



## FARM-TO-TABLE CATERING

PLACE ORDERS 48 HOURS IN ADVANCE

PHONE/SMS: 619-940-7191 EMAIL: TALK@LUCKYBOLT.COM

AVAILABLE MON - FRI

### BREAKFAST

**BUTTERMILK BISCUIT 1/2 DZN (GF)**  
baked fresh and served with butter or  
house-made preserves 35

**GALETTES 1/2 DZN (GF)**  
seasonal fruit preserve, goat cheese,  
herbs, house-made pie dough 39

**BREAKFAST SANDWICHES 1/2 DZN**  
local pasture-raised egg, bacon,  
cheddar, caramelized onion, spicy aioli  
on fresh-baked bread 60

**BISCUIT SANDWICH 1/2 DZN (GF)**  
local pasture-raised egg, bacon,  
cheddar, caramelized onion, spicy aioli  
on a fresh-baked biscuit 72

**GRANOLA PARFAIT 1/2 DZN (GF)**  
house-made California Gold Granola,  
fresh fruit or house-made fruit  
preserves, Strauss plain yogurt 60

**AVOCADO TOAST 1/2 DZN**  
local avocado, sesame seeds, house-made  
chile oil, lemon zest, on toasted  
house-baked levain (includes 6 pieces of  
toast) 36

**QUICHE (GF)**  
local pasture-raised eggs, cheese, local  
kale, onion, cream, baked in house-made  
pie crust (includes 6 pieces) 48

### SWEETS

**CHOCOLATE BROWNIE 1 DZN (GF)**  
freshly baked, rich and chewy 48

**CHOCOLATE CHIP COOKIE 1 DZN (GF)**  
slightly crispy on the outside and chewy  
on the inside 36

**WOOKIE COOKIE 1 DZN (GF, VEGAN)**  
rolled oats, peanut butter, coconut oil,  
chocolate, honey, almond, raisin 48

**CHOCOLATE ESPRESSO BANANA BREAD (GF)** 60

### BEVERAGES

**HOWLING MOON KOMBUCHA** 6.5

**PRESTON'S GINGER BEER** 6

**SPARKLING WATER** 2.5

**ICED TEA 1 GAL**  
Malty Assam or Hibiscus Ginger  
(enough for 16 cups) 32

**HOT BREWED COFFEE SERVICE**  
half gallon of brewed coffee,  
includes cups, cream, sugar, stir  
sticks (enough for 8 cups) 32

WE SOURCE OUR INGREDIENTS DIRECTLY FROM LOCAL FARMERS.



KITCHEN + BAKERY

## SALADS + BOWLS

### HOUSE SALAD

lettuce, carrot, cucumber, tomato, fresh herbs, crouton, vinaigrette dressing

13

### MEDITERRANEAN SALAD

lettuce, potato, cucumber, tomato, egg, olive, ceci beans, house vinaigrette

16

### COBB SALAD

lettuce, cucumber, tomato, egg, bacon, red onion, vinaigrette

16

### AVIATOR SALAD

lettuce, pickled onion, crouton, fresh herbs, Caesar dressing

12

### BOWL OF GOODNESS

ancient grains, lentils, cooked vegetable, massaged greens, miso tahini dressing

14

### ADD PROTEIN TO ANY ITEM

PASTURE-RAISED CHICKEN

5

BACON

2

TOFU OF DESTINY

2.5

BOILED EGG

2.5

AVOCADO

2

## SANDWICHES

### HIPPIE VEGGIE

carrot, cucumber, tomato, lettuce, Tillamook cheddar, house pickle, mustard, mayo, fresh baked bread

14

### HAM + CHEESE (MIN 6 PER ORDER)

smoked ham, cheese, lettuce, tomato, onion, house pickle, mustard, mayo, fresh baked bread

15

### ITALIANO (MIN 6 PER ORDER)

Molinari salami, provolone, pickled giardineira, lettuce, tomato, red onion, mustard, mayo, fresh baked bread

15

### CHICKEN SALAD

Pasturebird chicken, celery, red onion, fresh herbs, pickle, lettuce, mustard aioli, fresh baked bread

15

### EGG SALAD (MIN 6 PER ORDER)

local pasture-raised eggs, celery, red onion, fresh herbs, pickle, lettuce, tomato, fresh baked bread

15

### AVIATOR WRAP

lettuce, pickled onion, crouton, fresh herbs, Caesar dressing

12

### POTATO CHIPS

assorted flavors of Dirty Chips

2.5 ea

## BOX LUNCHES

SANDWICH OR WRAP, CHIPS, COOKIE

22

SANDWICH OR WRAP, SIDE SALAD, COOKIE

25

WE PROUDLY SUPPORT OUR FARMER FRIENDS.

JR Organics (Escondido)

Dickinson Family Farms (Fallbrook)

Happy Hens (Ramona)

Perennial Pastures (Warner Springs)

Rodney Kawano Farms (Oceanside)

Paradise Found (Bonita)

Rio Del Rey (Valley Center)

Dassi Family Farm (Leucadia)