

RACECOMP ENGINEERING

2008-2014 STI SS1 Coilovers Installation Instructions

DISCLAIMER: PLEASE READ

We (Racecomp Engineering) are not responsible for any issues resulting from improper installation. Removal and installation of suspension components may be dangerous, as parts may be under compression and are likely to shift unexpectedly, causing serious injury or death. Installation should be performed by an ASE certified Subaru technician. Unless you are a technician by trade, you should not attempt installation of this part. Please use caution when driving your vehicle after installation, as handling characteristics may have changed dramatically.

Before installation, please read the following manual carefully

1. Check the package for shipping damage. If damaged, please take the following steps ASAP:

- A. Take pictures before unpacking
- B. Unpack the box and check for damaged parts
- C. Take pictures of damaged parts
- D. Contact Racecomp Engineering

2. Check the contents of the package ensuring everything is received. If any of these items are missing, please contact us.

- A. x2 Racecomp Engineering SS1 front struts
- B. x2 Racecomp Engineering SS1 rear shocks
- C. x1 Spanner Wrench
- D. x1 Allen key (2mm)



Racecomp Engineering products are produced and assembled with the highest quality ensuring an easy install. However, sometimes complications arise during installation. In that case, please contact Racecomp Engineering.

Rebound Adjustment



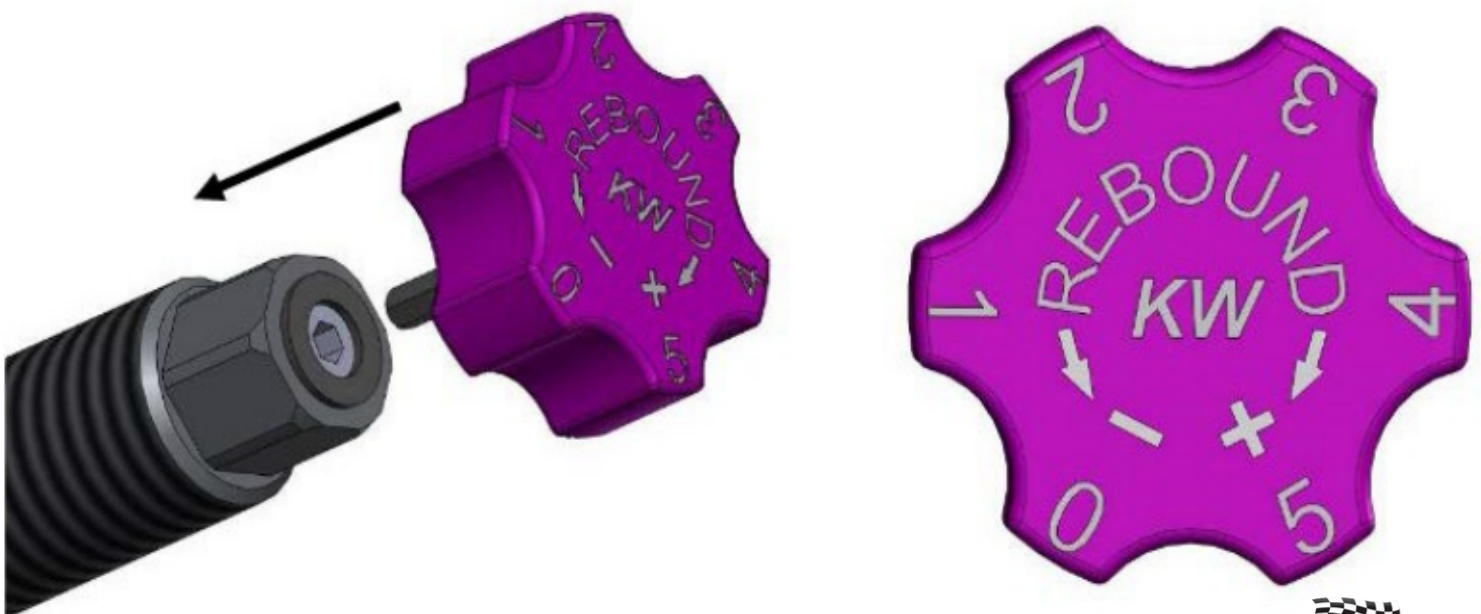
Never apply force to the adjusting mechanism of the shock absorber. As soon as you reach the end of the adjustment range, you will recognize a certain resistance. STOP turning to avoid damage to the bottom valve.

Rebound controls how the damper extends back over bumps and during body roll. Adding rebound reduces excessive movement of the chassis and improves stability.

Too much rebound can reduce overall grip in cornering, transitions, and traction coming out of slow speed corners.

The adjustment knob included with the kit must be inserted in the top of the piston rod. A 2mm allen wrench can also be used.

With clockwise rotation of the adjustment wheel the rebound damping will become harder. With anti-clockwise rotation the rebound damping will become softer. The click directions are labeled with "+" (harder) and "-" (softer) on the adjustment wheel



IMPORTANT NOTES:

1. We recommend the use of a vehicle hoist or lift when installing the suspension. If a lift is not available and jacking equipment is used, make sure that the vehicle is secured with jack stands to ensure safety.
2. The suspension components may only be installed by a trained and certified technician using proper tools.
3. Never use impact wrenches or guns to install or remove shock absorber piston hardware. A strap wrench is highly recommended to secure shock shaft.
4. It is imperative that you do not damage the piston rod surface, through the use of pliers, etc. as the smallest damage will result in seal damage and **will not be covered under warranty.**
5. Never disassemble or cut open shock absorbers and/or shock absorber inserts. They contain oil under pressure. Danger of explosion.
6. Ensure that the set screw on each spring collar is tightened to prevent movement of the spring perch after install. Do NOT over tighten set screws on spring perches. **Maximum torque is 0.74 - 1.47 ft-lbs**
7. After assembly and installation is complete, the vehicle should be rolled onto level ground. Once on level ground, measure the vehicle height and adjust to your specifications, within the lowering range specified earlier.
8. Examine the clearance between the tires and the suspension over the full range of motion of the wheel. **The minimum clearance between the suspension and the tire is 5mm.**
9. **DO NOT use an aftermarket camber bolt on the UPPER slotted upper strut hole. IF additional camber is needed, an OEM crash bolt is recommend. An aftermarket camber bolt may be used for the LOWER bolt.**
10. Have the car aligned to ensure camber and toe are corrected.
(caster if available)

Ride Height

Before installation, roll the vehicle onto level ground. Then measure the ride height and note the measurements in the table below.

