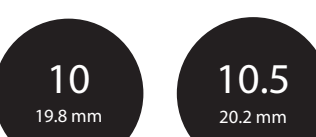


Prior to printing, ensure that Page Scaling is set to "100%" on your print dialog box.  
(To open the print dialog box, press CTRL +P)

Measure the bar below.  
It must be exactly 30 mm long.

This ring sizer guide only serves as a referencing tool, for the most accurate result, please order our free ring sizer.



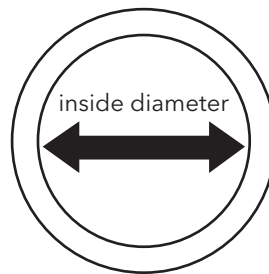
## Free Ring Sizer

Get your free ring sizer at:

<https://www.gwbands.com/products/free-ring-sizer>

## Measure Current Ring

1. Select a ring that properly fits the intended finger.
2. Place the ring over the circles to the right. Matching the inside edge of the ring to the circle nearest in size. This measurement refers to the inside diameter of the ring.
3. If the ring falls between two sizes, order the quarter size.



Circles in US ring size and diameters.

## Measure Your Finger

Your ring should fit your finger comfortably; snug enough so that it will not fall off, but loose enough to slide over your knuckle.

Finger size changes depending on time of the day and the weather, for better results:

1. Measure your finger at the end of the day and when your fingers are warm. (Fingers are smaller in the early morning and when cold.)
2. Measure your finger size 3 to 4 times to eliminate an erroneous reading.

Avoid using string or paper to measure ring size as these materials can stretch or twist, yielding an inaccurate measurement.

# INTERNATIONAL RING SIZE CHART

Diameter (mm)	United States & Canada	Europe	UK & Australia	Singapore & Japan	Hong Kong	Switzerland
14.1	3	44	F½	4	6	4
14.3		45	G	5		5¼
14.5	3½		G½		7	
14.7		46	H	6		6½
14.9	4	47	H½	7	8	
15.1			I			7¾
15.3	4½	48	I½	8	9	
15.5			J		10	9
15.7	5	49	J½	9		
15.9		50	K		11	10
16.1	5½		K½	10		
16.3		51	L		12	11¾
16.5	6	52	L½	11	13	12¾
16.7			M	12		
16.9	6½	53	M½	13	14	14
17.1			N			
17.3	7	54	N½	14	15	15¼
17.5		55	O		16	
17.7	7½		O½	15		16½
17.9		56	P		17	
18.1	8	57	P½	16		17¾
18.2					18	
18.3			Q			
18.5	8½	58	Q½	17		
18.8		59	R		19	19
19.0	9		R½	18	20	
19.2		60	S			20¼
19.4	9½	61	S½	19	21	
19.6			T			21½
19.8	10	62	T½	20	22	
20.0			U	21		
20.2	10½	63	U½	22	23	22¾
20.4		64	V		24	
20.6	11		V½	23		
20.8		65	W		25	25
21.0	11½	66	W½	24		
21.2			X		26	
21.4	12	67	X½	25	27	27½
21.6			Y			
21.8	12½	68	Z	26		28¾
22.0		69	Z½			
22.2	13	70		27		
22.4			Z+1			
22.6	13½		Z+2			