

nike alate

I absolutely LOVE this bra! It is adjustable and doesn't have those annoying removable pads. It is comfortable enough for me to wear all day and you can totally work out in it, but not to run in in my opinion. They offer a LOT of sizes! I am wearing this one 90% of the time!

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my running bra

I am SOOOOOO picky and this is THE running bra! It is a total dupe for those \$150+ bras for sure and zips in the front, has adjustable straps! I ran my 10K at 16 weeks pregnant in it and it did the trick! There are no removable pads. This bra comes in MANY sizes!

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tank top bra

Most of the time I am lifting in these! They are so comfortable and there's just no need for a shirt on top (aka less laundry) They come in so many colors and have a good range of sizes!

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seamless comfort

I wouldn't say this is supportive by any means but man is it comfortable and seamless! It doesn't create any extra rolls if you know what I mean! These are so great for postpartum too and are easy to nurse in.

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