Vitamin C 0%		
Calcium 3%	Iron 3%		

* Percent Daily Values are based on a 2,000 calorie diet.

BUTTER POPCORN

MAY CONTAIN TRACE EGG, MILK, SOY, WHEAT, PEANUTS AND TREE NUTS

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WHITE CHEDDAR POPCORN

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INGREDIENTS: White Popcorn Kernels, Canola Oil, White Cheddar Cheese Seasoning (Whey, Buttermilk Solids, Cheddar Cheese (Pasteurized Milk, Cultures, Salt, Enzymes), Salt, Natural Flavor)

Nutrition Facts

Serving Size: 1 Packet

Amount Per Serving

Calories 138 Calories from Fat 72

% Daily Value

Total Fat 8g	12%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol 2mg	1%
Sodium 201mg	8%
Total Carbohydrate 17g	6%
Dietary Fiber 3g	11%
Sugars 2g	

Protein 3g

Vitamin A 8% • Vitamin C 0%
Calcium 40% • Iron 3%

* Percent Daily Values are based on a 2,000 calorie diet.

MAY CONTAIN TRACE EGG, MILK, SOY, WHEAT, PEANUTS AND TREE NUTS

WHITE CHEDDAR POPCORN

Allergen information: May contain or be processed on equipment that handles peanuts, dairy, eggs, wheat/gluten, soy & tree nuts.