Pretika®

SonicLift® Facial Toning

Lift, Firm and Tone Skin

Instructions for Use

Model ST261

Pretika®

Merging Science with Skin Care®

Pretika®
SonicLift®

Congratulations and thank you for being a Pretika customer!

Before you start, please take a moment to get to know your SonicLift® and how it works. SonicLift® delivers low level, gentle electrical micro-current that continually alternates between the positive and negatives spheres – with settings that control the current output from 0 to 400 microamps. For the device to operate properly, use the Electrolyte Conductive Gel that comes with your device.

For important information about safety and how to use the device, read the full Instructions for Use booklet. Contact the experts at Pretika for any assistance in helping you get started.

Customer Service Contact:
1-949-481-8818
Email: customerservice@pretika.com
Or visit our website at www.pretika.com

Hours of Operation:
Monday – Friday, 9:00 AM to 4:00 PM
Pacific Standard Time

Contents

1.0 RECOMMENDATION OF USE

Please read the complete instruction manual before you use the SonicLift (Model: ST261). It will give you a better understanding of how the product works, and you'll be able to enjoy the best results.

1.1 Contraindications

1) Never use this device over any suspicious or cancerous lesion. Using this device over cancerous or other type of lesion can result in delaying the best medical treatment. Typical characteristics of cancerous lesions include:
    - Asymmetry: one half of the abnormal skin area is different than the other half;
    - Borders: irregular borders;
    - Color: varies from one area to another with shades of tan, brown or black (sometimes white, red or blue);
    - Diameter: usually (but not always larger than 6 mm in size - diameter of a pencil eraser);
    - Bleeding: any skin growth that bleeds or will not heal.
2) Do not use if you have a history of light-triggered seizures. It is recommended that you test a small less sensitive patch of skin (i.e., such as the forearm).
   SonicLift (Model ST261) should not be used in the following areas:
    - Around the mouth (Orbicularis Oris);
    - Eye area (Orbicularis Oculi Muscle);
    - Mid-line facial and throat area (vertical center).
3) SonicLift (Model ST261) should not be used by:
    - Children;
    - Pregnant Women;
    - People subject to seizures;
    - People with cancer/tumors;
    - People with cardiac pacemaker;
    - People with implanted defibrillators/stimulators;
    - People with electronic implanted devices.

1.2 Warnings

1) Discontinue use if you encounter any discomfort or skin redness that lasts for more than two hours. Consult with your skincare professional or health care provider.
2) Do not use if you are pregnant or breastfeeding.
3) Do not use if you have experienced a migraine in the last two years.
4) To reduce the risk of electric shock that may cause injury or death:
5) Do not leave unit in “on” position when not in use.
6) Do not place or store the device where it can fall or be pulled into a tub or sink. Do not place in or drop into water or any other liquid. Do not submerge the unit in water or any other liquid.
7) Keep away all electrical appliances (including the SonicLift) from water – including bath and shower.
8) Keep device away from heated surfaces.
9) Never drop or insert any object into any opening on the device.
10) Never operate this device if it has been damaged. If it is not working properly, if it has been dropped or damaged, or submerged in water. Return the device to Pretika Corporation for examination and repair.
11) Do not disassemble the device as this may cause damage, malfunction or personal injury. There are no user-serviceable parts inside the device.
12) Basic safety precautions should always be followed when using any electrical product, especially when children are present.
13) Do not use this device on children and do not allow anyone to use this device except you.
14) To prevent fire or serious burns:
    - turn off immediately if device begins to overheat.
    - keep away from flammable aerosol products being used or where oxygen is being administered.
15) Men should shave before use as hair can interfere with the conductivity of the probes. Facial areas under a beard or mustache can not be treated.

