



| Safe Spaces and Boundaries | | | | | | | | |
|----------------------------|---|--|--|-----|----|--|--|--|
| Group: Year: Term: | | | | | | | | |
| PSHE | | | | | | | | |
| Lesson 1 | Can the children identify where they feel comfortable and safe? | | | | | | | |
| | Can the children identify situations that make them feel comfortable and uncomfortable? | | | | | | | |
| | Can the children explain how their bodies feel when they are comfortable and uncomfortable? | | | | | | | |
| Lesson 2 | Can the children explain what is meant by a trusted adult? | | | | | | | |
| | Do the children know how to start a conversation with a trusted adult? | | | | | | | |
| | Can the children list who their five trusted adults are? | | | | | | | |
| Lesson 3 | Can the children empathise with another person who is feeling uncomfortable? | | | | | | | |
| | Do the children know who they could turn to to ask for help if they are feeling uncomfortable themselves? | | | | | | | |
| | Are the children able to ask for help if they need it? | | | | | | | |
| Lesson 4 | Can the children explain what is meant by the term peer pressure? | | | | | | | |
| | Do the children know who to go to and how to ask for help if they need it? | | | | | | | |
| | Do the children know it is important to keep asking for help if at first help is not forthcoming? | | | | | | | |
| esson 5 | Can the children explain what makes a secret a safe secret? | | | - 8 | 13 | | | |
| | Can the children explain what makes a secret an unsafe secret? | | | | | | | |
| Les | Do the children know what to do if they are asked to keep an unsafe secret? | | | | | | | |

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