

SNACKS

INGREDIENTS & NUTRITION FACTS

Allergen information: May contain or be processed on equipment that handles peanuts, dairy, eggs, wheat/gluten, soy & tree nuts.

LUCKY YOU!

CRANBERRY TRAIL MIX

Proudly made in the USA by



San Diego, CA 92113
www.LuckyYouGifts.com

INGREDIENTS: Cranberries (Cranberries, Sugar, Sunflower Oil), Golden Raisins (Raisins, Sulphur Dioxide), Pepitas, Almonds, Cashews, Hulled Sunflower Seeds

Nutrition Facts

Serving Size: 1 Packet (40g)

Amount Per Serving

Calories 180	Calories from Fat 90
% Daily Value	
Total Fat 11g	16%
Saturated Fat 1.5g	9%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	9%
Sugars 12g	
Protein 6g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet.

CRANBERRY RAW TRAIL

TROPICAL TRAIL MIX

Proudly made in the USA by



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INGREDIENTS: Raisins, Peanuts (Peanuts, Vegetable Oil (May contain one or more of the following: Peanut, Canola, Sunflower, Soybean)), Pineapple (Pineapple, Sugar, Sulphur Dioxide), Papaya (Papaya, Sugar, Sulphur Dioxide, FD&C Yellow No. 5), Mango Flavored Pineapple (Pineapple, Sugar, Sulphur Dioxide, Mango Flavor, FD&C Yellow No. 5, FD&C Yellow No. 6), Banana Chips (Banana, Sugar, Coconut Oil, Natural Banana Flavor), Strawberry Flavored Pineapple (Pineapple, Sugar, Sulphur Dioxide, Red 40, Natural & Artificial Strawberry Flavor), Chopped Dates (Dates, Dextrose), Almonds, Hulled Sunflower Seeds, Cashews, Golden Raisins (Raisins, Sulphur Dioxide), Coconut (Coconut, Sulphur Dioxide)

Nutrition Facts

Serving Size: 1 Packet (40g)

Amount Per Serving

Calories 160	Calories from Fat 60
% Daily Value	
Total Fat 7g	11%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 25g	8%
Dietary Fiber 2g	9%
Sugars 17g	
Protein 3g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet.

TROPICAL TRAIL MIX

NUT AND CHOCOLATE TRAIL MIX

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INGREDIENTS: Peanuts (Peanuts, Vegetable Oil (May Contain one or more of the following: Peanut, Canola, Sunflower, Soybean), Salt), Raisins, Candy Coated Chocolate (Sugar, Cocoa, Partially Hydrogenated Palm Kernel Oil, Whey, Artificial Color (FD&C Blue No. 1, Blue No. 1 Lake, Blue No. 2 Lake, Yellow No. 5, Yellow No. 5 Lake, Yellow No. 6, Yellow No. 6 Lake, Red No. 40, Red No. 40 Lake, Sorbitol, Titanium Dioxide, Phosphoric Acid, Methyl and Propyl Parabens, and Carmel)), Nonfat Milk Powder, Corn Syrup, Soy Lecithin Added as an emulsifier, Wax, Dextrin, and Vanillin (an artificial flavor), Almonds (Almonds, Vegetable Oil (May contain one or more of the following: Peanut, Canola, Sunflower, Soybean), Salt)

Nutrition Facts

Serving Size: 1 Packet (40g)

Amount Per Serving

Calories 190	Calories from Fat 100
% Daily Value	
Total Fat 12g	19%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 95mg	4%
Total Carbohydrate 19g	6%
Dietary Fiber 3g	10%
Sugars 12g	
Protein 6g	
Vitamin A 0%	Vitamin C 0%
Calcium 4%	Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet.

NUT AND CHOCOLATE TRAIL MIX

PEANUT BUTTER PRETZELS

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INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Peanut Butter (Roasted Peanuts, Sugar, Salt) Salt, Less than 2% of: High Oleic Canola Oil and/or Soybean Oil, Corn Syrup, Barley Malt Extract, Leavening (Yeast, Sodium Bicarbonate, and/or Ammonium Bicarbonate).

Nutrition Facts

Serving Size: 1 Package (9 Pretzels)

Amount Per Serving

Calories 126	Calories from Fat 60
% Daily Value	
Total Fat 6g	10%
Saturated Fat 1g	7%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 297mg	12%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	7%
Sugars 2g	
Protein 5g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 7%

* Percent Daily Values are based on a 2,000 calorie diet.

