



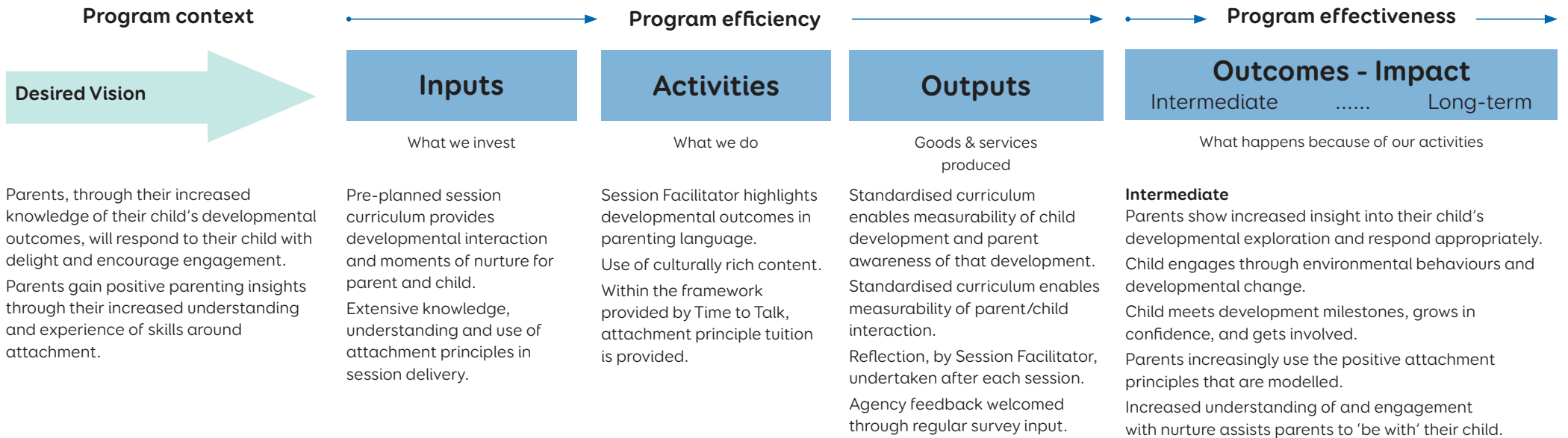
Theory of Change

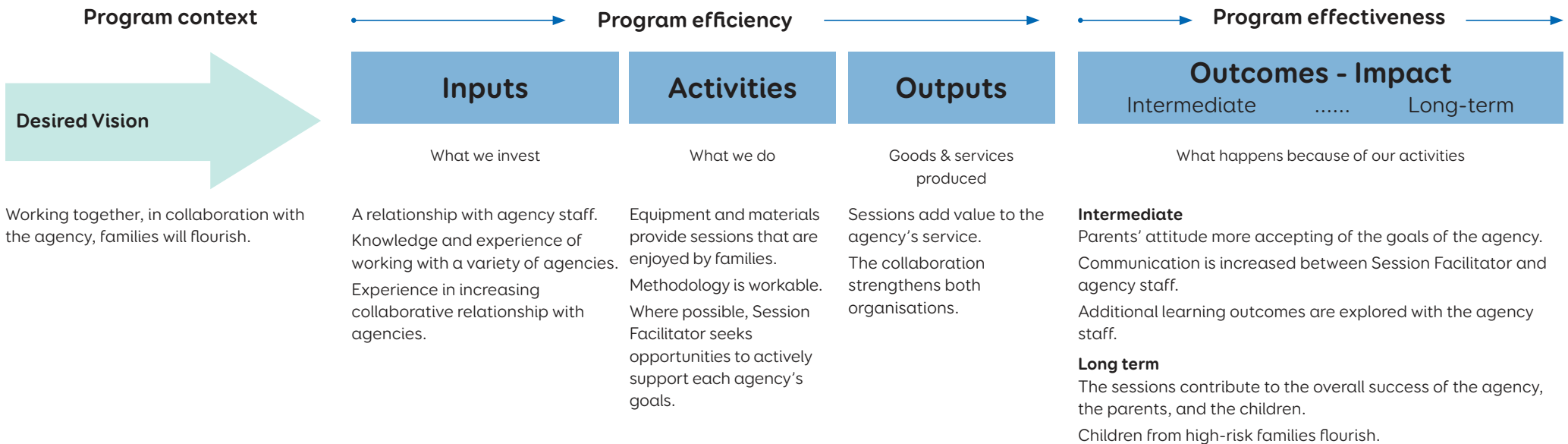
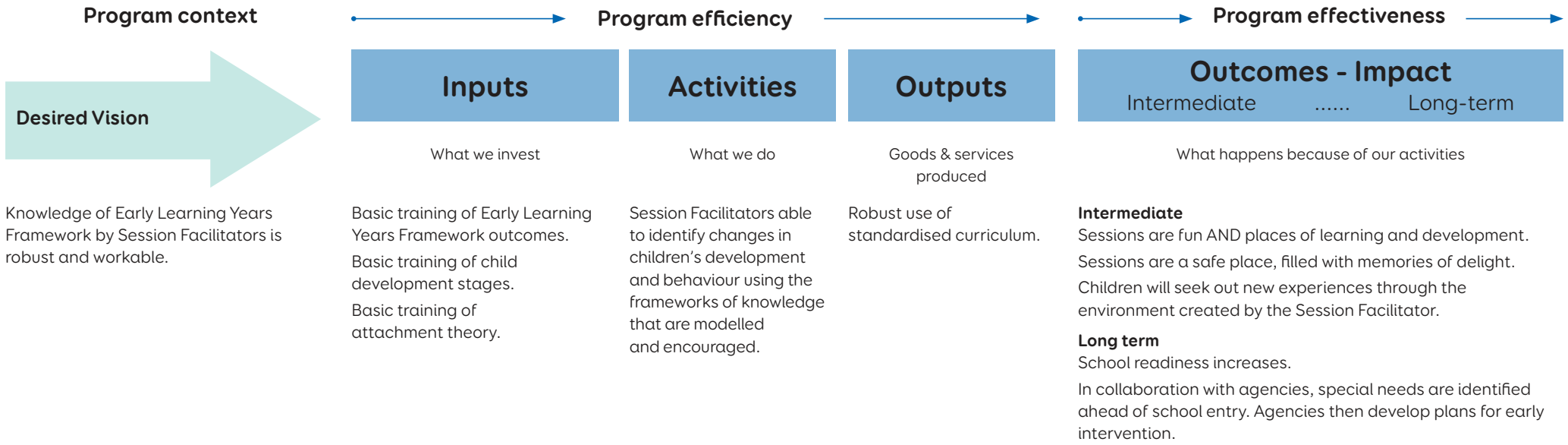
mainly music and mainly play Supported Groups

To continually review the value of mainly music and mainly play sessions, we measure our performance on the theory of change considered as the basis for our outcomes. Through this, we have designed participant surveys, agency feedback, and Session Facilitator reflection processes.

By providing specific educational based frameworks for high-risk families, contributing to their healing, and development of attachment, families build resilience into their children. mainly music and mainly play places a high value on families, particularly families with young children, and seeks to contribute to each agency's capacity to support, enrich, and value families.







Terminology

Term	Explanation
Supported Group	Sessions are delivered by a paid staff member or volunteer, trained and supervised by mainly music Australia.
Session Facilitator	Title of person who delivers the mainly music and mainly play sessions.
Agency	Organisation providing other services to at-risk families.
Program	Content of the mainly music and mainly play sessions.
Standardised curriculum	Planned sessions enabling Session Facilitators to concentrate on delivering the program and responding to the needs of the families attending.

