

What is Happiness? : ESR : Year 3/4

	Learning Objective	Overview	Assessment Questions	Resources
Lesson 1	To explore what makes us happy.	Children will think about the things that make them happy and consider some vocabulary to describe happiness and other emotions. Children will compare two scenarios and consider which would make them happier, giving reasons for their choices. They will also explore how many of the things that make us happiest are not material things.	<ul style="list-style-type: none"> Can children use a range of vocabulary to describe their emotions? Do children recognise that some of the things that make us happiest are not material things? Can children decide which out of a range of scenarios is likely to make them happiest, giving reasons for their choices? 	<p>Slides</p> <p>Happy Words sheet (teaching input)</p> <p>Scenario Cards 1A/1B</p> <p>Worksheet 1A/1B/1C</p> <p>Emotion Statements (FSD? activity only)</p> <p>Booklet Template (FSD? activity only)</p>
Lesson 2	To explore the idea that everyone has a right to be happy and healthy.	Children will start by considering what the basic things that everyone needs in life to be happy are, and whether everyone deserves these things. They will then go on to explore human rights, looking particularly at the UN Rights of the Child document, and establish that not everyone in life is given the same opportunities for a happy and healthy life. They will then consider things they are thankful for in their own lives.	<ul style="list-style-type: none"> Do children understand that everyone has the right to be happy and healthy? Can children describe some of the human rights that everyone is entitled to? Can children name some things they are grateful for, explaining their reasons? 	<p>Slides</p> <p>Statement Cards 2A/2B</p> <p>Worksheet 2A/2B/2C</p> <p>Article Sheet</p> <p>Thankfulness Dice (FSD? activity only)</p> <p>Leaf Templates (FSD? activity only)</p>
Lesson 3	To find out what philanthropy is and how generosity can contribute to happiness.	Children will start by thinking about how they would feel if they won the lottery before learning what philanthropy is and considering if money alone can make you happy. They will find out about some different forms of philanthropy and consider how and why giving to people who need help can contribute to our own happiness and fulfilment in life. In their independent learning, they can either review what they think happiness is, or plan how they would spend £100, choosing from a range of philanthropic and personal purchases.	<ul style="list-style-type: none"> Do children understand what philanthropy is? Do children understand that money alone cannot make people happy? Do children understand that helping others can increase feelings of happiness and fulfilment? 	<p>Slides</p> <p>Worksheet 3A/3B/3C</p> <p>Poem Template 3A/3B</p> <p>Getting and Giving Cards (FSD? activity only)</p>