

# PlanBee D.T. Assessment : Seasonal Food : KS2



Group:

Year:

Term:

Lesson 1	Do children know what 'seasonal food' is?																			
	Do children know why certain foods are available all year round in Britain?																			
	Can children use a variety of techniques to bake cakes safely and hygienically?																			
Lesson 2	Understand that some seasonal fruits are suited to the climate and weather conditions in Britain.																			
	Do children know how fruit may be processed and/or preserved?																			
	Can children follow instructions for a recipe using seasonal fruit or jam?																			
Lesson 3	Do children know why vegetables form an important part of a healthy diet?																			
	Do children know when some British vegetables are in season?																			
	Can children prepare a healthy meal using seasonal vegetables?																			
Lesson 4	Can children name a variety of food products that come from animals?																			
	Do children know some reasons why some meat is not in season all-year-round?																			
	Prepare a healthy, savoury meal using meat (or a vegetarian alternative.)																			
Lesson 5	Know some ways in which fish are caught or reared and processed in Britain.																			
	Do children know some of the nutrients in fish?																			
	Can children prepare a healthy, savoury meal using fish or vegetarian alternatives?																			
Lesson 6	Know some reasons why some foods are only in season for a short time.																			
	Can children explain why it is a good thing to eat seasonal food?																			
	Can children recall and apply what they have learned about seasonal food in Britain?																			