

Lemon Honey Salad Dressing

A flavourful low fat vinaigrette

Ingredients:

1 Large lemon – juiced

1 Tbsp Toasted Sesame Oil

1 Tbsp of Honey

1/8 tsp salt

3 Tbsp water

Combine all ingredients.

We love this dressing on butter lettuce mixed with green onions, roasted nuts, goat cheese and fresh or frozen blueberries or strawberries.

