The Olympics : Year 3/4



	Learning Objective	Overview	Assessment Questions	Resources
Lesson 1	To explore the origins and traditions of the Olympic Games.	In this first lesson, children learn about the original Games in ancient Greece, before finding out about the modern Olympic Games, which began in 1896. As a class, they look at some of the changes that have occurred between the first modern Games and now. In their independent activities, children research and discuss some of the traditions associated with the Olympic Games.	 Do children know that there are two different periods of Olympic Games - ancient and modern? Do children know what a tradition is, and why they are important in the Olympic Games? Can children talk about some of the traditions associated with the modern Olympic Games? 	 Slides Information Posters A/B/C/D/E/F Question Sheet 1A/1B/1C Prompt Questions Cards (FSD? activity only) Traditions Recording Sheet (FSD? activity only)
Lesson 2	To be able to locate the countries and continents that the Olympic Games have been held in.	After discussing the definitions of 'city', 'country' and 'continent', children use maps to locate some of the continents and countries that have hosted the Summer Olympics since 1896. Children continue this task in their independent activities, labelling and creating keys for maps. In the alternative activity, children work in pairs to identify which Olympic Games have taken part in which continent.	 Can children identify and name the seven continents? Can children identify the continents that some countries are found in? Can children use maps and/or atlases to help them locate different countries? 	 Slides Blank World Map Host Cities/Countries Sheet A/B/C World Map Atlases, access to internet (optional) Continents Map (FSD? activity only) Location Cards (FSD? activity only) Olympic Rings Recording Sheet (FSD? activity only)
Lesson 3	To be able to choreograph, perform and evaluate a gymnastics routine.	Inspired by videos of Olympic athletes, the children will be challenged to choreograph and perform their own gymnastics routines. Children can be given different levels of challenges and be scored by their peers on execution and skill.	 Can children create a gymnastic sequence which includes variations in speed, level and direction? Can children evaluate their performances and state how they could be improved upon? Can children rehearse and perform their sequences, displaying control, balance and timing? 	 Slides Challenge Card A/B/C Gym mats/apparatus Gold, Silver and Bronze medals Video recorder (FSD? activity only)
Lesson 4	To design and make Olympic medals.	In this lesson, children will learn that the design of Olympic medals changes with each Games. They will research and review the designs of past medals before generating design ideas for medals for their own school games. Children then learn and apply engraving techniques or use graphic design to make their medals.	 Can children research, develop and revisit their design ideas? Can children experiment with a range of engraving techniques to produce different effects? Can children apply and vary appropriate pressure while engraving with a pencil? 	Slides Research Code Sheet Design Sheet 4A/4B/4C Picture Sheet Graphic Design Instructions 4A/4B (FSD? activity only) Card, compass, ruler, pencil, scissors, aluminium foil, paperclips, ribbon, glue
Lesson 5	To be able to design, make and present packaging for an Olympic product.	In this lesson, children will think about the importance of packaging for a product, and how it can both inform and attract consumers. Children are challenged to design the packaging for an Olympic-themed energy bar aimed at athletes, and then create their design using nets provided.	 Can children develop ideas for products, thinking about what they will be used for and who will use them? Can children design and create packaging for an Olympic product? Can children present their finished products and explain their design choices? 	 Slides Worksheet 5A/5B Net sheets Card Glue, rulers, scissors Worksheet 5C (FSD? activity only) Empty bottles (FSD? activity only)