

Sleep Mask Tutorial

Materials -

Tear Away stabilizer
Top Fabric - 8" X 5"
Bottom Fabric - 8" X 5"
Elastic - Around 12 inches
Matching Bobbin
Painters Tape



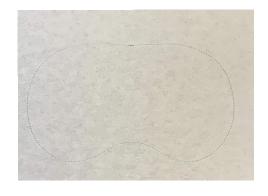
Step 1

Hoop 2 layers of tearaway



Step 2

Stitch placement



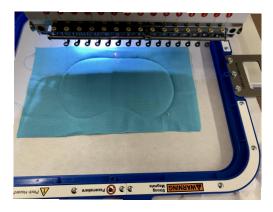
Step 3

Float fabric and stitch tackdown

Step 4

Stitch design

On this particular design only (Holly Go Lightly) remove hoop from machine after this point. Turn it over and on the back of the design use a seam ripper or small scissors to cut ONLY the bobbin thread on the LONG satin stitch on the lashes. Then turn over the hoop and on the front pull the bottom of the lashes through to create a fringe. If you've never done fringe before and don't understand what I'm talking about, there are some good YouTube videos to watch before going any further.











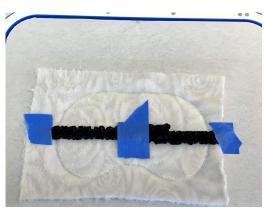
Step 5
Use painters tape to attach the back fabric to the back of the hoop making sure to cover all stitch lines.



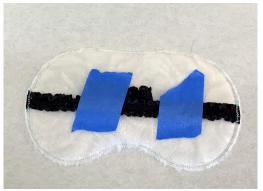
Step 6Stitch the back tackdown step and then the elastic placement.



Step 7
Use painters tape to attach elastic with ends facing the outside . You'll have to bunch up the elastic in the center and tape in place.



Step 8
Stitch elastic tackdown then remove hoop from machine and trim all fabric as close as possible to the outline.
(Just like an applique)





CHANGE BOBBIN THREAD!

Step 9Replace hoop on machine then stitch final satin colors.

You're Finished!

Remove from hoop and stabilzer and enjoy!

