

## PREVENTION ■ PROTECTION ■ PERFORMANCE

## The SOLUTION to INJURIES

**CORESHORTS™** have received excellent peer reviews by top Orthopaedic and Sports Physiotherapists specializing in core & pelvic injuries and rehabilitation.

The shorts have been worn by **elite soccer, hockey, football, tennis, and basketball athletes** as well as **recreational athletes**.

**CORETECTION™** is dedicated to the research and design of products that will enhance injury prevention, protection and performance.

About the Founder  
& INNOVATOR



**GREG BAY**  
Sports Physiotherapist  
BSc. Educ, BSc. PT, FCAMPT, Dip Sports

Greg is a Sports Physiotherapist with a Fellowship in Orthopaedic Manual therapy. He has extensive experience in the treatment of athletic injuries and has been a member of the Canadian Soccer Medical staff for over 20 years.

Take a moment to watch the **Education Video's online** explaining why **CORESHORTS™** are so amazing!

WEBSITE



EDUCATION



**CORETECTION™**

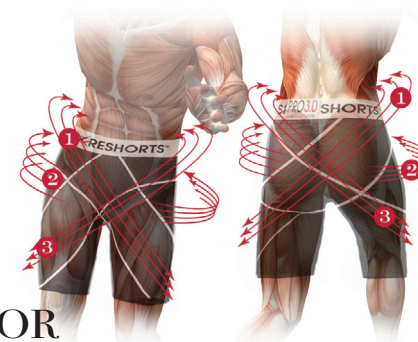
US PATENT # 6,430,752 B1

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**CORETECTION.COM**

**CORESHORTS™**  
ACTIVATION SYSTEM

- 1 STABILIZES PELVIC RING
- 2 CONTROLS PELVIS & HIP
- 3 CREATES TENSION FOR OUTWARD MOTION & ROTATION



The original **CORESHORTS™** are back!



After partnering with **Under Armour** for a number of years, **Coretection** is excited to be back in the game to bring you the **Original CORESHORTS™**.

The purpose and design of **CORESHORTS™** is what differentiates them from **regular compression shorts** and makes them **UNIQUE!**

# The SOLUTION to INJURIES: CORESHORTS™

PREVENTION ■ PROTECTION ■ PERFORMANCE

**CORESHORTS™** patented design (**Core Activation System**) utilizes a series of strategically angled elastics to produce the first anatomically correct compression short to connect the lower back, pelvis and hip to **IMPROVE CORE FUNCTION!**

- **Elastics cross** from the hip to the opposite mid thigh, front, and back
- Waist area is circumferential providing **pelvic compression**
- Tension is created for both **unidirectional** and **multidirectional movements**

## The SHORTS for Sports!

**CORESHORTS™** offer core protection and reduce strains & sprains. Their **UNIQUE** patented design supports the core anatomy and enhances functional movements.

**The key to an efficient recovery is an early accurate diagnosis, a progressive rehabilitation program, and sport specific retraining.**

**CORESHORTS™** were designed to aid in the recovery of core injuries by providing anatomical and functional support to the "core" area, including:

- Lower abdominal sprain
- Hip flexor/quadriceps strain
- Hernia / sports hernia
- Hip rotator strain
- Sacro-iliac joint sprain
- Hamstring strain
- Hip ligament sprain
- Lumbo-sacral sprain
- Adductor strain (groin)
- Osteitis-pubis



**Pelvic & Groin injuries** are increasing in both recreational and professional athletics!

## CORESHORTS™ ADVANTAGES

- Single garment
- Built-in "hip spica" groin protection
- Structural support to improve pelvic, hip, and lower back stability
- Functional support to assist lower abdominal, hip flexor, quadriceps, and hamstring control
- Wicking material for comfort & moisture management
- Antibacterial and antimicrobial protection
- Stretch gusset for comfort and fit
- Latex and rubber free

## CORESHORTS™ APPLICATIONS

### Motion Control

- Sports, work, fitness, post accident, post partum

### Injury Recovery

- Lower back, sacro-iliac joint, osteitis pubis, groin injuries, muscle strains, ligament sprain
- Post surgical: hernia & hip replacement

### Injury Prevention

- Reduces muscle vibration
- Improves heat retention while providing the latest in moisture management
- Assists in directional and multidirectional movement control

**CORESHORTS™** is the **Solution!**  
ACTIVATION SYSTEM