

NON-TOXIC HAIR PRODUCT ROUTINE

Now listen, I have always said that I'm not a purist. Like, you do you...but some things are just going to stay toxic until I feel like I'm not wasting my money on things that just DON'T work. I was not about to switch my hair products, specifically styling products. Stubborn...me...yes. However, I have found the BEST there is (IMO) when it comes to NON-TOXIC hair. I will be real here...hair is me, I am hair. I have 2 rows of hand tied extensions and everyone around me knows that I LIVE for hair! So, you can trust ya girl when it comes to the weave.



STEP 1: THE SHAMPS.

Shampoo, I mean shampoo. You know, the shamps. I LOVE the Innersense line! I personally use the Color Awakening line since I have colored hair but the other formulas are great too! They have a purple shampoo as well for blondes to kick the brass!

Tip: Wash the scalp, not the ends! Let the suds run down your hair to wash the ends.

[LINKED HERE](#)



STEP 2: THE CONDISH.

It follows the shamps. You know, the conditioner. Again, I use the Color Radiance line...but you can use any of them according to your hair type. My curly hair girls, they make a line for you too!

Tip: Start at your ENDS and then work your way UP. The ends of your hair need the conditioner much more than your scalp.

[LINKED HERE](#)



STEP 3: HAIR SPRITZ

Its unique blend stimulates hair growth and adds volume, strength, and luster to your mane. It can be used by both men and women. And since our formulation is crafted solely from organic ingredients that you can trust, it's also safe for kids!

I spray this all over my scalp on wet hair. Not only does it add a bit of texture before my blow out, but it promotes growth!

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STEP 4: DETANGLE

The absolute best detangler I have ever used! I know it says leave in conditioner, but detangler is the same thing in my book. This is what I use on Harlow too post hair wash or post wild sleepy nights where her hair is WILD.

[LINKED HERE](#)



STEP 5: VOLUME

Ok, I am not kidding when I say this next part...this is the BEST...AND I MEAN THE BEST...Volume Foam! It is not sticky, it doesn't weigh the hair down, it doesn't make your hair greasy...it is just *chef's kiss* -- A little goes a long way too! I use about 3 pumps and I am good to go. Apply to wet hair at the root.

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STEP 6: SMOOTHING

This step is completely OPTIONAL but for my girlies with extensions, this one is for you! This is a MUST for extensions to replace some moisture, especially at the ends. I add to wet hair and comb through before I blow dry my hair.

[LINKED HERE](#)



STEP 7: PREP & PROTECT

This step is a non negotiable for those who don't let their hair air dry or use hot tools. This is a heat protectant prep spray! Apply to wet hair before you blow dry. Again, totally optional for those who don't use hot tools.

[LINKED HERE](#)



STEP 8: SHINE

A totally optional step but since I have long extensions, I like to replace a little more moisture and add a bit of shine to the ends. A little of this gloss serum goes a very long way! I apply just a dime size amount through my ends and then brush through.

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STEP 9: MAKE IT LAST

I have searched far and wide...and this one...this is it! It is awesome! Most make the mistake of applying dry shampoo once the hair is already greasy. NO! Apply it to clean hair on day 1 and you will see how much longer you get out of your blow out! The applicator on this formula is BOMB! Simply puff onto the hair, let sit, brush it out. I cannot stand the shaker kind of dry shampoo where it just comes out in splotchy clumps all over the hair...no thanks. This formula comes in light and dark!

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[**SHOP MY OTHER HAIR FAVORITES!**](#)

[**NON-TOXIC SHAMPOO GUIDE**](#)

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