

# What is a Family? : PSHE : Healthy Relationships : Year 2

|                 | Learning Objective   | Overview   | Assessment Questions   | Resources  |
|-----------------|--|--|--|--|
| <b>Lesson 1</b> | To understand the role different people play in our lives                      | In this lesson, children think about the different people in their lives that are important to them. They think about why they are important and categorise them as either friends, relatives or acquaintances. At the end of the lesson, children learn how to encourage other children to seek help if they need it and consider which adult they would go to for support.   | <ul style="list-style-type: none"> <li>Can the children identify the role different people play in their lives?</li> <li>Can the children categorise people in their lives as friends, relatives and acquaintances?</li> <li>Do the children know how to encourage friends to seek help when they need it?</li> </ul>  | <ul style="list-style-type: none"> <li>Slides</li> <li>Individual whiteboards and pens</li> <li>Worksheet 1A/1B/1C</li> <li>Poem Sheet (FSD? activity only)</li> </ul>   |
| <b>Lesson 2</b> | To understand how important people in our lives show they love and care for us | In this lesson, children think about how the different people important to them show that they love and care. They learn how sometimes we show love and care when we tell someone something they don't necessarily want to hear. Children then use drawing and writing to explore the important people in their lives and how they show they love and care or they design and make a thank you card to give to someone special.  | <ul style="list-style-type: none"> <li>Can the children identify different ways people show they love and care for us?</li> <li>Can the children recognise that sometimes we show we care by telling the person something they don't want to hear?</li> <li>Can the children identify the ways in which pets can help us in our lives?</li> </ul>                                | <ul style="list-style-type: none"> <li>Slides</li> <li>Worksheet 2A/2B/2C</li> <li>Thank You Card Template (FSD? activity only)</li> </ul>   |
| <b>Lesson 3</b> | To understand there are different types of family                              | This lesson is an opportunity to learn about different types of family. After discussing what is meant by the term 'family', children meet several children, each from a different type of family. Children learn how all families deserve respect and are characterised by people who love and care for one another. At the end of the lesson, children learn what to do if a family relationship is making them feel unhappy or unsafe.  | <ul style="list-style-type: none"> <li>Can the children identify some different types of family?</li> <li>Do the children recognise that all families are characterised by people who love and care for one another?</li> <li>Do the children know what to do if family relationships are making them feel unhappy or unsafe?</li> </ul>   | <ul style="list-style-type: none"> <li>Slides</li> <li>Family Sheet 3A/3B/3C</li> <li>Apple Template Sheet (FSD? activity only)</li> <li>Family Tree Sheet (FSD? activity only)</li> </ul>                               |
| <b>Lesson 4</b> | To understand different ways we can support our family                         | In this lesson, children learn about the importance of helping out around the home with jobs such as folding laundry and cleaning. They consider why doing such jobs is important and learn that some jobs they cannot do until they are older. In the main part of the lesson, children either make a display of the different jobs they do around the home or design a clever new robot that can help out with chores! At the end of the lesson, your class will learn about the jobs done by young carers and the difficulties they might face. | <ul style="list-style-type: none"> <li>Can the children identify different jobs they can help out with around the home?</li> <li>Can children explain why some family members can't do all jobs (e.g. because of their age)?</li> <li>Can children explain what a young carer is and identify some of the difficulties they might face?</li> </ul>                               | <ul style="list-style-type: none"> <li>Slides</li> <li>Tambourine/bells (Warm-up activity only)</li> <li>Job Card 4A/4B/4C</li> <li>Robot Sheet (FSD? activity only)</li> <li>Ideas Card (FSD? activity only)</li> </ul> |
| <b>Lesson 5</b> | To understand how to have positive relationships at school                     | In this lesson, children think about why it is important to build and maintain positive relationships with adults and other children at school. They read an interactive story and help the main character decide what to do in various situations in order to build positive relationships. At the end of the lesson, children learn what is meant by 'respect' and the importance of showing it to others, including authority figures.  | <ul style="list-style-type: none"> <li>Can children explain some ways to build and maintain positive relationships at school?</li> <li>Can the children explain the benefits of building positive relationships with others?</li> <li>Do children understand what is meant by respect and why it is important to show respect to others, including authority figures?</li> </ul> | <ul style="list-style-type: none"> <li>Slides</li> <li>Worksheet 5A/5B/5C</li> <li>Drama Cards (FSD? activity only)</li> </ul>   |

# What is a Family? : PSHE : Healthy Relationships : Year 2



## End of Primary Phase Objectives:

### Relationships Education - Families and people who care for me

- that families are important for children growing up because they can give love, security and stability
- the characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives
- that others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care
- that stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up
- how to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed

### Relationships Education - Respectful relationships

- practical steps they can take in a range of different contexts to improve or support respectful relationships
- the conventions of courtesy and manners
- that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority

### Relationships Education - Being Safe

- what sorts of boundaries are appropriate in friendships with peers and others (including in a digital context)

### Vocabulary

healthy relationships, role, responsibilities, family, roles, family life, relative, stable, love, security, care, protection, help, tasks, rota, chores, support, acts of kindness, co-operation, happy, unhappy, healthy, unhealthy, positive, negative, mistake, problem, strategies, communicate, resolve, respect, manners, strategies

### Teacher notes