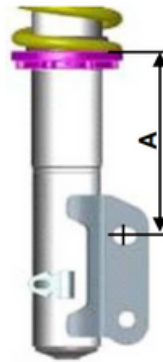
Measure from top of the fender (A) to center of the hub (B)



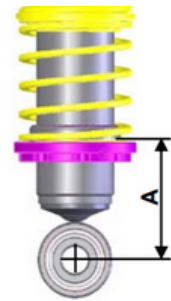
	Left	Right
Front		
Rear		

RECOMENNDED HEIGHT SETTINGS

FRONT STRUT



REAR SHOCK



Ride height should be set AFTER coilovers are fully assembled

Approximate distance measurement A Front axle: Fastening screw - spring contact area Rear axle: Seating height adjustment - spring contact area or fastening screw - spring contact area	min:	max:	min:	max:
	120 mm / 4,7 inch	150 mm / 5,9 inch	110 mm / 4,3 inch	135 mm / 5,3 inch

⚠️ GOING BELOW THE MINIMUM COULD VOID WARRANTY CLAIM ⚠️

Approximate measurement* B in mm / inch: wheel hub center to fender edge	min: Front	min: Rear
	325 mm / 12,8 inch	320 mm / 12,6 inch



Front Camber Adjustment

Racecomp Engineering's Super Street 1 coilovers provide two points of camber adjustment.

- (1) Slotted strut tab on top**
With use of OEM eccentric bolt



- (2) Adjustable camber plates**

To adjust front camber, loosen the 4 Torx bolts on the top of the plate and slide the bearing carrier to achieve desired specs. Then tighten the Torx bolts to 17 ft. lbs.



**NOTE: Always begin with the eccentric bolt on the lower strut when adjusting camber.
Fine adjustments can be made via camber plates**

Rear Shock Assembly

IF ORDERED WITH REAR LOWERING
MOUNTS, SKIP AHEAD TO
INSTALLATION

1. Lower the spring collars fully to the bottom.



NOTE: FOR USE WITH OEM TOP MOUNT. Please follow manufacturer's instructions if using aftermarket rear top hats

2. Install OEM top mount directly on top of the supplied upper spring perch.

OEM RUBBER NOISE ISOLATOR IS NOT NEEDED



SUPPLIED UPPER SPRING PERCH



3. Use strap wrench to secure shock shaft.
For best results, wrap around shock shaft
twice.



4. Install ONE Top nut at a time (VERY IMPORTANT) and torque to 15ft-lbs

A) Start by threading ONE of the supplied top nuts onto the rear shock shaft.
Tighten and torque to **15ft-lbs**

B) Carefully thread the second supplied top nut. Tighten and torque to **15ft-lbs**

**** MAKE SURE SOCKET DOES NOT CATCH BOTH TOP NUTS AT THE SAME TIME ****

Front Strut Installation

1. Remove plastic clip that holds the ABS wire to the strut



2. Remove 12mm bolt that attaches the brake line



4. Remove the two 19mm nuts/bolts that attaches the front strut to the hub



5. While having the strut supported or held in place, carefully remove three upper 12mm nuts that fasten strut top mounts to chassis.



6. Once all three 12mm top nuts are removed, ensure the abs and brake line are out of the way and remove the strut from the car.

7. Install assembled Super Street 1 coilovers by guiding the shock up ensuring the camber plate is situated correctly (see below). Secure the three bolts on the top mount to the car. Carefully guide the bottom of the strut to the hub and insert the two 19mm bolts. ****Top clevis tab is slotted; bolt can only go in one direction**



8. Attach brake line to strut. **ABS line needs to be zip tied to the bracket on the strut.** Be careful not to pinch or tangle the ABS and brake lines.

- **Top mount to chassis nuts: 15 ft-lb**
- **Lower clevis bolts/nuts: 115ft-lb**
- **Brake line: 24.3 ft-lb**



Rear shock Installation

1. Remove trunk mat to expose tops of rear shocks.



2. Remove two 14mm upper nuts that fasten top mounts to chassis.



3. Remove 17mm bolt/nut that attaches the shock to swingarm (1) and 14mm bolt/nut that attaches swaybar endlink to swingarm (2)



4. Push down on swing arm and remove shock



NOTE:

If there is still too much tension to remove the shock, remove the 17mm nut/bolt that connects the swing arm to rear hub

Rear lower arm to hub: 59 ft-lb

5. Install new SS1 coilovers by guiding bottom of the shock back into the control arm. **DO NOT insert lower bolt through the shock and control arm yet.**

6. Push the shock upward and secure the rear top mount with the two OEM 14mm nuts.

7. Reinstall the bolts for the sway bar endlink and rear shock and torque to the following:

- **Top mount to car: 22.4 ft-lb**
- **Shock to LCA: 63 ft-lb**
- **Swaybar endlink to LCA: 28 ft-lb**
- **Wheels: 88.5 ft-lb**



8. Install and torque wheels. Roll the car on level ground and check ride height. Adjust if needed