16) The use of ACCESSORIES, transducers and cables other than those specified, with the exception of transducers and cables sold by the MANUFACTURER of the ME EQUIPMENT or ME SYSTEM as replacement parts for internal components, may result in increased EMISSIONS or decreased IMMUNITY of the ME EQUIPMENT or ME SYSTEM.
17) The ME EQUIPMENT or ME SYSTEM should not be used adjacent to or stacked with other equipment and that if adjacent or stacked use is necessary, the ME EQUIPMENT or ME SYSTEM should be observed to verify normal operation in the configuration in which it will be used.
18) The use of the ACCESSORY, transducer or cable with ME EQUIPMENT and ME SYSTEMS other than those specified may result in increased EMISSIONS or decreased IMMUNITY of the ME EQUIPMENT or ME SYSTEM.
19) A warning on potential hazard from operation in close proximity to a shortwave or microwave therapy equipment.
20) The long-term effects of chronic electrical stimulation are unknown.
21) Stimulation should not be applied over the carotid sinus nerves, particularly in patients with a known sensitivity to the carotid sinus reflex.
22) Stimulation should not be applied over the neck or mouth. Severe spasm of the laryngeal and pharyngeal muscles may occur and the contractions may be strong enough to close the airway or cause difficulty in breathing.
23) Stimulation should not be applied transthoracically in that the introduction of electrical current into the heart may cause cardiac arrhythmias.
24) Stimulation should not be applied transcerebrally.
25) Stimulation should not be applied over swollen, infected, or inflamed areas or skin eruptions, e.g., phlebitis, thrombophlebitis, varicose veins, etc.
26) Stimulation should not be applied over or in proximity to cancerous lesions.

1.3 Precautions

1) Stop immediately if you experience any adverse effect of have a concern regarding use. Contact your skin care professional, doctor or healthcare provider.
2) Use this device only for its intended use as described in this Instructions for Use Manual.
3) Your SonicLift (Model ST261) device is designed for cosmetic use only and for individuals in good health. If this is not the case for you, please consult your doctor before use. A slight tingling sensation may occur while using the device. Lowering the intensity may reduce or eliminate this sensation. There also may be a perception of flashing lights during your treatment resulting from the stimulation of your optic nerve. If you notice this condition constantly and when not using your device, please consult your doctor.
4) Please review the enclosed Information for Use and Using Instructions before using your SonicLift (Model ST261). This product is designed for cosmetic purposes only, and is designed specially for the face.
5) Safety of SonicLift for use during pregnancy has not been established.
6) Caution should be used by patients with suspected or diagnosed heart problems.
7) Caution should be used by patients with suspected or diagnosed epilepsy.
8) Caution should also be used in the presence of the following:
    - when there is a tendency to hemorrhage following acute trauma or fracture;
    - over areas of the skin which lack normal sensation.
9) Men should shave before SonicLift use as hair can interfere with the conductivity of the probes. Facial areas under a beard or mustache can not be treated.
10) The SonicLift device should be kept out of the reach of children.
11) SonicLift should not be used while driving, operating machinery, or during any activity in which involuntary muscle contractions may put the user at undue risk of injury.
12) Adjustments or performance of procedures other than those specified herein may result in injury.

1.4 Adverse Reactions

1) Some patients may experience skin irritation of hypersensitivity due to the electrical stimulation or electrical conductive medium. The irritation can usually be reduced by using an alternate conductive medium.

1.5 Travel Tips

The device's lightweight, compact design makes it an easy travel companion. There are some travel tips for you:

1) If traveling outside the U.S., use country specific charging adaptors.
2) Check with the carrier to confirm that the device can be carried and/or used on the airplane.

2.0 INTENDED USE & INDICATIONS FOR USE

The SonicLift (Model ST261) is intended for facial stimulation and is indicated for the-over-counter cosmetic use.

3.0 DEVICE DESCRIPTION

SonicLift (Model ST261) is a non-invasive facial toning device intended for at-home cosmetic use. This device delivers low level electrical micro-current impulses to strategic locations on the face to improve your facial tone. Electrical current is emitted from dual probes that are designed for optimal contact with faces of all shapes and sizes. SonicLift (Model ST261) continually alternates between the positive and negative probes and allows you to adjust the current output from 0 to 400 micro-amps for a personalized comfort level.

