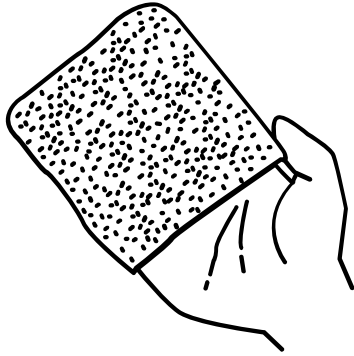


NON-TOXIC TANNING

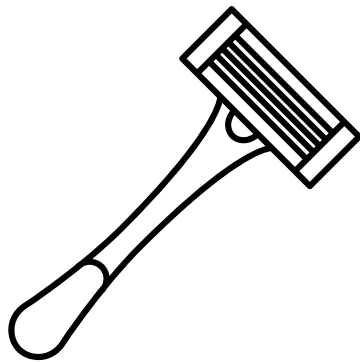
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STEP 1: EXFOLIATE

My obsession with these easy little exfoliating cloths that go over your hand is real! I love these!! They take off the old tan and exfoliate your skin so nicely. They can be used over and over and over! No need to get any soap out with harsh plastic exfoliating beads that simply just end up irritating the skin instead of actually exfoliating. Not to mention they are CHEAP! L-O-V-E these! 10/10!

[LINKED HERE](#)



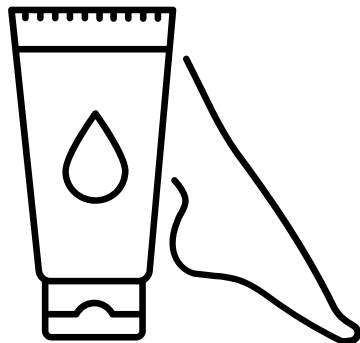
STEP 2: SHAVE

I don't have to tell y'all how to shave! But, I do get asked about razors. I use a **Billie Razor!** No parabens, phthalates, fragrance, or other crap.

Now, do NOT apply any self-tanner until the pores have closed! So, shave then apply the tanning product either the next day or wait 2-3 hours post shave to apply your tan!

Honestly, you can shave and then exfoliate. It doesn't matter that much in my opinion. Just prep the skin!

[LINKED HERE](#)



STEP 3: PREP THE SKIN

This step is CRUCIAL! Apply a little lotion to your hands, feet (heels specifically), elbows and knees. This will ensure that the tanning foam does not adhere to those dry areas and get patchy or darker than the rest of your tan.

[CLEAN LOTION
GUIDE](#)

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STEP 4: TIME TO BODY

I have been using this tanning foam for about 4 months now and I LOVE IT!! It's SO easy to use! I apply all over using a mitt & sleep in it overnight.

- It's Clear! (No mess on your clothes or sheets!)
- Smells Amazing (Doesn't smell like graham crackers and dirt)
- Does not fade patchy, it fades evenly on the skin
- 2 Colors offered (fair to medium & medium to dark)
- NON-TOXIC!

I do use the mitt and back tanning mitt from Beauty By Earth!

CODE: JESSIESOUTHARD FOR 12% OFF!

[**LINKED HERE**](#)



STEP 5: TAN THE FACE

I have tried a few of their products they offer for the face and the serum is by far my favorite! You can apply this with your hands, beauty blender, or a kabuki brush. Totally personal preference! I personally just use my hands. Now, there is a trick to using your hands...I will put that down below!

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HOW I DO MY HANDS AND FEET

Hands and feet can be tricky but I honestly have never had an easier time than with this tanning foam! So, for my hands after I have applied both my body and face tanning product I will wash them. Yep, I'll wash my hands right up to my wrist to make sure I have no product specifically on the palms of my hands. Next, I will take a small pump of the foam and apply it to the tops of my hands and gently feather it towards the tips of my fingers. I will turn my hand over and gently feather from the line of my wrist and diffuse it towards my palm. There is VERY little product being used when I do this. You are basically just blending that line where you washed your hands.

For the feet just make sure you are doing the same thing where you apply the product on the top of the foot and lightly diffuse/feather the product down the heel and towards the toes.

If it's easier, you can use a dense kabuki brush to do this! I love the Beauty By Earth brush they offer for this!

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