PEANUT BUTTER PRETZELS

GINGER TRAIL MIX

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INGREDIENTS: Dark Chocolate Chips (cane sugar, unsweetened choc., cocoa butter, soy or sunflower lecithin [emulsifier], vanilla), Tamari Roasted Almonds (almonds, org. tamari shoyu sauce [water, org. soybeans, salt, org. wheat]), Papaya (papaya, cane sugar), Cranberries (cranberries, cane sugar, sunflower oil), Ginger (ginger, cane sugar), Roasted Cashews (cashews, sunflower and/or canola oil, sea salt), Raisins, Pineapple (pineapple, cane sugar, fruit juice), Apricots. CONTAINS: Almonds, Cashews, Milk, Soy, Wheat.

Nutrition Facts

Serving Size: 1 Packet

Amount Per Serving

Calories 170	Calories from Fat 70
% Daily Value	
Total Fat 7g	8%
Saturated Fat 2g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 43mg	1%
Total Carbohydrate 27g	6%
Dietary Fiber 3g	8%
Sugars 20g	
Protein 3g	
Vitamin A 2%	Vitamin C 30%
Calcium 2%	Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet.

GINGER TRAIL MIX

PREMIUM NUT AND CHOCOLATE

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INGREDIENTS: Roasted Peanuts (peanuts; peanut, sunflower and/or canola oil; salt), Dry Roasted Almonds, Milk Chocolate Rainbow Drops (milk chocolate center (cane sugar*, unsweetened chocolate*, cocoa butter*, whole milk powder, milkfat, soy or sunflower lecithin (an emulsifier), vanilla extract*), colored shell (cane sugar, rice starch, gum arabic, pure food glaze, corn starch, vegetable juice colors, spirulina color, turmeric color, annatto color, beet color)), Raisins, Mini Peanut Butter Cups (milk chocolate (cane sugar, cocoa butter, unsweetened chocolate, whole milk powder, soy or sunflower lecithin, sea salt, vanilla extract), peanut butter (peanuts, salt), cane sugar, fractionated palm kernel oil, lactose [milk], salt, soy lecithin), Apples

Nutrition Facts

Serving Size: 1 Packet

Amount Per Serving

Calories 226	Calories from Fat 142
% Daily Value	
Total Fat 16g	17%
Saturated Fat 3.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 64mg	2%
Total Carbohydrate 19g	4%
Dietary Fiber 3g	8%
Sugars 13g	
Protein 6g	
Vitamin A 0%	Vitamin C 0%
Calcium 6%	Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet.

PREMIUM NUT AND CHOCOLATE

YOGURT CRANBERRIES

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INGREDIENTS: Yogurt Coating (cane sugar, fractionated palm kernel oil, yogurt powder [milk], soy or sunflower lecithin [an emulsifier], lactic acid, vanilla, salt), Cranberries (cranberries, cane sugar, sunflower oil), Pure Food Glaze

Nutrition Facts

Serving Size: About 20 (40g)

Amount Per Serving

Calories 190	Calories from Fat 70
% Daily Value	
Total Fat 7g	11%
Saturated Fat 7g	34%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 29g	10%
Dietary Fiber 1g	3%
Sugars 27g	
Protein 1g	
Vitamin A 0%	Vitamin C 0%
Calcium 4%	Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet.

YOGURT CRANBERRIES

GUMMI BEAR CUBS

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INGREDIENTS: Corn Syrup, Sugar, Water, Gelatin, Citric Acid, Natural and Artificial Flavors, Pectin, Vegetable Oil (Coconut, Canola) and Carnauba Leaf Wax, FD&C Yellow #5, FD&C Red #40, FD&C Yellow #6, FD&C Blue #1* Yellow #5 - E102, Red #40 - E129, Yellow #6 - E110, & Blue #1 - E133, Coconut Oil

Nutrition Facts

Serving Size: 1 Packet

Amount Per Serving

Calories 80	Calories from Fat 0
% Daily Value	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Total Carbohydrate 19g	7%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 1g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%

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GUMMI BEAR CUBS

PINK HIMALAYAN POPCORN

Proudly made in the USA by



San Diego, CA 92113
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INGREDIENTS: Organic Virgin Coconut Oil, Pink Himalayan Salt, White Popcorn Kernels

Nutrition Facts

Serving Size: 1 Packet

Amount Per Serving

Calories 106	Calories from Fat 27
% Daily Value	
Total Fat 3g	5%
Saturated Fat 2g	11%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 97mg	4%
Total Carbohydrate 17g	6%
Dietary Fiber 3g	13%
Sugars 0g	
Protein 3g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 3%

* Percent Daily Values are based on a 2,000 calorie diet.

PINK HIMALAYAN POPCORN

Allergen information: May contain or be processed on equipment that handles peanuts, dairy, eggs, wheat/gluten, soy & tree nuts.