The SonicLift is not for use on injured or otherwise impaired skin or muscles, and in any therapy for the treatment, or prevention of any disease. This device must

only be used for the purpose stated – namely for the stimulation of facial muscles as indicated in the instruction manual for personal beauty purposes. All other uses shall be deemed improper.

3.1 Accessories List

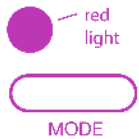
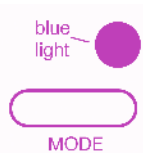
No.	Name	Quantity	Picture
1	Main Device	1	
2	Charger Station	1	
3	Charging Adaptor	1	
4	Gel	1	

3.2 Main Device

3.2.1 Buttons

- On/Off Button
  An On/Off button on the main device of the SonicLift can turn on or turn off it. When power is on, the orange Power light will be on; when power is off, all the light indicators will be off.
- MODE Button
  A MODE button on the inside handle of the SonicLift device can switch between 2 modes - Vibration mode & Micro-Current Mode.
- INTENSITY Button
  An INTENSITY button on the inside handle of the SonicLift device can adjust output intensity from Level 1 to Level 4.

3.2.2 Working Modes

Program	Name	Display	Description
1	Vibration Mode		Motor Vibration
2	Micro-Current Mode		Output Current

3.2.3 Intensity

The intensity level has 4 steps per channel. With every push of the INTENSITY Button you increase / decrease the intensity by one step.

Indicator lights / Adjustment	Mode 1 Vibration Stimulation	Mode 2 Current Stimulation
Intensity 1	Left intensity light appears green color	Left intensity light appears green color
Intensity 2	Left intensity light appears blue color	Left intensity light appears blue color
Intensity 3	Right intensity light appears green color	Right intensity light appears green color
Intensity 4	Right intensity light appears blue color	Right intensity light appears blue color

4.0 USING INSTRUCTIONS

4.1 Before Treatment

For your SonicLift (Model ST261) to operate properly, a conductive solution is needed. Therefore, it is important to first apply the Conductive Gel to the skin areas to be treated. Ensure the entire area being treated is saturated with the Conductive Gel. On your clean, dry face apply Pretika Conductive Gel by tapping into your skin with your fingertips. We recommend applying the Gel to each treatment area or half the face at a time, so that the Gel does not dry out. If Gel begins to dry during your SonicLift treatment, you can apply more gel.

4.2 Activate the SonicLift

1) Unpack the device and all the accessories
2) Be sure that your device is charged. We recommend a full 12-hour charge before the first use.
3) Blue light will show when charging. Green light will show after fully charged.
4) Press the ON/OFF Button to turn on the SonicLift (Model ST261) and the orange Power light will be on.

4.3 Select Mode

Select the working mode of the SonicLift (Model ST261) between the Vibration Mode and the Micro-Current Mode using the MODE Button on the inside handle of your device. When Vibration Mode is selected, the left orange LED light will be on; when Micro-Current Mode is selected, the right blue LED light will be on. The default working mode is the Vibration Mode.

4.4 Adjust Intensity

Adjust the intensity level for each working mode using the INTENSITY Button on the inside handle of your device repeatedly. Press the INTENSITY Button, the intensity will increase from Level 1 to Level 4; press it one more time, the intensity will be back to Level 1. Adjust the intensity according to your comfort level.

4.5 Treatment

- Vibration Mode
  Glide the SonicLift (Model ST261) along the natural contours of your face in an upward motion. Always keep spheres on the skin at the same time as the device will automatically switch polarity during treatment. Repeat until the entire facial area has been treated, avoiding eye area and around the mouth.
- Micro-Current Mode
  Select the Micro-Current Mode to enhance absorption of skin care products into the skin or for a relaxing facial massage. To use this feature, simply apply moisturizing and other skin care treatments onto the skin, spreading into a thin layer over the skin. Press firmly to treated area and move Facial Brush in an upward, circular motion.

