

InView

Male External Catheter

Continence Care Tips

General Information

The male external catheter, self-adhering and engineered with a clear, silicone* material, is available in three styles: Standard, Special, and Extra. External catheters provide a good alternative to indwelling catheters, diapers or other absorbent products.

Five sizes are available, and the packaging is color-coded for easy identification.

- Small (25 mm) – Green
- Medium (29 mm) – Purple
- Intermediate (32 mm) – Tan
- Large (36 mm) – Blue
- Extra Large (41 mm) – Orange

Selecting the Proper Size

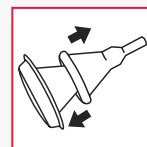
- Use the Hollister sizing guide to determine correct size needed
- Place the Hollister sizing guide over the widest diameter of the penis
- In cases of shorter shaft length, select the InView Special catheter for better adhesion
- When a larger adhesive band is needed to improve adhesion, select the InView Extra catheter

Tips for Use

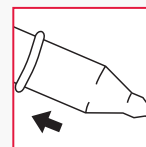
- Clean and thoroughly dry the penis. Do not use lotions, powders or ointments on the skin. Trim hair as needed
- Be sure to have good visualization and access to the area
- If using an InView Special or Extra external catheter, first remove protective cap from the catheter (Figs. 1 and 2)
- Unroll the catheter onto the penis (Fig. 3)
- Gently squeeze the applied catheter to ensure good contact between the adhesive and the skin (Fig. 4)
- Connect to a bedside collector or a leg bag
- Secure the tubing leading to either a leg bag or gravity drainage bag to the individual's thigh to prevent unnecessary tugging on the catheter
- Position the tubing for the leg bag or gravity drainage bag below the level of the bladder



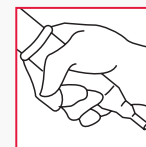
(Fig. 1)



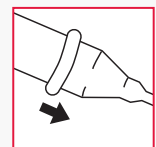
(Fig. 2)



(Fig. 3)



(Fig. 4)



(Fig. 5) see reverse

**Do not use on irritated or compromised skin.
Do not use if allergic reaction occurs.**

*Not made with natural rubber latex

Frequently Asked Questions

Q: *How long do these catheters stay on?*

A: A variety of factors such as application technique, individual anatomy and condition of the skin may influence wear time. With proper application, you can expect up to 24-hours wear time.

Q: *Is sizing important in selecting the right external catheter?*

A: Yes. The Hollister sizing guide is available to help in proper catheter size selection. If the patient is between sizes, select the larger of the two sizes, apply the catheter and crimp the excess silicone material on the shaft so the urine does not channel beneath the catheter and leak.

Q: *Is the InView Special catheter only for men with a short shaft?*

A: No. Some users simply prefer an external catheter with a shorter sheath. The adhesive of the InView Special version is adequate to hold the catheter. For some men, a shorter sheath is a matter of preference or comfort.

Q: *How should I clean the bedside collector or leg bag used with an external catheter?*

A: There are several commercially available products to clean urine collection devices. The Hollister m9 cleaner/decrystallizer is one such product. The m9 cleaner/decrystallizer is odorless, pH balanced and comes with its own mixing bottle with a tapered tip to fit inside most tubing.

Q: *What is the best way to remove the external catheter?* (Fig. 5)

A: Gently roll the catheter off the skin. Use of a warm, wet washcloth, held over the catheter for approximately 30 seconds may help weaken the adhesive for easier removal in some cases. Adhesive remover wipes may also be helpful.

Q: *Can a protective barrier wipe (such as Hollister Skin Gel Protective Dressing Wipes) be used on the skin?*

A: Not initially recommended, but the barrier may be helpful if the skin is fragile.

Q: *Can external catheters be used on an uncircumcised penis?*

A: Yes. Apply the catheter with the foreskin in its natural position.



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