

## STAR BARRIER-REPAIRING INGREDIENTS

- Shea butter
- Petrolatum
- Squalene
- Hyaluronic acid
- Glycerin
- Silicones
- Various peptides
- Green tea
- Zinc
- Epidermal growth factors
- Milk proteins
- Aloe vera
- Honey
- Chamomile
- Arnica montana
- Lavender
- Algae
- Prebiotics and probiotics
- Lipid-rich plant oils
- Allantoin
- Willow bark extract
- Niacinamide
- Retinaldehyde
- Amino acids
- Antioxidants
- CBD

be tweaked to ensure no new reactions happen.

If clients are actively being treated by a doctor for any other medical issues related to their skin, be sure to keep up with any diagnostic changes. Have clients journal about how their skin is feeling and what they do day to day to be able to visualize any skin-irritating patterns. Lastly, be their cheerleader. Let them know that as they follow the advice of their skin care professional, their skin will do what it was meant to do.

The importance of addressing barrier function in maintaining healthy skin as well as its role in the overall management of many skin disorders is vital for professionals to understand and to appreciate. The best course of action is prevention, as healing and restoring take time and

patience. With the right knowledge, the professional is prepared with ways to combat barrier disruption inside the treatment room and beyond their practice, and the client can feel confident that they are receiving the best treatment plan for their skin. ¶



*Elizabeth Brasher is a licensed aesthetician since 2011 and has been practicing*

*with a strive for advanced skin care education ever since. Brasher is an aesthetician at Premier Med Spa in Richardson, Texas. She continues to devote herself to helping her colleagues by offering expert training, heading online aesthetics forums, and writing contributions to industry magazines. At the beginning of 2020, Brasher became DERMASCOPE Magazine's lead in-house aesthetician.*

# put it into practice

## SENSITIVE SKIN CARE

Industry leaders share products specifically curated to restore and refresh sensitive skin.



1

### Elina Fedotova, L.E. Founder & Formulator of Elina Organics

"This deeply hydrating and brightening eye area infusion contains collagen-stimulating microcrystals and extracts from the freshwater Baikal sponge, Lubomirskia, and other antiaging micronutrients. These unique microcrystals penetrate skin, creating microchannels that stimulate active skin regeneration.

[elinaorganics.com](http://elinaorganics.com)



2



3



2

### Denise Byrnes Product Development Officer & Co-Founder of Société Clinical Skincare

"Hydro Restore is an absolute must-have product. It is good for all skin types and helps fight sensitivity, bug bites, rosacea, and itchy skin. Its ultra-creamy texture blends in quickly for skin soothing and creates a protective barrier. Hyaluronic acid and shea butter help add moisture to stressed out skin. It is also excellent for eczema, psoriasis, and dermatitis."

[societeskincare.com](http://societeskincare.com)



3

### Carl R. Thornfeldt, MD, FAAD Founder of Epionce

"The flagship Epionce product, Renewal Facial Cream, contains a key ratio of barrier-boosting cholesterol, ceramides, and free-fatty acids to hydrate and balance sensitized skin without causing redness."

[epionce.com](http://epionce.com)



# dermascope

THE AUTHORITY ON PROFESSIONAL SKIN CARE

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SENSITIZED  
SKIN SOLUTIONS