4.6 Switch the SonicLift off

Press the ON/OFF Button again to switch the SonicLift (Model ST261) off and all the indicator lights will be off.

4.7 After Treatment

1) Remove the Conductive Gel from your face with a warm, damp washcloth.
2) Gently wipe off any Conductive Gel residue on the spheres with a dry or slightly damp cloth.

Note:

Never submerge your device in water or use excess of liquid when cleaning your device.

4.8 Charging

1) When battery is low to 3.1~3.3V, the orange Power light will flash once every 1.6 seconds to indicate time to recharge.
2) Place the device into the Charging station (Cradle); Make sure metal pads on base of Handle are aligned with metal pads in the Charging station (Cradle) before placing into cradle for charging.
   Plug the Charging Adaptor into wall outlet and then connect the output cord of Charging Adaptor into the socket inlet on the back of the Cradle.
   The BATTERY Light turning blue indicates the metal contact points are aligned and the device is charging. A full charge is indicated by the BATTERY Light turning green.

Note:

- Pretika recommends to unplug the Charging Adaptor after each full charge and conveniently store the Adaptor until charging is required.
- You can leave the SonicLift (Model ST261) in the Cradle as a counter top stand when not charging.
- Keep the Cradle and Charging Adaptor away from water.

5.0 MAINTENANCE

The following maintenance instructions are important to ensure that your device continues to work as it was designed. Failure to follow these instructions may cause your device to stop delivering the required dose or to stop working altogether.

5.1 Cleaning

Simply follow these easy instructions:

- Lightly dampen a washcloth with water.
- Gently wipe the spheres of your device to remove any product.
- Gently wipe down the case of your device.

5.2 Troubleshooting

In the event that the device fails to perform as intended, the following notes will help to identify potential problems with the device and its setup.

Problem	Solution
Device turns off automatically	Check and recharge batteries.
Device cannot not turn on	Check and recharge batteries. Make sure contact points on device and charging stand are in contact and the device is properly seated within the charging stand.
Device shuts off in mid-treatment or only after few treatments	Check and recharge batteries.

5.3 Disposal of Electrical and Electronic Equipment Waste (E-waste)

Disposal information for e-waste depends on the city you are in, as all regulations are local, to learn about recycling or disposal programs in your area search "E-waste recycling or disposal" online.

You can also contact your city directly or look into your local electronics store policy.

6.0 SERVICE

The SonicLift (Model ST261) has no parts you can fix. Do not try to repair it.
If the SonicLift requires service, please contact the selling retailer or Pretika Corporation. All returned units to the manufacturer for repair, including Warranty Repair and Out-Of-Warranty Repair, must have the following:

- During Warranty Period with Proof of Purchase (store receipt)
- RMA Number: Should your product become defective during the warranty period, call Pretika Corporation's customer service team at (949) 481-8818 to request an RMA number.

Package the item securely and return it prepaid/insured – along with Proof of Purchase to:

Pretika Corporation
Warranty Repair Department
12215 Holly Street
Riverside, CA 92509

To insure prompt repair, provide complete, legible name, address and phone number information, RMA number and a note indicating the nature of the product defect and a copy of the original invoice issued for purchase of the unit. We will Repair or Replace (at our sole discretion) product at no charge. Ship unit to the manufacturer in the original container with all accessories and information as required above.

6.1 Outside Warranty Period

Should your product become defective outside the warranty period or you do not have store receipt, package the item securely and return it prepaid/insured. Be sure to include a check or money order payable to Pretika Corporation in the amount of $40.00 to cover handling and postage charges. Then we will send a replacement unit.

Any services to these units shall be performed only by a Service Technician certified by Pretika Corporation.

7.0 SAFETY, EMC & BIOCOMPATIBILITY

1) This device is Class II equipment with type BF applied part. It complies to Medical Electrical Safety Standards (IEC 60601-1, IEC 60601-2-10).
2) This device is also complied to Medical EMC Standard (IEC 60601-1-2).
3) All the user directly contracting materials for main device housing and output contacts in this device are biocompatible for its intended use. They are complied to biocompatibility standards ISO 10993-5 (Cytotoxicity) and ISO 10993-10 (Irritation and Sensitization).

8.0 PRODUCT INFORMATION

8.1 Specification

Basic Unit Characteristics	
Power Source	3.7V li-battery
- Method of Line Current Isolation	Type BF Applied Part
- Patient leakage current	Comply with IEC 60601-1 and IEC 60601-2-10
- Normal Condition	
- Single Fault Condition	
Average DC current through electrodes when device is on but no pulses are being applied	0A
Number of channels	1
Number of modes	2
Output Intensity Level	4
Output Intensity	Vibration Mode: 4V Micro-Current Mode: 0V, 0.24V, 0.26V, 0.28V
Regulated Current or Regulated Voltage?	Current Control
Software/Firmware/Microprocessor Control?	Yes
Automatic Overload Trip?	No
Automatic No-Load Trip?	No
Automatic Shut Off?	No
User Override Control?	Yes

8.1 Specification Continue

Basic Unit Characteristics	
Indicator	Indicates on/off status, low battery, LED of mode information, intensity level information.
Time Range (minutes)	No
Compliance with Voluntary Standards	Yes Comply with IEC 60601-1 and IEC 60601-2-10, IEC 60601-1-2
Compliance* with 21 CFR 898	Yes
Main Unit Weight	248g
Housing Materials of main unit	Charge station: 200g; Charging Adaptor: 180g
Accessories Materials	Plastic

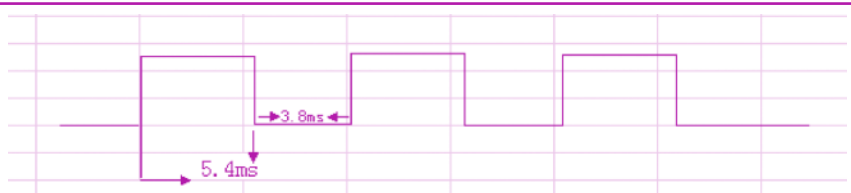
8.1 Specification Continue

Output Specification	
Waveform and Shape	Pulsed, symmetric biphasic, rectangular
Maximum Output Voltage (+/- 10%)	0.14V@500Ω 0.5V@2KΩ 0.2V@10KΩ
Maximum Output Current (+/- 10%)	0.24mA@500Ω 0.25mA@2KΩ 0.02mA@10KΩ
Net Charge (per pulse)	0.339mC @500Ω
Maximum Phase Charge	@500Ω
Maximum Average Current	0.198mA @500Ω
Maximum Current Density	0.0105mA/cm2@500Ω (The Electrode Size: 16cm^2)
Maximum Power Density	0.0018 mW/cm2@500Ω(The Electrode Size:16cm^2)
Pulse Duration	1 s
Pulse Cycle	2 s
Frequency	Vibration Mode: 1s/(3.9ms+5.3ms), 1s/(5.4ms+3.8ms), 1s/(6.8ms+2.3ms), 1s/(8.3ms+0.9ms)
Contraction and Relaxation Time	Due to different modes. (See below “Program Specification Table”)
ON Time (seconds)	
OFF Time (seconds)	

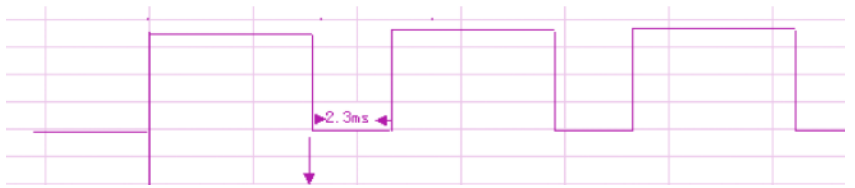
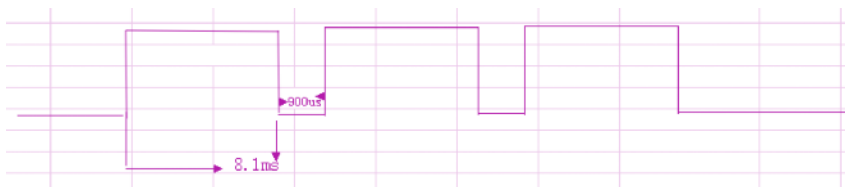
8.1 Specification Continue

Additional Features	
Environment for operation	Temperature: 5 ~ 45° Humidity: 20 ~ 65% RH
Environment for storage	Temperature: 0 ~ 45° Humidity: 10 ~ 90% RH

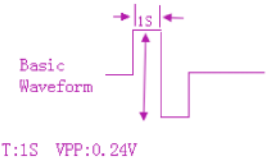
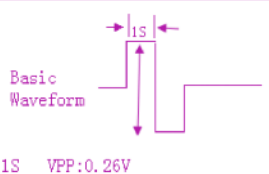
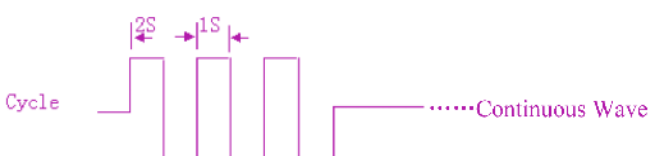
8.2 Mode Specification Table

Vibration Output Specification (Contraction and Relaxation Time)	
Level 1	
Level 2	

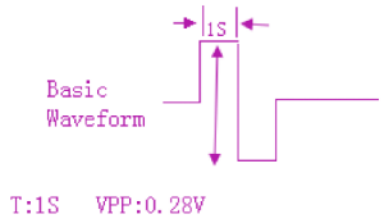
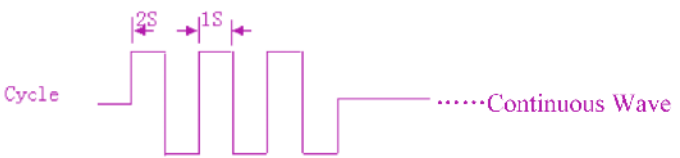
8.2 Mode Specification Table Continue

Vibration Output Specification (Contraction and Relaxation Time)	
Level 3	
Level 4	

8.2 Mode Specification Table Continue

Current Stimulation Output Specification		
Level 1	Basic Waveform	T: 0 Vpp: 0Vdc
	Cycle Waveform	
Level 2	Basic Waveform	
	Cycle Waveform	
Level 3	Basic Waveform	
	Cycle Waveform	

8.2 Mode Specification Table Continue

Current Stimulation Output Specification		
Level 4	Basic Waveform	
	Cycle Waveform	

8.3 Label & Symbols

8.3 Label & Symbols

No.	Symbols	Description
1		**CONSULT INSTRUCTIONS FOR USE.**
2		Symbol for “ATTENTION, CONSULT ACCOMPANYING DOCUMENTS”.
3		BATCH CODE. This symbol should be accompanied by batch code.
4		Symbol for “SERIAL NUMBER”. This symbol shall be accompanied by the manufacturer’s serial number.
5		DATE OF MANUFACTURE. This symbol shall be accompanied by a date to indicate the date of manufacture.
6		Symbol for “MANUFACTURER”. This symbol shall be accompanied by the name and the address of the manufacturer.
7		“WEEE (Waste Electrical and Electronic Equipment)”. The waste products should be handled legally.

CE 0473

EC REP

9 MANUFACTURER INFORMATION

Company: Pretika Corporation
Address: 12215 Holly Street Riverside, CA 92509
Tel: 9491882-8818
Fax: 949-481-8828
Email: customerservice@pretika.com

Pretika SonicLift® Facial Toning

Lift, Firm and Tone Skin

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